186

SWIM

CANADA

MARCH 1992

TOM PONTING, UNIVERSITY OF CALGARY SWIM CLUB

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CALENDAR

1993

March

12-14	Ontario Winter Games,Cornwall
20	Sherbrooke Sprint Challenge
20-21	EKSC White Bear Inv.,Edmonton
	OSC 13&Over Inv.,Edmonton
26-28	Lethbridge Invitational

April

2-4	Ajax Invitational, Toronto
3-4	Pepsi Pentathlon, Etobicoke
10-11	8-Nation Youth, Germany
17	Univ.Laval Sprint Challenge,Quebec
16-18	Swim International, Brantford
17-18	Racers/Leduc Invitational
23-25	Atlantic Cup
	Division AAA, Nepean
	Brock Invitational
29-2	Keyano AG International,Edmonton
30-2	Chinook Invitational, Calgary

May

7-9	Lethbridge Spring Classic
	ROW Invitational, Waterloo
	TASK Invitational, Toronto
14-15	Thornhill Invitational, Calgary
14-16	Dr.R.Hicken Inv. host TOMAC
	Nepean Invitational
	London Invitational
	Quebec Esso Cup, Montreal
21-23	POM Invitational, Montreal
22-24	HYACK Invitational, New Westminster
27-30	Youth Championships, Etobicoke
27-29	Canada Cup West, Vancouver
28-30	Guelph Invitational

June

4-6	Nova Scotia Championships
	NYAC Youth Cup
12-13	Keyano Senior, Edmonton
17-20	Pepsi AG International
18-20	Moose Jaw Invitational
25-27	HWAC Invitational, Hamilton
	Guelph Invitational
	Man/Sask Championships, Regina
	Kamloops Classic
	Guelph Invitational

RECORDS

WORLD SHORT COURSE

❑ **Men's 50 freestyle**: 21.60 Mark Foster,GBR, Sheffield, Feb.17. Betters old record of 21.64 by Steve Crocker, USA, 1992

❑ **Men's 200 fly:**
1:54.58 Danyon Loader,NZL, Paris, Feb.6
1:54.50 Danyon Loader,NZL, Malmo,Feb.9
1:54.21 Danyon Loader,NZL, Gelsenkirchen,Feb.9
Betters old record of 1:54.67 Franck Esposito,FRA,92

❑ **Men's 200 Individual Medley:**
1:56.62 Jani Sievinen, FIN, Paris, Feb.7
1:55.59 Jani Sievinen, FIN, Malmo, Feb.10
Betters own record of 1:56.84 from Janua3y 1993

❑ **Men's 400 Ind.Medley**: 4:07.10 Jani Sievinen,FIN, Malmo,Feb.9. Betters old record of 4:08.77 by Luca Sacchi,ITA,1992.

COMMONWEALTH SHORT COURSE

❑ **Men's 50 freestyle**:
21.72 Mark Foster,ENG, Gelsenkirchen, Feb.14
21.60 Mark Foster,ENG, Sheffield,Feb.17
Betters own record of 21.87, from December 1992.

❑ **Men's 100 freestyle**: 48.60 Mark Foster, ENG, Paris, Feb.7. Betters old record of 4891 Mike Fibbens,ENG, January 1992.

❑ **Men's 200 fly:**
1:54.58 Danyon Loader,NZL, Paris, Feb.6
1:54.50 Danyon Loader,NZL, Malmo,Feb.9
1:54.21 Danyon Loader,NZL, Gelsenkirchen,Feb.9
Betters old record of 1:55.39 Anthony Mosse, NZL,87

❑ **Women's 100 freestyle**: 55.04 Susan O'Neill,AUS, Malmo, Feb.10. Betters old record of 55.17 June Croft, ENG, 1982

❑ **Women's 100 butterfly**:
1:00.11 Susan O'Neill,AUS, Gelsenkirchen,Feb.14
0:59.47 Susan O'Neill,AUS,Sheffield,Feb.17
Betters own record of 1:00.25 from February 1992.

❑ **Women's 200 butterfly**: 2:09.05 Susan O'Neill,AUS, Malmo, Feb.10. Betters old record of 2:10.56 Mojca Cater, CAN, 1989.

SENIOR CANADIAN

❑ **Women's 100 backstroke**: 1:01.10 Julie Howard, BRANT, Feb.24, Saint John. Betters old record of 1:01 65 by Nikki Dryden, IS, 1991.

❑ **Women's 400 freestyle**: 4:07.79 Nikki Dryden, IS, Saint John, Feb.25. Betters old record of 4:08.93 by Wendy Quirk, EKSC, 1980.

❑ **Women's 200 backstroke**: 2:10.15 Nikki Dryden, IS, Saint John, Feb.26. Betters own record of 2:10.81 from 1991.

❑ **Women's 4x100 Medley Relay**: 4:12.72 Pepsi Swimming, Saint John, Feb.26. Betters old record of 4:12.83 by National Team. 1987. Team composed of Shona Baillie, Willa Bostock, Kelly Stevens, Michelle Killins.

NATIONAL AGE GROUP

❑ **Boys 13-14 100 fly:**
56.65 Garret Pulle,MAC, Markham, Jan.9
56.57 Garret Pulle,MAC, Saint John, Feb 25
Betters own record of 56.89 from 1992

❑ **Boys 13-14 200 fly**: 2:06.80 Andrew Cho, HYACK, Saint John, Feb.23. Betters old record of 2:07.44 Jeremiah Hudacin,EBSC, 1989

❑ **Boys 13-14 100 back**: 56.93 Garret Pulle, MAC, Saint John, Feb.24. Betters own record 58.08 from 92

❑ **Boys 15-17 100 back**: 54.66 Chris Renaud,UCSC, Saint John, Feb.24. Betters old record of 55.46 Mike West, ROW, 1982.

❑ **Girls 13-14 1500 free**: 16:34.53 Melissa Knox, PDSA, Saint John, Feb.23. Betters old record of 16:38.11 Stephanie Shewchuk, PCSC, 1989

❑ **Girls 15-17 1500 free**: 16:23.60 Cindy Bertelink, COBRA, Saint John, Feb.23. Betters old record of 16:31.28 Shannon Smith, HYACK,1977.

❑ **Girls 15-17 400 free**:
4:09.30 Nikki Dryden,IS, Malmo,Feb.10
4:07.79 Nikki Dryden,IS, Saint John, Feb.25
Betters old record 4:09.30 Julie Daigneault,PCSC, 82

❑ **Girls 15-17 100 back**: 1:01.10 Julie Howard,BRANT, Saint John, Feb.24. Betters old record of 1:01.65 by Nikki Dryden, 1991

❑ **Girls 15-17 200 back**: 2:10.15 Nikki Dryden, IS, St. John,Feb.25. Betters own record of 2:10.81. 1991

COVER

Tom Ponting,28, University of Calgary SC won his 29th, 30th and 31st Nationals/Trials Gold at Winter National. He now intends to retire.

Nationals/Trials gold medals 1982-93

50 fly			**200 fly**		
24.42	Winter	90	2:01.17	Summer	83
25.02	Summer	91	1:58.36	Winter	84
24.30	Winter	92	1:58.72	Olympic Trls	84
25.07	Winter	93	1:57.53	Winter	85
100 fly			2:00.59	Comm Trls	86
56.40	Winter	82	2:00.85	Winter	87
54.41	Winter	84	1:58.14	Olympic Trls	88
54.34	Olympic Trials	84	1:59.30	Summer	88
55.42	Summer	84	1:57.44	Winter	89
54.35	Winter	85	2:01.19	Summer	89
54.62	Summer	85	2:01.26	Summer	91
54.50	Comm Trials	86	1:56.48	Winter	92
54.39	Winter	87	1:59.90	Olympic Trls	92
53.77	Olympic Trials	88	2:00.68	Winter	93
53.35	Winter	90			
54.77	World Trials	90			
54.91	Summer	91			
54.56	Winter	93			

Tom Ponting has been coached throughout his distinguished career by Deryk Snelling

SWIM CANADA

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DRYDEN BETTERS OLDEST RECORD
NEW FACES ON PODIUM — CALGARY TOP TEAM AGAIN

SAINT JOHN—You usually don't expect much in the lull of the post Olympic excitement, especially not at a short course meet held in a quiet east coast city.

But no one bothered sitting down Nikki Dryden, Julie Howard or Jon Cleveland and explaining this to them. In fact there seems to be a whole new crop of young Canadian swimmers that seem more than anxious to make their mark in the sport

Dryden, coming off a hot tour of the World Cups in Asia, set two national records. The lanky 17 year old swimmer from the Island swim club in Victoria BC knocked off the existing 400 freestyle and 200 backstroke national standards as well as winning the 800 freestyle.

Meet sensation, Chris Renaud, 16, UCSC

"I'm pleased with these times," Dryden said. "I was pretty tired after the meets in Shanghai and Beijing and it took us a long time to get out to this meet.

"I'm not sure which event I will specialize in over the next four years. I'll keep seeing how my improvements go and what my coach and I think."

As well as four new Canadian records being set (the other two were by Julie Howard in the 100 backstroke and Pepsi swimming in the 4x100 medley relay), there were nine age group records demolished.

Markham Aquatic Club's Garret Pulle and HYACK's Andrew Cho had coaches sitting up and taking notice.

But there was bad news that tarnished the good. Missing from the competition was Olympic gold medallist Mark Tewksbury. He was there, but only as an observer and to hand out the medals for the 100 backstroke.

Following Tewksbury's lead was his former team-mate Tom Ponting. The three time Olympian had decided that this would be his final meet.

Ponting didn't slip out the backdoor unnoticed. To crown his achievements he swept the 50-100-200 butterfly events. These three wins gave Ponting an incredible 31 national titles.

On the final night he was given a standing ovation by his peers and fans. It will be a long time before another swimmer of his longevity and calibre pulls on a national team Speedo.

"When I first started coming to nationals the members of the 1980 Olympic team were around," the 28 year old Ponting said. "I've seen the changing of the guard of four Olympic teams.

"I'm starting to notice that there are an awful lot of faces on the deck at this meet that I don't recognize. I think it's time to move on to something new."

Despite the national records and promising performances by age group swimmers the meet also highlighted the glaring holes in the national program.

The women's 200 butterfly was won in the slowest time since 1976. No records were set in the men's divisions and the sprint events, a notoriously weak area in both men's and women's programs, showed little reason for optimism.

One swimmer who did attract a lot of attention was University of Calgary SC's newest backstroke clone, 16 year old Chris Renaud.

Turlough O'Hare misses 800 record

All photographs by Patty Young

Renaud is a cross town import from the Cascade swim club, but since he has moved to UCSC his times have dropped considerably.

It's not just his times that are attracting attention. He left you with the impression that you had seen him somewhere before.

Island Swimming's duo Allison Barriscale, Nikki Dryden

Curtis Myden, UCSC won both I.M.'s

even right down to the way he psyched up in the water before the start of the 100 backstroke.

"You have to admit the he does look a lot like Mark (Tewksbury) when he was 16," Ponting said. "He has the same big smile and teeth, the same type of physique, even the same hair. It's uncanny."

Ponting is not the only one to notice the similarities or to sing the praises of Renaud. UCSC head coach Deryk Snelling hopes that Renaud can map out the same success that Tewksbury did.

"Chris has very good speed," Snelling said cautiously. "If he can settle down into a long term approach he has a very good career ahead of himself.

"When someone like Mark (Tewksbury) retires there is a tendency for a club to lose their momentum, but I think that we have good stability. I feel that Chris, Jon Cleveland and Curtis Myden will help add to that stability."

Renaud was remarkably relaxed about his first national championship win. He credits his move to UCSC for the sudden drops in his times.

"I worked all the turns as much as I could and tried to stay with a good technique and the race went my way," Renaud said after winning the 100 back in 54.56.

"Since I've come to Calgary my times have improved a lot, but I wasn't expecting to win. I knew if I concentrated on my race and did the best I couldn't have done any better.

"Watching Mark swim has inspired me. He's pointed out some things that I've been doing wrong and I work on them. It has helped me.

"I want to do the same thing at long course nationals and really work hard at it."

Jon Cleveland, UCSC, was an near hit in the 100 breaststroke, coming up just short of the Canadian record, but his time of 1:00.07 was fast enough to give him the swim of the meet and put him number one in the world for this year.

His teammate Curtis Myden entrenched himself as the premiere individual medley specialist with a sizzling 4:11.77 in the 400 metre race.

The Pepsi swim club set a national record in the 4x100 medley relay with a time of 4:12.72. It is the fastest time ever done by any group of Canadian women, national team or club. ■

Player-coach Vlastimil Cerny,CASC

World leader Jon Cleveland

OVERALL TEAM SCORES

Rank	Team	Points	Swimmers	Coach
1	University of Calgary SC	1357.5	29	Dearyk Snelling
2	Pepsi Swimming	600	28	Clifford Barry
3	Pacific Dolphins SA	599	25	Tom Johnson
4	Edmonton Keyano SC	577.5	22	Dave Johnson
5	North York AC	424.5	20	B.MacDonald/M.Gurgol
6	Island Swimming	300	9	Ron Jacks
7	Pointe Claire SC	246	16	Russ Franklin
8	Universite Laval	235	21	Benoit LeBrun
9	City of Brampton SC	223	10	Mike Pliuskaitis
10	Cascade Swim Club	213.5	15	K.Olson/M.Hahto
11	Hyack Swim Club	195.5	10	Bill Sawchuk
12	London Aquatic Club	163	9	Paul Midgley
13	Hamilton-Wentworth AC	151	5	Gaye Stratten
14	Brantford Aquatic Club	133	6	Mark Fellner
15	Manitoba Marlins	126	13	Pal Temesvari

ACROSS CANADA

CANADIAN WINTER NATIONALS

Saint John, NB, Feb 24-27 (25 M) ✻ = Cdn Rec

MEN

50 METRES FREESTYLE	Heats	Final
1 Dean Kondziolka,20,LASC	22.72	22.75
2 Vlastimil Cerny,29,CASC	23.21	23.14
3 Ryan Laurin,17,SPART	23.37	23.28
4 Ron Page,23,PDSA	23.51	23.32
5 Ron Watson,24,NYAC	23.33	23.48
6 Steven VanderMeulen,24,UCSC	23.47	23.48
7 Kris Fisher,16,MAC	23.35	23.64
8 Val Weaver,21,CASC	23.44	23.69
Consolation		
9 Frank Samel,19,PEPSUI	23.59	23.50
10 Iain Tennent,20,UNB	23.61	23.59
11 Jeff Welechuk,21,EKSC	23.65	23.62
12 Erik Eide,23,MM	23.81	23.66
13 Hugues Legault,19,CASE	23.70	23.72
14 Paul Torriero,26,LASC	23.73	23.75
15 Lothar Schwarz,19,SAMAK	23.79	23.76
16 Darren Ward,23,NYAC	23.67	25.49

100 METRES FREESTYLE	Heats	Final
1 Steven VanderMeulen,24,UCSC	50.49	50.33
2 Ron Watson,24,NYAC	50.30	50.45
3 Frank Samel,19,PEPSI	50.05	50.53
4 Turlough O'Hare,23,PDSA	50.74	50.65
5 Ron Page,23,PDSA	50.53	50.80
6 Jeff Welechuk,21,EKSC	51.07	51.03
7 Miguel Munoz,19,PEPSI	51.14	51.26
8 Erik Eide,23,MM	51.14	51.28
Consolation		
9 Clinton Stevens,20,UCSC	51.19	51.17
10 Iain Tennent,20,UNB	51.53	51.34
11 Gary VanderMeulen,27,UCSC	51.71	51.67
12 Jason Lukeman,20,UNB	51.69	52.01
13 Hugues Legault,19,CASE	51.70	52.12
14 Kris Fisher,16,MAC	51.76	52.19
15 Derek McEachern,20,GMAC	51.41	52.25
16 Rob McFarlane,19,UCSC	51.76	52.55

200 METRES FREESTYLE	Heats	Final
1 Turlough O'Hare,23,PDSA	1:49.03	1:47.71
2 Darren Ward,24,NYAC	1:50.03	1:49.18
3 Robbie McFarlane,19,UCSC	1:49.26	1:49.26
4 Baldev Ahluwalia,23,BROCK	1:50.81	1:49.80
5 Ron Watson,24,NYAC	1:50.19	1:50.17
6 Brett Regan,22,IS	1:50.88	1:50.66
7 Frank Samel,19,PEPSI	1:51.55	1:51.01
8 Derek McEachern,20,GMAC	1:51.78	1:52.07
Consolation		
9 Simon Eberlie,18,LAC	1:52.25	1:51.74
10 David McLellan,19,LAC	1:53.45	1:51.86
11 Sean Swain,21,UCSC	1:53.10	1:52.26
12 Chad Cradock,18,BTSC	1:53.25	1:52.92
13 Steven VanderMeulen,24,UCSC	1:52.62	1:53.05
14 Jeff Welechuk,21,EKSC	1:53.73	1:53.40
15 Gary VanderMeulen,27,UCSC	1:52.62	1:53.82
16 Etienne Caron,18,DH	1:53.22	1:54.29

400 METRES FREESTYLE	Heats	Final
1 Turlough O'Hare,23,PDSA	3:54.13	3:47.52
2 Jaret Abel,18,EKSC	3:55.71	3:52.34
3 David McLellan,19,LAC	3:56.88	3:52.91
4 Robbie McFarlane,19,UCSC	3:58.33	3:54.57
5 Baldev Ahluwalia,23,BROCK	3:58.80	3:55.60
6 Alex Leduc,20,UL	3:58.59	3:57.18
7 Brett Regan,22,IS	3:56.52	3:57.39
8 Sean Swain,21,UCSC	3:58.80	3:59.40
Consolation		
9 Simon Eberlie,18,LAC	3:59.73	3:58.10
10 Chad Cradock,18,BTSC	4:00.43	3:59.02
11 Liam Weseloh,17,NYAC	4:01.44	3:59.57
12 Brett Creed,17,PDSA	4:01.96	4:00.37
13 Jamie Stevens,18,MANTA	4:00.19	4:00.59
14 Robert Pearson,22,PCSC	4:00.41	4:00.89
15 Rusty Jones,18,PEPSI	4:01.54	4:01.02
16 Sebastian Georgescu,17,YORK	4:00.04	4:01.73

800 METRES FREESTYLE	Time	Final
1 Turlough O'Hare,23,PDSA		7:47.91
2 David McLellan,19,LAC		8:01.01
3 Jaret Abel,18,EKSC		8:03.72
4 Brett Regan,22,IS		8:08.35
5 Brett Creed,17,PDSA		8:12.39
6 Matthew Cardwell,19,PCSC		8:12.87
7 Robert Pearson,22,PCSC		8:12.90
8 Liam Weseloh,17,NYAC		8:13.28
Consolation		
9 Bill Lomax,20,EKSC		8:18.15
10 John McArthur,18,PDSA		8:18.34
11 Hugo Marcotte,18,CNHR		8:20.77
12 Chad Cradock,18,BTSC		8:21.21
13 Jamie White,15,LAC		8:22.82
14 Chris Masson,19,PCSC		8:22.94
15 Glendon Flint,17,TAT		8:23.61
16 Sean Swain,21,UCSC		8:25.62

1500 METRES FREESTYLE	800 split	Final
1 Turlough O'Hare,23,PDSA	8:03.85	15:04.90
2 David McLellan,19,LAC	8:10.94	15:08.63
3 Liam Weseloh,17,NYAC	8:16.35	15:33.44
4 Brett Creed,17,PDSA	8:16.07	15:34.81
5 Bill Lomax,20,EKSC	8:21.19	15:36.79
6 Jaret Abel,18,EKSC	8:17.34	15:37.14
7 Robert Pearson,22,PCSC	8:15.12	15:44.30
8 Michael McWha,15,WAC	8:22.24	15:50.57
Consolation		
9 Matthew Cardwell,19,PCSC	8:22.63	15:51.75
10 John McArthur,18,PDSA	8:26.23	15:52.83
11 Adam Peacey,16,GO	8:22.45	15:53.56
12 Chris Peck,21,CASC	8:28.90	15:53.56
13 Sean Swain,21,UCSC	8:32.15	15:57.36
14 Alex Leduc,20,UL	8:26.91	15:58.25
15 Chad Cradock,18,BTSC	8:30.81	16:00.14
16 Sebastian Georgescu,17,YORK	8:29.11	16:01.72

50 METRES BACKSTROKE	Heats	Final
1 Chris Renaud,15,UCSC	25.52	25.55
2 Jeff Welechuk,21,EKSC	26.28	26.00
3 Francois Gravel,21,UL	26.13	26.18
4 Kris Fisher,16,MAC	26.58	26.24
5 Bob Hayes,16,SCAR	26.38	26.35
6 Kam Sengthavy,18,EYSC	26.97	26.48
7 Garret Pulle,14,MAC	26.74	26.53
8 Shawn Button,17,ROW	27.11	27.28

100 METRES BACKSTROKE	Heats	Final
1 Chris Renaud,16,UCSC	55.02	54.56
2 Gary Anderson,23,NYAC	55.91	54.99
3 Jeff Welechuk,21,EKSC:	56.00	55.68
4 Mark Versfeld,16,EKSC	56.26	56.25
5 Kris Fisher,16,MAC	56.53	56.25
6 Bob Hayes,16,SCAR	56.44	56.76
7 Robbie McFarlane,19,UCSC	57.00	57.24
8 Jasen Pratt,20,EKSC	57.20	57.25
Consolation		
9 Garret Pulle,14,MAC	58.14	56.93
10 Dustin Hersee,17,PDSA	57.26	57.13
11 Matt Adams,19,TRENT	57.91	57.70
12 Shawn Button,17,ROW	57.49	57.70
Paul Hughes,23,PDSA	57.57	57.70
14 John Dolynchuk,20,GMAC	58.06	58.29
15 Kam Sengthavy,18,EYSC	57.88	58.45
16 Nicolas Perron,20,UL	58.12	58.91

200 METRES BACKSTROKE	Heats	Final
1 Stephen Hulford,20,ROW	1:59.35	1:58.18
2 Mark Versfeld,16,EKSC	1:59.82	1:59.06
3 Chris Renaud,16,UCSC	2:00.21	1:59.14
4 Francois Gravel,21,UL	2:01.11	1:59.71
5 Jasen Pratt,20,EKSC	2:03.32	2:01.82
6 Bob Hayes,16,SCAR	2:03.67	2:01.98
7 Paul Hughes,23,PDSA	2:02.43	2:03.22
8 Ken McDonald,22,CASC	2:03.80	2:04.28
Consolation		
9 Matthew Adams,19,TRENT		2:02.74
10 Dustin Hersee,17,PDSA		2:04.26
11 Shawn Button,17,ROW		2:04.45
12 Patrick Emond,16,CNMN		2:04.69
13 Kevin Goode,17,TRENT		2:04.79
14 Dan Letourneau,17,CNCB		2:05.08
15 Craig Keddie,18,UCSC		2:05.22
16 Joe DiUbaldo,18,HWAC		2:05.67

50 METRES BREASTSTROKE	Heats	Final
1 Jon Cleveland,22,UCSC	28.81	28.59
2 Curtis Myden,19,UCSC	29.43	28.70
3 Emile Veroni,20,UCSC	29.80	29.37
4 Jean-N.Poirier,17,SAMAK	29.55	29.48
5 Kevin Przyswitt,18,EKSC	29.68	29.50
6 Russell Patrick,17,UCSC	29.68	29.55
7 Jonathan Banville,21,UL	29.80	29.64
8 Michael Moore,19,COBRA	29.80	29.86

100 METRES BREASTSTROKE	Heats	Final
1 Jon Cleveland,22,UCSC	1:00.61	1:00.07
2 Curtis Myden,19,UCSC	1:02.91	1:01.94
3 Robert Fox,24,PEPSI	1:03.62	1:03.00
4 Jean-N. Poirier,17,SAMAK	1:03.19	1:03.18
5 Russell Patrick,17,UCSC	1:04.21	1:03.59
6 Vaughn Thompson,17,PEPSI	1:03.85	1:03.73
7 Clinton Stevens,20,UCSC	1:04.16	1:04.06
8 Jonathan Banville,21,UL	1:04.22	1:04.29
Consolation		
9 Jason Meyer,20,HYAC	1:04.59	1:03.98
10 Michael Moore,19,COBRA	1:04.43	1:04.01
11 Ed Ng,17,PDSA	1:04.33	1:04.83
12 Rodney Thomas,25,MM	1:05.26	1:04.86
13 Kevin Pryzswitt,18,EKSC	1:04.62	1:04.95
14 Gordon Stott,18,HYACK	1:05.13	1:5.031
15 Ted Murphy,19,CASC	1:05.15	1:05.57
16 Adrian Costello,17,NEWS	1:05.38	1:05.91

200 METRES BREASTSTROKE	Heats	Final
1 Jon Cleveland,22,UCSC	2:13.85	2:10.50
2 Robert Fox,24,PEPSI	2:16.32	2:13.95
3 Vaughn Thompson,17,PEPSI	2:15.80	2:15.54
4 Curtis Myden,19,UCSC	2:18.72	2:15.95
5 Jean-N. Poirier,17,SAMAK	2:17.46	2:16.32
6 Jason Meyer,20,HYACK	2:17.32	2:16.79
7 Michael Moore,19,COBRA	2:16.74	2:16.86
8 Clinton Stevens,20,UCSC	2:18.73	2:18.11
Consolation		
9 John Grootveld,22,NYAC	2:19.86	2:19.98
10 Jesse Jodoin,21,DH	2:21.14	2:20.80
11 Shawn Pinder,18,LASC	2:20.95	2:21.35
12 Avi Mednick,16,NYAC	2:20.41	2:21.44
13 Glendon Fint,17,TAT	2:21.34	2:21.54
14 Rodney Thomas,25,MM	2:19.23	2:21.79
15 Francis Montreuil,23,UL	2:21.82	2:21.90
16 Greg Blackburm20,PGB	2:21.38	2:23.60

50 METRES BUTTERFLY	Heats	Final
1 Tom Ponting,28,UCSC	25.51	25.07
2 Vlastimil Cerny,29,CASC	25.38	25.11
3 Gary VanderMeulen,27,UCSC	25.34	25.15
4 Marcel Gery,27,NYAC	25.06	25.18
5 Darren Ward,24,NYAC	25.17	25.20
6 Val Weaver,21,CASC	25.07	25.35
7 Miguel Munoz,19,PEPSI	25.55	25.38
8 Mark Versfeld,16,EKSC	25.50	25.74

100 METRES BUTTERFLY	Heats	Final
1 Tom Ponting,28,UCSC	55.91	54.56
2 Gary VanderMeulen,27,UCSC	55.97	55.19
3 Jonathan Dean,18,SPART	55.94	55.60
4 Iain Tennent,20,UNB	55.71	55.69
5 Jonathan McLeod,17,ROD	56.40	55.98
6 Francois Gravel,21,UL	56.33	56.08
7 Frank Samel,19,PEPSI	56.12	56.25
8 Miguel Munoz,19,PEPSI	56.27	56.49
Consolation		
9 Mark Versfelf,16,EKSC	56.86	55.58
10 Ken McDonald,22,CASC	56.49	56.17
11 Brad Johnson,18,BTSC	57.12	56.27
12 Doug Wake,15,ROD	56.80	56.36
13 Dan Letourneau,17,CNCB	57.03	56.57
14 Garret Pulle,14,MAC	56.69	56.61
15 Dino Verbrugge,18,HYACK	56.76	56.84
16 Val Weaver,21,CASC	57.10	57.26

200 METRES BUTTERFLY	Heats	Final
1 Tom Ponting,28,UCSC	2:02.46	2:00.68
2 Robbie McFarlane,19,UCSC	2:01.61	2:01.17
3 Dan Letourneau,17,CNCB	2:01.78	2:01.53
4 Frank Samel,19,PEPSI	2:02.64	2:01.53
5 Jonathan McLeod,17,ROD	2:02.61	2:01.97
6 Dino Verbrugge,18,HYACK	2:00.43	2:02.10
7 Ken McDonald,22,CASC	2:02.98	2:02.58
8 Darren Ward,24,NYAC	2:02.89	2:04.76
Consolation		

9	Simon Eberlie,18,LAC	2:03.29	2:02.57
10	Andrew Boyd,22,WAC	2:03.43	2:02.74
11	Gary VanderMeulen,27,UCSC	2:03.80	2:03.21
12	Philippe Pominville,18,PCSC	2:05.60	2:04.29
13	Iain Tennent,20,UNB	2:04.59	2:04.90
14	Jayson Knack,19,BRANT	2:05.33	2:05.71
15	Louis-M.Girouard,24,UL	2:04.42	2:05.80
16	Ron Watson,24,NYAC	2:03.21	scr.

200 METRES IND.MEDLEY

		Heats	Final
1	Curtis Myden,19,UCSC	2:04.29	1:59.69
2	Ron Watson,24,NYAC	2:02.94	2:00.53
3	Darren Ward,24,NYAC	2:04.77	2:01.58
4	Clinton Stevens,20,UCSC	2:04.21	2:04.39
5	Jonathan McLeod,17,ROD	2:04.98	2:04.51
6	Dan Letourneau,17,CNCB	2:04.70	2:04.62
7	Robbie McFarlane,19,UCSC	2:05.15	2:04.77
8	Frank Samel,19,PEPSI	2:05.41	2:08.10
Consolation			
9	Russell Patrick,17,UCSC	2:05.55	2:05.64
	Dino Verbrugge,18,HYACK	2:07.88	2:05.64
11	John Dolynchuk,20,GMAC	2:05.58	2:05.89
12	Michael Moore,19,COBRA	2:06.29	2:06.19
13	Mac Fraser,18,NYAC	2:07.73	2:06.60
14	Nicolas Perron,20,UL	2:07.07	2:07.50
15	Jamie Stevens,18,MANTA	2:07.34	2:07.95
16	Jean-N.Poirier,17,SAMAK	2:06.09	2:15.94

400 METRES IND.MEDLEY

		Heats	Final
1	Curtis Myden,19,UCSC	4:19.29	4:11.77
2	Jasen Pratt,20,EKSC	4:22.99	4:20.18
3	Jaret Abel,18,EKSC	4:23.32	4:22.38
4	Jonathan McLeod,17,ROD	4:23.32	4:22.80
5	Jon Cleveland,22,UCSC	4:25.60	4:25.70
6	Jayson Knack,19,BRANT	4:26.73	4:26.09
7	Russell Patrick,17,UCSC	4:26.25	4:26.20
8	Adam Peacey,16,GO	4:26.65	4:27.71
Consolation			
9	Jamie Stevens,18,MANTA	4:27.48	4:26.89
10	Rusty Jones,18,PEPSI	4:28.57	4:27.07
11	Dan Letourneau,17,CNCB	4:27.25	4:27.91
12	John McArthur,18,PDSA	4:27.94	4:28.77
13	Dino Verbrugge,18,HYACK	4:27.91	4:29.81
14	Chris Peck,21,CASC	4:31.04	4:30.12
15	Stephen Baird,20,GO	4:30.59	4:30.31
16	Ed Ng,17,PDSA	4:30.74	4:37.54

4X100 M MEDLEY RELAY

		Time Final
1	Univ.Calgary SC ,UCSC	3:40.68
	55.68 Chris Renaud, 1:00.20 Jon Cleveland, 54.26 Tom Ponting, 50.54 Curtis Myden	
2	Edmonton Keyano ,EKSC	3:46.34
	56.04 Jeff Welechuk, 1:03.31 Kevin Przyswitt, 54.29 Mark Versfeld, 52.70 Conor Braiden	
3	Pepsi Swimming ,PEPSI	3:47.46
	57.32 Frank Samel, 1:02.64 Rob Fox, 56.27 Miguel Munoz, 51.23 Drew Dundas	
4	Univ.Laval ,LAV	3:47.76
5	Univ.Calgary SC C,UCSC	3:49.73
6	Cascade Swim Cl ub,CASC	3:49.92
7	Pacific Dolphin SA,PDSA	3:51.37

4X50 M FREE RELAY

		Time Final
1	North York AC ,NYAC	1:31.85
	23.76 Darren Ward, 22.83 Ron Watson, 22.75 Gary Anderson, 22.51 Marcel Gery	
2	Univ.Calgary SC ,UCSC	1:32.48
	23.75 Steve VanderMeulen, 22.81 Clint Stevens, 23.04 Curtis Myden, 22.88 Tom Ponting	
3	Cascade Swim Cl ub,CASC	1:32.55
	23.27 Vlastimil Cerny, 22.93 Val Weaver, 23.46 Matthew Tomasson, 22.89 Ted Murphy	
4	Pepsi Swimming ,PEPSI	1:33.46
5	Univ.Calgary SC B,UCSC	1:33.74
6	Edmonton Keyano ,EKSC	1:33.87
7	Markham AC ,MAC	1:33.99
8	Lethbridge ASC ,LASC	1:34.01

4X100 M FREE RELAY

		Time Final
1	North York AC ,NYAC	3:20.54
	51.29 Darren Ward, 49.63 Ron Watson, 49.47 Gary Anderson, 50.15 Marcel Gery	
2	Univ.Calgary SC ,UCSC	3:24.30
	51.39 Clint Stevens, 50.08 Gary VanderMeulen, 50.89 Sean Swain, 51.94 Chris Renaud	
3	Pacific Dolphin SA,PDSA	3:24.86
	51.35 Ron Page, 51.82 Dustin Hersee, 52.10 Paul Hughes, 49.59 Turlough O'Hare	
4	Edmonton Keyano ,EKSC	3:25.18
5	Pepsi Swimming ,PEPSI	3:25.47
6	Cascade Swim Cl ub,CASC	3:25.82
7	Univ.Laval ,LAV	3:28.40
8	Univ.Calgary SC C,UCSC	3:29.45

4X200 M FREE RELAY

		Time Final
1	Univ.Calgary SC ,UCSC	7:27.99
	1:52.96 Gary VanderMeulen, 1:52.11 Sean Swain, 1:50.87 Rob McFarlane, 1:52.05 Curtis Myden	
2	Univ.Calgary SC B,UCSC	7:30.31
	1:52.90 Sean Watson, 1:51.60 Steve VanderMeulen, 1:51.88 Russell Patrick, 1:52.93 Clint Stevens	
3	Univ.Laval ,LAV	7:33.84
	1:53.10 Alex Leduc, 1:52.76 Charles Guay, 1:54.43 Charles Marchand, 1:53.55 Eric Drolet	
4	Edmonton Keyano ,EKSC	7:35.28
5	Pepsi Swimming ,PEPSI	7:36.19
6	London AC ,LAC	7:37.31
7	Windsor AC ,WAC	7:39.80
8	Pacific Dolphin SA,PDSA	7:43.21

MEN'S TEAM SCORES

1	University of Calgary Swim Club	929.5
2	Edmonton Keyano Swim Club	378.5
3	North York Aquatic Club	303.5
4	Pacific Dolphin Swim Association	301
5	Pepsi Swimming	280
6	Cascade Swim Club	161.5
7	Universit Laval	141
8	London Aquatic Club	121
9	Markham Aquatic Club	82.5
10	Regina Optimist Dolphins	68
11	Hyack Swim Club	61.5
12	Pointe Claire Swim Club	57
13	Region of Waterloo Swim Club	52
14	Lethbridge Amateur Swim Club	50
15	Club de Natation Beauport	49
16	Fraser Valley Spartans	47.5
17	Samak de Brossard	47
18	University of New Brunswick	45
19	Scarborough Swim Club	40
	Island Swimming	40

WOMEN

50 METRES FREESTYLE

		Heats	Final
1	Andrea Nugent,24,UCSC	26.18	25.94
2	Jessica Amey,16,UCSC	26.14	26.07
3	Joanne Malar,17,HWAC	26.37	26.12
4	Lori Melien,20,UCSC	26.30	26.29
5	Louise Karlsson,SWE	26.44	26.32
6	Nadine Rolland,17,CNB	26.37	26.40
7	Shannon Shakespeare,15,MM	26.32	26.42
8	Kristin Topham,19,MM	26.37	26.59
Consolation			
9	Julie Howard,16,BRANT	26.60	26.52
10	Karen Chow,19,HYACK	26.53	26.53
11	Patricia Levesque,19,UL	26.70	26.65
12	Nikki Dryden,17,IS	26.65	26.66
13	Erin Murphy,22,CASC	26.65	26.80
14	Nadine Dessurealt,18,CNMN	26.64	26.81
15	Michelle Killins,18,PEPSI	26.69	26.85
16	Carmen Kondra,17,PEPSI	26.71	26.87

100 METRES FREESTYLE

		Heats	Final
1	Joanne Malar,17,HWAC	56.81	56.20
2	Andrea Nugent,24,UCSC	56.99	56.37
3	Patricia Levesque,19,UL	56.59	56.79
4	Michelle Killins,18,PEPSI	56.78	57.07
5	Anita Lee,18,PDSA	57.32	57.31
6	Sharon Turner,20,HYACK	57.16	57.35
7	Jessica Amey,16,UCSC	57.15	57.92
8	Shannon Shakespeare,15,MM	57.24	58.09
Consolation			
9	Karen Chow,19,HYACK	57.42	57.38
10	Erin Murphy,22,CASC	57.45	57.43
11	Anne Blachford,16,COBRA	57.47	57.51
12	Lori Melien,20,UCSC	57.34	57.57
13	Laura Nicholls,14,ROW	57.44	57.77
14	Edith Lachapelle,16,DH	57.46	57.90
15	Barb Austin,19,ROD	57.52	58.04
16	Debbie Gaudin,21,EKSC	57.99	58.23

200 METRES FREESTYLE

		Heats	Final
1	Marianne Limpert,20,NYAC	2:00.61	2:00.34
2	Joanne Malar,17,HWAC	2:02.07	2:00.36
3	Michelle Killins,18,PEPSI	2:00.82	2:00.82
4	Alicia Hicken,17,PEPSI	2:02.40	2:01.51
5	Holly McComb,17,PCSC	2:03.09	2:02.47
6	Julie Barbeau,17,CNMN	2:03.14	2:02.78
7	Julie Howard,16,BRANT	2:02.88	2:03.21
8	Sarah Evanetz,17,PDSA	2:03.81	2:06.29
Consolation			
9	Nikki Dryden,17,IS	2:04.42	2:01.27
10	Shannon Shakespeare,15,MM	2:03.88	2:02.79
11	Danielle Kennedy,19,UCSC	2:04.43	2:03.37
12	Stephanie Richardson,16,NYAC	2:04.00	2:03.85
13	Debbie Gaudin,21,EKSC	2:04.48	2:03.89
14	Tara Fullbrandt,16,EKSC	2:05.31	2:04.30
15	Sharon Turner,20,HYACK	2:04.15	2:04.39
16	Cindy Bertelink,17,COBRA	2:04.20	2:06.74

400 METRES FREESTYLE

1	Nikki Dryden,17,IS	4:16.26	*4:07.79
2	Joanne Malar,17,HWAC	4:14.63	4:11.03
3	Michelle Killins,18,PEPSI	4:14.64	4:14.00
4	Alicia Hicken,17,PEPSI	4:17.85	4:16.76
5	Cindy Bertelink,17,COBRA	4:17.16	4:18.15
6	Julie Barbeau,17,CNMN	4:18.18	4:18.48
7	Melissa Knox,14,PDSA	4:19.64	4:18.53
8	Peggy Corkum,18,PEPSI	4:19.79	4:22.78
Consolation			
9	Holly McComb,17,PCSC	4:20.64	4:16.02
10	Tara Fullbrandt,16,EKSC	4:20.22	4:18.47
11	Stephanie Richardson,16,NYAC	4:21.25	4:19.45
12	Danielle Kennedy,19,UCSC	4:20.20	4:19.73
13	Karine Legault,14,CASE	4:23.31	4:21.17
14	Julie Dufour,17,ETORY	4:22.46	4:21.68
15	Sara Jay,17,BRANT	4:22.95	4:25.60
16	Gwendolina Grubski,17,UL	4:22.31	4:27.59

800 METRES FREESTYLE

		Time Final
1	Nikki Dryden,17,IS	8:31.65
2	Cindy Bertelink,17,COBRA	8:38.27
3	Michelle Killins,18,PEPSI	8:41.95
4	Michelle Sallee,18,PDSA	8:45.94
5	Julie Barbeau,17,CNMN	8:49.31
6	Melissa Knox,14,PDSA	8:50.33
7	Holly McComb,17,PCSC	8:52.26
8	Stephanie Shewchuk,18,PCSC	8:54.73
Consolation		
9	Gwendolina Grubski,17,UL	8:55.41
10	Peggy Corku,18,PEPSI	8:55.56
11	Susan Barnes,23,CASC	8:55.62
12	Stephanie Labelle,17,CNB	8:56.17
13	Julie Dufour,17,ETORY	8:56.84
14	Karine Legault,14,CASE	8:59.51
15	Tanya Tighe,18,IS	8:59.61
16	Barb Brochu,16,TAT	9:01.20

1500 METRES FREESTYLE

		800 split	FINAL
1	Cindy Bertelink,17,COBRA	8:41.57	16:23.60
2	Melissa Knox,14,PDSA	8:47.45	16:34.53
3	Stephanie Shewchuk,18,PCSC	8:50.20	16:41.58
4	Michelle Sallee,18,PDSA	8:51.10	16:46.06
5	Stephanie Labelle,17,CNB	8:56.37	16:49.98
6	Peggy Corkum,18,PEPSI	8:53.31	16:54.41
7	Karine Legault,14,CASE	8:54.82	16:58.58
8	Susan Barnes,23,CASC	9:08.17	17:03.06
Consolation			
9	Tara Fullbrandt,16,EKSC	9:11.55	17:09.46
10	Sophie Simard,14,CNCI	9:09.52	17:15.39
11	Nicola Homenock,16,LAC	9:09.90	17:16.85
12	Barb Brochu,16,TAT	9:10.29	17:19.89
13	Julie Dufour,17,ETORY	9:11.74	17:22.84
14	Nathalie Sauvageau,16,CAMO	9:09.93	17:25.77
15	Michelle Pilling,18,NYAC	9:10.58	17:25.91
16	Jenny Scott,13,EKSC	9:23.12	17:30.87

50 METRES BACKSTROKE

		Heats	Final
1	Julie Howard,16,BRANT	29.11	29.12
2	Nadine Rolland,17,CNB	29.77	29.22
3	Lori Melien,20,UCSCL	29.67	29.43
4	Christine Harris,22,EYSC	29.83	29.71
5	Martine Dessureault,18,CNMN	29.98	29.76
6	Shona Baillie,17,PEPSI	30.08	29.81
7	Jessica Amey,16,UCSC	30.02	30.12
7	Anne Barnes,21,PDSA	30.19	[illegible]

100 METRES BACKSTROKE	Heats	Final
1 Julie Howard,16,BRANT	1:02.06	*1:01.10
2 Jessica Amey,16,UCSC	1:02.43	1:02.13
3 Christine Harris,22,EYSC	1:02.53	1:02.33
4 Nikki Dryden,17,IS	1:03.21	1:02.34
5 Nadine Rolland,17,CNB	1:02.78	1:02.49
6 Lori Melien,20,UCSC	1:03.29	1:03.24
7 Katrina Walters,17,PSW	1:03.59	1:03.82
8 Anne Barnes,21,PDSA	1:03.57	1:03.92
Consolation		
9 Lisa Virgini,16,PCSC	1:04.11	1:03.82
10 Shona Baillie,17,PEPSI	1:04.18	1:03.89
11 Martine Dessureault,18,CNMN	1:03.98	1:04.01
12 Mathy Monar,18,UCSC	1:03.61	1:04.17
13 Karla Klein,17,MAC	1:03.97	1:04.65
14 Marilyn Chiang,15,TPRR	1:04.10	1:04.83
15 Susie Miller,18,ROW	1:04.33	1:04.99
16 Karen Seland,18,UCSC	1:04.14	1:05.75

200 METRES BACKSTROKE	Heats	Final
1 Nikki Dryden,17,IS	2:15.38	*2:10.15
2 Lisa Virgini,16,PCSC	2:13.97	2:13.24
3 Nadine Emond,19,CNMN	2:14.84	2:13.51
4 Allison Barriscale,16,IS	2:14.52	2:13.70
5 Katrina Walters,17,PSW	2:16.03	2:16.90
6 Kathy Monar,18,UCSC	2:16.94	2:16.97
7 Karen Seland,18,UCSC	2:15.83	2:17.30
8 Jessica Amey,16,UCSC	2:16.94	2:28.24
Consolation		
9 Julie Howard,16,BRANT	2:17.01	2:14.05
10 Anne Barnes,21,PDSA	2:17.40	2:14.40
11 Marilyn Chiang,15,TPRR	2:17.50	2:17.55
12 Susie Miller,18,ROW	2:17.86	2:17.58
13 Chris Courtemanche,17,EKSC	2:18.80	2:18.67
14 Elizabeth Warden,15,SCAR	2:18.37	2:19.02
15 Ursula Gurney,16,RACER	2:18.35	2:19.51
16 Amanda Marin,15,TPRR	2:18.47	2:23.15

50 METRES BREASTSTROKE	Heats	Final
1 Louise Karlsson,SWE	32.32	31.62
2 Keltie Duggan,22,ALB	32.51	32.17
3 Guylaine Cloutier,21,UDM	32.95	32.39
4 Anne Blachford,16,COBRA	32.93	32.69
5 Lisa Blackburm21,GO	33.12	33.34
6 Willa Bostock,14,PEPSI	33.42	33.39
7 Tara Higgins,20,UNATT	33.45	33.51
8 Shannon Shakespeare,15,MM	33.26	33.57

100 METRES BREASTSTROKE	Heats	Final
1 Guylaine Cloutier,21,LAVAL	1:09.49	1:09.04
2 Louise Karlsson,SWE	1:10.59	1:09.69
3 Willa Bostock,14,PEPSI	1:11.09	1:10.23
4 Keltie Duggan,22,EKSC	1:11.13	1:10.34
5 Anne Blachford,16,COBRA	1:10.99	1:10.65
6 Nathalie Giguere,20,UL	1:11.41	1:10.92
7 Lisa Blackburn,20,GO	1:11.53	1:10.93
8 Tara Higgins,20,UNATT	1:11.66	1:11.55
Consolation		
9 Jennifer Heagy,15,SPART	1:11.93	1:11.56
10 Rae Abbott,16,HYACK	1:12.38	1:12.41
11 Carmen Boudreau,21,PDSA	1:12.11	1:12.53
12 Alexandra Bernard,16,PCSC	1:12.77	1:12.68
13 Shannon Shakespeare,15,MM	1:11.73	1:12.89
14 Stephanie Richardson,16,NYAC	1:12.71	1:12.95
15 Dionne Dallas,17,UCSC	1:12.82	1:13.21
Sarah Evanezt,17,PDSA	1:12.88	1:16.85

200 METRES BREASTSTROKE	Heats	Final
1 Guylaine Cloutier,21,LAVAL	2:28.72	2:27.88
2 Nathalie Giguere,20,UL	2:30.56	2:28.44
3 Louise Karlsson,SWE	2:30.28	2:28.99
4 Willa Bostock,14,PEPSI	2:33.13	2:32.21
5 Rae Abbott,16,HYACK	2:32.98	2:32.83
6 Jennifer Heagy,15,SPART	2:34.29	2:34.15
7 Tara Higgins,20,UNATT	2:33.11	2:34.37
8 Anne Blachford,16,COBRA	2:35.55	2:34.63
Consolation		
9 Keltie Duggan,22,EKSC	2:37.85	2:34.75
10 Lisa Blackburn,21,GO	2:36.67	2:35.22
11 Kari Randall,17,GMAC	2:37.98	2:35.45
12 Chantal Dubois,19,UL	2:36.05	2:35.49
13 Carmen Boudreau,21,PDSA	2:35.97	2:36.18
14 Paula Elfstrom,19,PDSA	2:37.97	2:37.09
15 Alexandra Bernard,16,PCSC	2:37.86	2:37.71
16 Dionne Dallas,17,UCSC	2:36.89	2:37.78

50 METRES BUTTERFLY	Heats	Final
1 Kristin Topham,19,MM	27.81	27.75
2 Louise Karlsson,SWE	28.13	27.76
3 Jessica Amey,16,UCSC	28.09	28.05
4 Andrea Nugent,24,UCSC	28.27	28.27
5 Julie Howard,16,BRANT	28.33	28.34
6 Sarah Evanetz,17,PDSA	28.52	28.38
7 Debbie Gaudin,21,EKSC	28.44	28.49
8 Lisa Robertson,18,HYACK	28.84	28.68

100 METRES BUTTERFLY	Heats	Final
1 Debbie Gaudin,21,EKSC	1:02.15	1:01.42
2 Sarah Evanetz,17,PDSA	1:02.59	1:01.66
3 Jessica Amey,16,UCSC	1:01.06	1:01.78
4 Lisa Robertson,18,HYACK	1:02.39	1:02.19
5 Iona Allen,18,UNB	1:03.24	1:02.22
6 Jacynthe Pineau,18,EXCEL	1:02.58	1:03.00
7 Lori Melien,20,UCSC	1:03.23	1:03.05
8 Julie Howard,16,BRANT	1:03.49	1:03.36
Consolation		
9 Andrea Nugent,24,UCSC	1:03.69	1:03.39
10 Allison Barriscale,16,IS	1:03.84	1:03.39
11 Kelly Stevens,17,PEPSI	1:03.62	1:03.45
12 Anne Blachford,16,COBRA	1:03.81	1:03.48
13 Shona Kitson,15,WAC	1:03.97	1:03.66
14 Erin Murphy,22,CASC	1:03.80	1:04.21
15 Chris Courtemanche,17,EKSC	1:04.01	1:04.54
16 Lisa Virgini,16,PCSC	1:04.06	1:04.62

200 METRES BUTTERFLY	Heats	Final
1 Beth Hollihan,20,NYAC	2:14.75	2:13.92
2 Nikki Dryden,17,IS	2:16.97	2:14.42
3 Sheila Hewerdine,18,LAC	2:15.98	2:15.48
4 Lisa Robertson,18,HYACK	2:16.36	2:16.28
5 Josee Santillan,16,LAVAL	2:16.17	2:16.38
6 Kelly Stevens,17,PEPSI	2:17.10	2:16.99
7 Sarah Evanetz,17,PDSA	2:15.83	2:17.10
8 Iona Allen,18,UNB	2:16.96	2:17.78
Consolation		
9 Jacynthe Pineau,18,EXCEL	2:17.79	2:13.62
10 Chantal Harrison,18,PCSC	2:18.06	2:17.26
11 Debbie Gaudin,21,EKSC	2:17.94	2:17.30
12 Allison Barriscale,16,IS	2:18.15	2:17.39
13 Araha Agnew,19,CP	2:18.07	2:18.21
14 Julie Dufour,17,ETORY	2:19.68	2:19.22
15 Lisa Virgini,16,PCSC	2:19.65	2:19.54
16 Hilary Seagrave,18,FAST	2:19.06	2:20.05

200 METRES IND.MEDLEY	Heats	Final
1 Louise Karlsson,SWE	217.19	2:12.61
2 Marianne Limpert,20,NYAC	2:16.66	2:13.76
3 Joanne Malar,17,HWAC	2:16.50	2:14.98
4 Anne Blachford,16,COBRA	2:17.91	2:16.80
5 Allison Barriscale,16,IS	2:18.31	2:16.81
6 Guylaine Cloutier,21,LAVAL	2:19.60	2:17.92
7 Iona Allen,18,UNB	2:19.03	2:18.59
8 Elizabeth Warden,15,SCAR	2:19.57	2:18.81
Consolation		
9 Marilyn Chiang,15,TPRR	2:19.81	2:18.99
10 Sabrina Kolga,15,RDCSC	2:20.98	2:19.44
11 Tara Higgins,20,UNATT	2:21.98	2:20.69
12 Julie Barbeau,17,CNMN	2:20.77	2:20.92
13 Sheila Hewdrine,18,LAC	2:22.00	2:21.33
14 Nathalie Giguere,20,UL	2:21.34	2:21.54
15 Holly McComb,17,PCSC	2:20.07	2:23.45
16 Nadine Rolland,17,CNB	2:21.19	2:24.20

400 METRES IND.MEDLEY	Heats	Final
1 Joanne Malar,17,HWAC	4:46.98	4:43.78
2 Holly McComb,17,PCSC	4:51.15	4:47.15
3 Allison Barriscale,16,IS	4:52.99	4:48.70
4 Iona Allen,18,UNB	4:53.46	4:49.14
5 Cindy Bertelink,17,COBRA	4:53.53	4:51.61
6 Nadine Emond,19,CNMN	4:54.13	4:53.13
7 Sheila Hewerdine,18,LAC	4:57.11	4:54.16
8 Sarah Londry,15,LUSC	4:56.49	4:59.12
Consolation		
9 Elizabeth Warden,15,SCAR	4:57.40	4:50.33
10 Barbi Brochu,16,TAT	4:59.08	4:54.01
11 Jacynthe Pineau,18,EXCEL	4:57.48	4:55.16
12 Chantal Dubois,19,UL	4:58.75	4:56.70
13 Rae Abbott,16,HYACK	4:57.27	4:57.11
14 Shona Kitson,15,WAC	4:59.26	4:58.74
15 Marsha Clouthier,15,USC	4:58.55	5:00.51
16 Julie Miesmer,17,WAC	4:59.11	5:01.26

4X100 M MEDLEY RELAY	Time Final
1 Pepsi Swimming ,PEPSI	*4:12.72
1:03.52 Shona Baillie, 1:10.09 Willa Bostock, 1:03.01 Kelly Stevens, 56.10 Michelle Killins	
2 Edmonton Keyano ,EKSC	4:13.64
1:05.71 Chris Courtemanche, 1:10.12 Keltie Duggan 1:01.27 Debbie Gaudin, 56.78 Tara Fullbrandt	
3 Univ.Calgary SC ,UCSC	4:14.27
1:04.43 Katy MOnar, 1:12.58 Dionne Dallas 1:00.24 Jessica Amey, 57.02 Andrea Nugent	
4 Pacific Dolphin SA,PDSA	4:15.19
5 Hyack Swim Club ,HYACK	4:17.49
6 City of Brampto n AC,COBRA	4:18.71
7 Pointe Claire S C,PCSC	4:18.82
8 Univ.Calgary SC B,UCSC	4:18.95

4X50 M FREE RELAY	Time Final
1 Univ.Calgary SC ,UCSC	1:44.18
26.35 Andrea Nugent, 25.67 Jessica Amey, 26.58 Lori Melien, 25.58	
2 Pacific Dolphin SA,PDSA	1:45.43
26.08 Anita Lee, 26.46 Sarah Evanetz, 26.06 Geace Wong, 26,83 Glencora Maughan	
3 North York AC ,NYAC	1:47.17
27.47 Kim Yoshimoto, 26.15 Melanie Macwood, 26.65 Melanie Mackwood, 26.90 Stephanie Richardson	
4 City of Brampto n AC,COBRA	1:48.03
5 Pepsi Swimming ,PEPSI	1:48.38
6 Edmonton Keyano ,EKSC	1:48.41
7 Hyack Swim Club ,HYACK	1:48.58
8 Island Swimming ,IS	1:48.73

4X100 M FREE RELAY	Time Final
1 Univ.Calgary SC ,UCSC	3:47.01
57.06 Lori Melien, 55.88 Jessica Amey, 57.79 Sherry Sanders, 56.28 Andrea Nugent	
2 Pacific Dolphin SA,PDSA	3:48.80
56.94 Anita Lee, 57.16 Glencora Maughan, 56.55 Sarah Evanetz, 58.15 Melissa Knox	
3 Pepsi Swimming ,PEPSI	3:52.14
59.62 Willa Bostock, 57.92 Carmen Kondra 58.49 Alicia Hicken, 56.11 Michelle Killins	
4 Island Swimming ,IS	3:52.16
5 Edmonton Keyano ,EKSC	3:54.73
6 Pointe Claire S C,PCSC	3:54.88
7 Manitoba Marlin s,MM	3:54.90
8 Hyack Swim Club ,HYACK	3:55.43

4X200 M FREE RELAY	Time Finals
1 Pepsi Swimming ,PEPSI	8:15.36
2:03.80 Alicia Hicken, 2:03.12 Carmen Kondra, 2:05.39 Peggy Corkum, 2:00.62 Michelle Killins	
2 Island Swimming ,IS	8:17.00
2:04.16 Allison Barriscale, 2:01.49 Nikki Dryden 2:06.67 Catherine McQueen, 2:04.69 Tanya Tighe	
3 Pointe Claire S C,PCSC	8:17.10
2:03.67 Lisa Virgini, 2:05.34 Stephanie Shewchuk 2:02.55 Hollu McComb, 2:05.54 Elaine Duranceau	
4 Pacific Dolphin SA,PDSA	8:19.53
5 Univ.Calgary SC ,UCSC	8:21.70
6 Edmonton Keyano ,EKSC	8:28.90
7 Cascade Swim Cl ub,CASC	8:34.30
8 Region of Water loo,ROW	8:36.24

WOMEN'S TEAM SCORES	
1 University of Calgary Swim Club	428
2 Pepsi Swimming	320
3 Pacific Dolphin Swim Association	298
4 Island Swimming	260
5 Edmonton Keyano Swim Club	199
6 Pointe Claire Swim Club	189
7 City of Brampton COBRA	188
8 Hamilton-Wentworth Aquatic Club	150
9 Hyack Swim Club	134
10 North York Aquatic Club	121
11 Brantford Aquatic Club	117
12 Club de Natation Laval	107
13 Club de Natation Montreal-Nord	101
14 Manitoba Marlins	99
15 Universite Laval	94
16 Club de Natation Boucherville	79
17 Halifax Trojan Aquatic Club	57
18 Cascade Swim Club	52
19 London Aquatic Club	42
20 East York Swim Club	35

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PACIFIC DOLPHINS SWIM ASSOCIATION

INTERNATIONAL SWIMMING CUP

CANADA CUP WEST
MAY 27, 28, 29, 1993

VANCOUVER AQUATIC CENTRE
50 M 1050 BEACH AVENUE
PRELIMINARY INFORMATION

FRIDAY, MAY 27, 1993			LC QUAL.TIME
1	Women	200 m freestyle	2:13.0
2	Men	200 m free	2:02.0
3	Women	200 m breaststroke	2:55.0
4	Men	100 m breaststroke	1:12.0
5	Women	100 m backstroke	1:11.0
6	Men	200 m backstroke	2:16.0
7	Women	400 m ind.medley	5:20.0
8	Men	400 m ind.medley	4:55.0
9/10	W/M	4x100 m free relay	
SATURDAY, May 28, 1993			
11	Women	50 m freestyle	0:29.0
12	Men	50 m freestyle	0:26.3
13	Women	400 m freestyle	4:37.5
14	Men	400 m freestyle	4:15.0
15	Women	100 m breaststroke	1:20.0
16	Men	200 m breaststroke	2:40.0
17	Women	100 m butterfly	1:08.5
18	Men	100 m butterfly	1:01.0
19/20	W/M	4x200 m free relay	
SUNDAY, MAY 20, 1993			
21	Women	100 m freestyle	1:01.5
22	Men	100 m freestyle	0:55.5
23	Women	200 m butterfly	2:30.5
24	Men	200 m butterfly	2:16.0
25	Women	200 m backstroke	2:32.50
26	Men	100 m backstroke	1:05.5
27	Women	200 m ind.medley	2:32.0
28	Men	200 m ind.medley	2:18.0
29	Women	800 m freestyle	9:35.0
30	Men	1500 m freestyle	17:15.0
31/32	W/M	4x100 m medley relay	

The meet will be limited to 375 swimmers in the interest of better performances.
Limited billeting will be available.
For further information contact:
TOM JOHNSON, Director of Swimming,
Pacific Dolphin Swim Association
Tel: (604)822-9623 Fax (604) 684-9425

1993 WORLD SWIMMING CUP

MEN'S EVENTS ✳ = World Record w = world best

50 METRES FREESTYLE

Shanghai	22.62 M.Pinger,GER	22.66 C.Troger,GER	22.88 J.Holmqvist,SWE
Beijing	22.29 S.Caron,FRA	22.47 M.Pinger,GER	22.48 J.Holmqvist,SWE
Paris	22.00 M.Foster,GBR	22.36 C.Kalfayan,FRA	22.52 M.Pinger,GER
Malmo	22.64 I.Sei,EST	22.66 D.Lange,AUS	22.77 G.Titus,SWE
Gelsenkirchen	21.72 M.Foster,GBR	22.08 Y.Vlasov,UKR	22.17 A.Popov,RUS
Sheffield	✳ 21.60 M.Foster,GBR	22.10 A.Popov,RUS	22.41 J.Qiu,CHN
Milan	22.10 M.Foster,GBR	22.40 A.Popov,RUS	22.79 B.Zikarsky,GER

100 METRES FREESTYLE

Shanghai	48.83 C.Troger,GER	48.89 A.Holmertz,SWE	49.19 S.Caron,FRA
Beijing	49.04 S.Caron,FRA	49.05 C.Troger,GER	49.49 A.Holmertz,SWE
Paris	48.60 M.Foster,GBR	49.58 C.Kalfayan,FRA	49.68 P.Khnikin,UKR
Malmo	49.43 A.Holmertz,SWE	49.54 T.Werner,SWE	49.93 I.Sei,EST
Gelsenkirchen	48.66 A.Popov,RUS	49.02 C.Troger,GER	49.12 Y.Vlasov,UKR
Sheffield	48.44 A.Popov,RUS	48.77 C.Troger,GER	48.91 M.Foster,GBR
Milan	48.68 A.Popov,RUS	49.22 B.Zikarsky,GER	49.28 M.Foster,GBR

200 METRES FREESTYLE

Shanghai	1:45.89 A.Holmertz,SWE	1:46.63 D.Loader,NZL	1:46.72 C.Keller,GER
Beijing	1:44.97 A.Holmertz,SWE	1:46.17 C.Keller,GER	1:46.18 E.Sadovyi,RUS
Paris	1:45.82 A.Kasvio,FIN	1:47.63 B.Orsoni,FRA	1:48.36 Y.Mukhin,RUS
Malmo	1:45.38 A.Holmertz,SWE	1:45.92 C.Wallin,SWE	1:46.77 A.Kudriavtsev,RUS
Gelsenkirchen	1:46.09 A.Holmertz,SWE	1:46.15 C.Keller,GER	1:47.96 C.Ventosa,ESP
Sheffield	1:45.98 C.Keller,GER	1:46.79 D.Loader,NZL	1:47.51 M.Trevisan,ITA
Milan	1:46.38 A.Holmertz,SWE	1:46.98 M.Trevisan,ITA	1:48.00 T.Werner,SWE

400 METRES FREESTYLE

Shanghai	3:46.55 A.Holmertz,SWE	3:46.89 D.Loader,NZL	3:51.17 S.Wiese,GER
Beijing	3:46.39 E.Sadovyi,RUS	3:46.51 D.Loader,NZL	3:47.20 A.Holmertz,SWE
Paris	3:45.83 A.Kasvio,FIN	3:47.75 J.Hoffmann,GER	3:47.87 S.Zesner,GER
Malmo	3:43.19 E.Sadovyi,RUS	3:44.03 P.Palmer,GBR	3:46.24 M.Trevisan,ITA
Gelsenkirchen	3:41.08 E.Sadovyi,RUS	3:46.53 A.Holmertz,SWE	3:46.67 S.Zesner,GER
Sheffield	3:45.82 P.Palmer,GBR	3:45.83 S.Zesner,GER	3:48.32 P.M.Siciliano,ITA
Milan	3:47.56 E.Sadovyi,RUS	3:48.06 S.Zesner,GER	3:48.26 M.Trevisan,ITA

1000 METRES FREESTYLE

Shanghai	9:57.46 A.Holmertz,SWE	9:58.25 S.Wiese,GER	10:10.27 G.Xiong,CHN
Beijing	9:51.91 E.Sadovyi,RUS	9:52.31 D.Loader,NZL	10:09.87 S.Wiese,GER
Paris	9:52.38 J.Hoffmann,GER	9:53.68 S.Zesner,GER	9:57.68 B.Sanson,FRA
Malmo	9:53.17 E.Sadovyi,RUS	9:56.67 V.Andreev,RUS	9:57.00 P.Albinski,POL
Gelsenkirchen	9:48.55 E.Sadovyi,RUS	9:49.77 V.Andreev,RUS	9:49.80 S.Zesner,GER
Sheffield	9:55.72 S.Zesner,GER	9:57.00 S.Wiese,GER	10:00.42 I.Wilson,GBR
Milan	9:59.19 E.Sadovyi,RUS	9:59.45 S.Zesner,GER	10:03.71 V.Andreev,RUS

50 METRES BACKSTROKE

Shanghai	25.89 T.Weber,GER	26.03 Z.Hegmegi,SWE	
Beijing	25.59 T.Weber,GER	25.80 X.Wei,CHN	25.89 Z.Hegmegi,SWE
Paris	25.51 M.Harris,GBR	25.52 P.Hermanspann,GER	25.88 T.Sopp,NOR
Malmo	25.97 Z.Hegmegi,SWE	26.03 D.Lonnberg,SWE	26.16 T.Sopp,NOR
Gelsenkirchen	25.04 V.Selkov,RUS	25.39 T.Weber,GER	25.93 C.Ventosa,ESP
Sheffield	25.41 M.Harris,GBR	25.45 T.Weber,GER	26.28 T.Sopp,NOR
Milan	24.83 V.Selkov,RUS	25.73 L.Kalenka,GER	26.29 G.Mihalev,BUL

100 METRES BACKSTROKE

Shanghai	55.11 T.Weber,GER	56.48 Z.Hegmegi,SWE	57.55 G.Xiong,CHN
Beijing	53.37 V.Selkov,RUS	54.23 T.Weber,GER	55.77 X.Wei,CHN
Paris	55.18 F.Schott,FRA	55.30 M.Harris,GBR	55.60 L.Kalenka,GER
Malmo	53.82 V.Selkov,RUS	55.27 D.Lonnberg,SWE	55.51 M.Marcinkowski,GER
Gelsenkirchen	53.02 V.Selkov,RUS	54.54 C.Ventosa,ESP	54.62 T.Weber,GER
Sheffield	54.10 T.Weber,GER	54.67 M.Harris,GBR	55.17 T.Sopp,NOR
Milan	53.16 V.Selkov,RUS	54.81 E.Merisi,ITA	55.45 L.Kalenka,GER

200 METRES BACKSTROKE

Shanghai	1:56.81 T.Weber,GER	2:07.55 Zs.Hegmegi,SWE	
Beijing	1:54.04 V.Selkov,RUS	1:57.17 T.Weber,GER	2:03.54 X.Wei,CHN
Paris	1:57.55 M.Blazo,TSR	1:58.15 A.Ruckwood,GBR	1:58.44 L.Kalenka,GER
Malmo	1:54.60 V.Selkov,RUS	1:59.00 L.Bianchin,ITA	1:59.85 R.Braun,GER
Gelsenkirchen	1:52.98 V.Selkov,RUS	1:56.24 T.Weber,GER	1:56.74 E.Merisi,ITA
Sheffield	1:58.88 A.Ruckwood,GBR	1:58.90 T.Sopp,NOR	2:01.13 M.Harris,GBR
Milan	1:55.23 V.Selkov,RUS	1:56.88 E.Merisi,ITA	1:56.98 L.Kalenka,GER

50 METRES BREASTSTROKE

Shanghai	28.27 M.Warnecke,GER	28.40 J.Qiu,CHN	28.70 J.Chen,CHN
Beijing	27.55 V.Ivanov,RUS	27.86 J.Chen,CHN	28.04 M.Warnecke,GER
Paris	28.80 S.Muff,FRA	28.90 P.Rogers,AUS	28.92 D.Petrov,BUL
Malmo	27.39 V.Ivanov,RUS	27.84 D.Volkov,RUS	28.03 J.Chen,CHN
Gelsenkirchen	27.35 V.Ivanov,RUS	27.55 D.Volkov,RUS	27.62 R.Dekker,NED
Sheffield	27.63 R.Dekker,NED	28.06 M.Warnecke,GER	28.26 P.Suominen,FIN
Milan	27.39 V.Ivanov,RUS	27.47 D.Volkov,RUS	27.75 R.Dekker,NED

100 METRES BREASTSTROKE

Shanghai	1:01.97 M.Warnecke,GER	1:02.05 S.Vossart,FRA	1:02.75 Z.Hu,CHN
Beijing	1:00.38 V.Ivanov,RUS	1:00.39 M.Warnecke,GER	1:01.54 S.Vossart,FRA
Paris	1:00.79 S.Vossart,FRA	1:01.00 P.Rogers,AUS	1:02.03 J.Cleveland,CAN
Malmo	1:00.78 P.Suominen,FIN	1:00.79 V.Ivanov,RUS	1:01.12 D.Volkov,RUS
Gelsenkirchen	1:00.43 V.Ivanov,RUS	1:00.74 D.Volkov,RUS	1:00.80 R.Dekker,NED
Sheffield	1:00.21 R.Dekker,NED	1:01.04 P.Suominen,FIN	1:01.20 M.Warnecke,GER
Milan	1:00.68 V.Ivanov,RUS	1:00.69 D.Volkov,RUS	1:01.28 R.Dekker,NED

200 METRES BREASTSTROKE

Shanghai	2:13.85 S.Vossart,FRA	2:15.10 Z.Hu,CHN	2:27.23 M.Warnecke,GER
Beijing	2:12.67 S.Vossart,FRA	2:14.37 Z.Hu,CHN	2:14.99 W.Shi,CHN
Paris	2:11.13 S.Vossart,FRA	2:11.19 P.Rogers,AUS	2:11.32 B.Mork,NOR
Malmo	2:12.84 B.Mork,NOR	2:14.43 P.Suominen,FIN	2:14.51 R.Beinhauer,TCH
Gelsenkirchen	2:11.65 P.Rogers,AUS	2:11.82 V.Alekseev,ISR	2:12.70 J.Cleveland,CAN
Sheffield	2:11.01 N.Gillingham,GBR	2:12.72 R.Dekker,NED	2:13.15 R.Maden,GBR
Milan	2:12.37 C.Penicaud,FRA	2:13.09 R.Dekker,NED	2:15.55 T.Kojima,JPN

50 METRES BUTTERFLY

Shanghai	24.64 B.Gutzeit,FRA	24.81 M.Gery,CAN	25.00 L.Frolander,SWE
Beijing	24.17 B.Gutzeit,FRA	24.49 M.Gery,CAN	24.80 L.Frolander,SWE
Paris	24.07 M.Foster,GBR	24.13 J.Karlsson,SWE	24.49 B.Gutzeit,FRA
Malmo	23.99 J.Karlsson,SWE	24.66 B.Gutzeit,FRA	24.71 V.Hanski,FIN
Gelsenkirchen	w 23.72 M.Foster,GBR	24.41 D.VandenHirtz,GER	24.55 P.Khnikin,UKR
Sheffield	24.00 M.Foster,GBR	24.47 B.Gutzeit,FRA	24.47 M.Gery,CAN
Milan	23.97 J.Karlsson,SWE	24.26 M.Foster,GBR	24.47 B.Gutzeit,FRA

100 METRES BUTTERFLY

Shanghai	53.18 D.Loader,NZL	53.55 M.Gery,CAN	54.37 B.Gutzeit,FRA
Beijing	53.02 M.Gery,CAN	53.54 D.Pankratov,RUS	53.63 D.Loader,NZL
Paris	52.78 D.Loader,NZL	53.68 B.Gutzeit,FRA	53.97 V.Hanski,FIN
Malmo	53.26 D.Loader,NZL	53.59 D.Pankratov,RUS	53.99 B.Gutzeit,FRA
Gelsenkirchen	52.98 D.Loader,NZL	53.14 D.Pankratov,RUS	53.42 M.Gery,CAN
Sheffield	53.55 D.Loader,NZL	54.16 B.Gutzeit,FRA	54.18 M.Gery,CAN
Milan	53.26 D.Pankratov,RUS	53.46 D.Loader,NZL	53.79 B.Gutzeit,FRA

200 METRES BUTTERFLY

Shanghai	1:56.08 D.Loader,NZL	1:57.71 C.Keller,GER	
Beijing	1:55.23 D.Loader,NZL	1:55.41 D.Pankratov,RUS	1:57.45 C.Keller,GER
Paris	✳ 1:54.58 D.Loader,NZL	1:55.16 F.Esposito,FRA	1:57.24 V.Hanski,FIN
Malmo	✳ 1:54.50 D.Loader,NZL	1:54.84 D.Pankratov,RUS	1:56.26 F.Esposito,FRA
Gelsenkirchen	✳ 1:54.21 D.Loader,NZL	1:54.46 D.Pankratov,RUS	1:54.97 F.Esposito,FRA
Sheffield	1:55.11 D.Loader,NZL	1:58.49 C.Keller,GER	2:02.15 J.Hickman,GBR
Milan	1:54.82 D.Loader,NZL	1:57.04 D.Pankratov,RUS	2:00.22 J.Logdberg,SWE

100 METRES IND.MEDLEY

Shanghai	55.64 J.Qiu,CHN	55.64 C.Keller,GER	57.79 D.Loader,NZL
Beijing	55.43 C.Keller,GER	58.43 J.Xie,CHN	58.91 L.Zheng,CHN
Paris	54.57 J.Sievinen,FIN	56.31 I.Sei,EST	56.92 J.Hladky,GER
Malmo	55.68 I.Sei,EST	56.51 C.Myden,CAN	56.92 P.Lehtinen,FIN
Gelsenkirchen	55.47 C.Keller,GER	55.77 I.Sei,EST	55.95 R.Dekker,NED
Sheffield	55.30 C.Keller,GER	55.58 J.Qiu,CHN	56.07 R.Dekker,NED
Milan	55.46 I.Sei,EST	55.60 J.Qiu,CHN	57.27 R.Dekker,NED

200 METRES IND.MEDLEY

Shanghai	1:58.73 C.Keller,GER	2:04.50 L.Sacchi,ITA	
Beijing	1:58.96 C.Keller,GER	2:02.78 L.Sacchi,ITA	2:02.79 G.Xiong,CHN
Paris	✳ 1:56.62 J.Sievinen,FIN	2:01.18 D.Loader,NZL	2:01.69 F.Lefevre,FRA
Malmo	✳ 1:55.59 J.Sievinen,FIN	2:00.97 C.Myden,CAN	2:01.45 P.Lehtinen,FIN
Gelsenkirchen	1:58.31 C.Keller,GER	1:59.70 L.Sacchi,ITA	2:02.16 T.Kinugasa,JPN
Sheffield	1:58.54 C.Keller,GER	2:00.06 L.Sacchi,ITA	2:01.78 U.Volk,GER
Milan	2:00.20 L.Sacchi,ITA	2:02.74 L.Benucci,ITA	2:02.93 J.Qiu,CHN

400 METRES IND.MEDLEY

Shanghai	4:23.34 L.Sacchi,ITA	4:23.85 D.Loader,NZL	5:26.62 M.Pedro,MAC
Beijing	4:21.85 L.Sacchi,ITA	4:24.26 G.Xiong,CHN	5:18.97 M.Satars,MAC
Paris	4:10.14 J.Sievinen,FIN	4:18.12 C.Myden,CAN	4:21.07 T.Kinugasa,JPN
Malmo	✳ 4:07.10 J.Sievinen,FIN	4:17.22 T.Kinugasa,JPN	4:17.73 M.Konecki,POL
Gelsenkirchen	4:14.07 L.Sacchi,ITA	4:16.73 T.Kinugasa,JPN	4:18.08 U.Volk,GER
Sheffield	4:12.28 L.Sacchi,ITA	4:15.73 M.Konecki,POL	4:16.03 U.Volk,GER
Milan	4:14.06 L.Sacchi,ITA	4:19.82 U.Volk,GER	4:20.81 L.Benucci,ITA

SPRINT FREE CATEGORY

1	Anders Holmerz,SWE	65
2	Mark Foster,GBR	55
3	Christian Troger,GER	51

EVENT 50 FREE

1	Mark Foster,GBR	43
2	Joakin Holqvist,SWE	20
	Alexander Popov,RUS	20
3	Darren Lange,AUS	17

EVENT 100 FREE

1	Christian Troger,GER	31
2	Alexander Popov,RUS	30
3	Anders Holmertz,SWE	25

EVENT 200 FREE

1	Anders Holmertz,SWE	40
2	Christian Keller,GER	30
3	Tommy Werner,SWE	20

DISTANCE FREE CATEGORY

1	Evgeni Sadovyi,RUS	80
2	Sebastien Wiese,GER	44
	Stefan Zessner,GER	44
3	Anders Holmertz,SWE	37

EVENT 400 FREE

1	Evgeni Sadovyi,RUS	40
2	Anders Holmertz,SWE	27
3	Massimo Trevisan,ITA	21

EVENT 1000 FREE

1	Evgeni Sadvyi,RUS	40
2	Sebastian Wiese,GER	24
	Stefen Zesner,GER	24
3	Viktor Andreev,RUS	20

INDIVIDUAL CATEGORY PRIZE
1st place **US$ 5,000**

BACKSTROKE CATEGORY

1	Vladimir Selkov,RUS	80
2	Tino Weber,GER	68
3	Zsolt Hegmegi,SWE	44

EVENT 50 BACK

1	Tino Weber,GER	34
2	Zsolt Hegmegi,SWE	28
3	Martin Harris,GBR	20

EVENT 100 BACK

1	Vladimir Selkov,URS	40
2	Tino Weber,GER	33
3	Zsolt Hegmegi,SWE	16

EVENT 200 BACK

1	Vladimir Selkov,RUS	40
2	Tino Weber,GER	24
3	Adam Ruckwood,GBR	17

BREASTSTROKE CATEGORY

1	Vasili Ivanov,RUS	77
2	Stephan Vossart,FRA	60
3	Mark Warnecke,GER	50

EVENT 50 BREAST

1	Vasili Ivanov,RUS	40
2	Mark Warnecke,GER	27
3	Jianhong Chen,CHN	24

EVENT 100 BREAST

1	Vasili Ivanov,RUS	37
2	Stephane Vossart,FRA	26
	Mark Warnecke,GER	26
3	Ron Dekker,NED	22

EVENT 200 BREAST

1	Stephane Vossart,FRA	34
2	Philip Rogers,AUS	22
3	Zhengyu Hu,CHN	18

BAUTTERFLY CATEGORY

1	Danyon Loader,NZL	89
2	Bruno Gutzeit,FRA	61
3	Denis Pankratov,RUS	59

EVENT 50 BUTTERFLY

1	Bruno Gutzeit,FRA	34
2	Mark Foster,GBR	33
3	Jan Karlsson,SWE	27

EVENT 100 BUTTERFLY

1	Danyon Loader,NZL	40
2	Denis Pankratov,RUS	31
3	Marcel Gery,CAN	29

EVENT 200 BUTTERFLY

1	Danyon Loader,NZL	49
2	Denis Pankratov,RUS	28
3	Christian Keller,GER	25

IND.MEDLEY CATEGORY

1	Christian Keller,GER	80
2	Luca Sacchi,ITA	71
3	Jani Sievinen,FIN	49

EVENT 100 IND.MEDLEY

1	Christian Keller,GER	40
2	Indrek Sei,EST	27
3	Jieming Qui,CHN	24

EVENT 200 IND.MEDLEY

1	Christian Keller,GER	40
2	Luca Sacchi,ITA	31
3	Jani Sievinen,FIN	26

EVENT 400 IND.MEDLEY

1	Luca Sacchi,ITA	40
2	Jani Sievinen,FIN	23
3	Tatsuya Kinugasa,JPN	20

1993 WORLD SWIMMING CUP

WOMEN'S EVENTS ✻ = World Record w = world best

50 METRES FREESTYLE

Shanghai	24.86 F.VanAlmsick,GER	25.14 J.Le,CHN	25.41 L.Olofsson,SWE
Beijing	25.00 F.VanAlmsick,GER	25.49 E.Ermakova,KZK	25.54 B.Ye,CHN
Paris	25.95 J.Blaise,FRA	26.17 S.Volker,GER	26.23 C.Plewinski,FRA
Malmo	25.81 L.Olofsson,SWE	25.84 J.Blaise,FRA	26.28 A.Sheppard,GBR
Gelsenkirchen	24.96 F.VanAlmsick,GER	25.24 E.Ermakova,KZK	25.60 S.Osygus,GER
Sheffield	25.32 F.VanAlmsick,GER	25.60 S.Osygus,GER	25.60 I.de Bruijn,NED
Milan	25.14 E.Ermakova,KZK	25.96 I.de Bruijn,NED	26.08 P.Verbauwen,BEL

100 METRES FREESTYLE

Shanghai	✻ 53.46 F.VanAlmsick,GER	54.83 W.Zhong,CHN	54.99 E.Ermakova,KZK
Beijing	✻ 53.33 F.VanAlmsick,GER	54.59 J.Le,CHN	54.93.E.Ermakova,KZK
Paris	55.11 S.O'Neill,AUS	55.97 C.Plewinski,FRA	56.11 J.Blaise,FRA
Malmo	55.04 S.O'Neill,AUS	55.57 M.Jacobsen,DEN	56.22 Y.Koikawa,JPN
Gelsenkirchen	54.08 F.VanAlmsick,GER	54.91 E.Ermakova,KZK	55.16 S.Osygus,GER
Sheffield	53.97 F.VanAlmsick,GER	55.16 S.Osygus,GER	56.15 S.O'Neill,AUS
Milan	54.78 E.Ermakova,KZK	55.67 S.Osygus,GER	55.72 M.Moravcova,SLA

200 METRES FREESTYLE

Shanghai	1:57.34 F.VanAlmsick,GER	2:00.91 E.Ermakova,KZK	2:02.37 M.Nilsson,SWE
Beijing	✻ 1:55.84 F.VanAlmsick,GER	1:59.01 B.Lu,CHN	1:59.33 J.Le,CHN
Paris	1:58.64 S.O'Neill,AUS	1:59.96 Y.Koikawa,JPN	2:01.13 I. Dalby,NOR
Malmo	1:58.22 S.O'Neill,AUS	2:00.62 M.Nilsson,SWE	2:00.72 P.Harmokivi,FIN
Gelsenkirchen	1:57.19 F.VanAlmsick,GER	1:59.52 K.Kielgass,GER	2:00.24 S.Osygus,GER
Sheffield	1:57.91 F.VanAlmsick,GER	1:58.78 S.O'Neill,AUS	2:00.91 S.Osygus,GER
Milan	2:00.39 M.Moravcova,SLA	2:00.44 S.Osygus,GER	2:01.26 C.Borgato,ITA

400 METRES FREESTYLE

Shanghai	4:11.80 M.Nilsson,SWE	4:11.97 N.Dryden,CAN	4:15.12 P.Luo,CHN
Beijing	4:08.95 B.Lu,CHN	4:11.03 O.Kirichenko,RUS	4:11.29 N.Dryden,CAN
Paris	4:11.10 N.Dryden,CAN	4:11.10 M.Nilsson,SWE	4:12.09 A.Astruc,FRA
Malmo	4:09.23 O.Kirichenko,RUS	4:09.30 N.Dryden,CAN	4:12.22 P.Harmokivi,FIN
Gelsenkirchen	4:09.94 O.Kirichenko,RUS	4:12.46 K.Kielgass,GER	4:13.68 A.Wilson,NZL
Sheffield	4:10.15 I.Dalby,NOR	4:10.88 M.Nilsson,SWE	4:13.55 K.Vlieghuis,NED
Milan	4:09.50 O.Kirichenko,RUS	4:12.45 O.Splichalova,CZH	4:12.57 M.Nilsson,SWE

1000 METRES FREESTYLE

Shanghai	10:47.35 N.Dryden,CAN	10:48.55 J.Henke,GER	10:49.08 O.Splichalova,TSR
Beijing	10:50.28 N.Dryden,CAN	10:55.76 J.Henke,GER	10:56.82 P.Luo,CHN
Paris	10:44.79 O.Splichalova,TSR	10:51.28 A.Astruc,FRA	10:51.28 N.Dryden,CAN
Malmo	10:48.12 O.Kuznetsova,RUS	10:48.46 A.Astruc,FRA	10:48.91 N.Dryden,CAN
Gelsenkirchen	10:47.25 O.Splichalova,TSR	10:49.92 A.Wilson,NZL	10:51.59 O.Kirichenko,RUS
Sheffield	10:46.89 I.Dalby,NOR	10:51.25 K.Vlieghuis,NED	10:51.77 A.Wilson,NZL
Milan	10:47.71 O.Splichalova,CZH	10:57.53 A.Wilson,NZL	10:58.02 C.Borgato,ITA

50 METRES BACKSTROKE

Shanghai	28.51 L.Xue,CHN	29.63 T.Lundin,SWE	30.01 T.Kiryukhina,KZK
Beijing	w 28.47 L.Xue,CHN	29.16 L.Yu,CHN	29.56 T.Lundin,SWE
Paris	28.71 S.Volker,GER	29.34 Y.Koikawa,JPN	29.55 N.Inada,JPN
Malmo	28.96 Y.Koikawa,JPN	29.26 M.Jacobsen,DEN	29.35 A.Eichhorst,GER
Gelsenkirchen	28.88 Y.Koikawa,JPN	29.07 A.Eichhorst,GER	29.29 M.Jacobsen,DEN
Sheffield	w 28.33 S.Volker,GER	29.28 M.Jacobsen,DEN	29.40 T.Lundin,SWE
Milan	28.88 S.Volker,GER	29.37 N.Inada,JPN	29.45 A.Eichhorst,GER

100 METRES BACKSTROKE

Shanghai	1:01.20 L.Xue,CHN	1:01.99 B.Liu,CHN	1:03.01 C.Stolze,GER
Beijing	1:00.93 L.Xue,CHN	1:02.27 B.Liu,CHN	1:02.77 C.Stolze,GER
Paris	1:00.31 S.Volker,GER	1:00.98 Y.Koikawa,JPN	1:01.87 N.Inada,JPN
Malmo	1:01.49 Y.Koikawa,JPN	1:02.53 A.Eichhorst,GER	1:03.33 H.Slatter,GBR
Gelsenkirchen	1:00.56 S.Volker,GER	1:00.87 Y.Koikawa,JPN	1:01.84 D.Hase,GER
Sheffield	1:00.75 S.Volker,GER	1:02.42 C.Stolze,GER	1:02.58 K.Osher,GBR
Milan	1:02.13 N.Inada,JPN	1:02.52 N.vandeWoerd,NED	1:02.95 B.Liu,CHN

200 METRES BACKSTROKE

Shanghai	2:11.01 B.Liu,CHN	2:11.79 C.Stolze,GER	2:12.35 N.Dryden,CAN
Beijing	2:10.49 B.Liu,CHN	2:13.75 N.Dryden,CAN	2:22.57 Q.Xia,CHN
Paris	2:10.80 L.Vigarani,ITA	2:13.47 F.Salvalaio,ITA	2:13.87 A.Barros,POR
Malmo	2:09.37 Y.Koikawa,JPN	2:11.26 M.Jacobsen,DEN	2:15.34 H.Slatter,GBR
Gelsenkirchen	2:09.05 Y.Koikawa,JPN	2:09.69 D.Hase,GER	2:12.60 M.Jacobsen,DEN
Sheffield	2:10.29 C.Stolze,GER	2:11.48 B.Liu,CHN	2:12.18 K.Osher,GBR
Milan	2:12.05 F.Salvalaio,ITA	2:12.37 M.Jacobsen,DEN	2:13.42 B.Liu,CHN

50 METRES BREASTSTROKE

Shanghai	31.67 X.Huang,CHN	31.74 X.Lou,CHN	31.99 L.Karlsson,SWE
Beijing	31.26 X.Lou,CHN	31.27 X.Huang,CHN	31.77 D.Lu,CHN
Paris	31.62 A.Heinrich,FRA	31.92 S.Riley,AUS	32.48 K.Rake,GBR
Malmo	32.28 S.Riley,AUS	32.48 S.Gerasch,GER	32.51 L.Karlsson,SWE
Gelsenkirchen	31.98 S.Riley,AUS	32.13 P.Hartung,GER	32.36 S.Gerasch,GER
Sheffield	31.85 X.Lou,CHN	31.90 S.Riley,AUS	32.02 X.Huang,CHN
Milan	31.40 X.Huang,CHN	31.67 X.Lou,CHN	31.95 S.Gerasch,GER

100 METRES BREASTSTROKE

Shanghai	1:07.23 X.Huang,CHN	1:09.13 L.Karlsson,SWE	1:09.77 G.Cloutier,CAN
Beijing	1:07.14 X.Huang,CHN	1:09.10 L.Karlsson,SWE	1:09.65 D.Lu,CHN
Paris	1:08.84 S.Riley,AUS	1:09.47 K.Rake,GBR	1:10.29 E.Austevoll,NOR
Malmo	1:09.29 A.Peczak,POL	1:09.34 S.Riley,AUS	1:09.75 B.Becue,BEL
Gelsenkirchen	1:08.86 A.Peczak,POL	1:09.00 S.Riley,AUS	1:09.85 J.Dorries,GER
Sheffield	1:07.88 X.Huang,CHN	1:09.07 S.Riley,AUS	1:09.66 B.Becue,BEL
Milan	1:07.99 X Huang,CHN	1:09.25 A.Peczak,POL	1:09.74 S.Gerasch,GER

200 METRES BREASTSTROKE

Shanghai	2:25.69 X.Huang,CHN	2:29.55 D.Lu,CHN	2:29.58 G.Cloutier,CAN
Beijing	2:24.10 X.Huang,CHN	2:29.16 D.Lu,CHN	2:31.43 G.Cloutier,CAN
Paris	2:28.65 S.Riley,AUS	2:30.59.A.Guerit,FRA	2:30.98 M.Dalla Valle,ITA
Malmo	2:28.05 A.Peczak,POL	2:30.00 B.Becue,BEL	2:30.88 M.Dalla Valle,ITA
Gelsenkirchen	2:27.78 A.Peczak,POL	2:28.34 S.Riley,AUS	2:28.81 L.Manhalova,TSR
Sheffield	2:25.50 X.Huang,CHN	2:27.76 B.Becue,BEL	2:29.06 B.Vestergaard,DEN
Milan	2:27.27 X.Huang,CHN	2:27.48 A.Peczak,POL	2:28.41 B.Becue,BEL

50 METRES BUTTERFLY

Shanghai	27.42 L.Karlsson,SWE	27.48 F.VanAlmsick,GER	27.69 Limin Liu,CHN
Beijing	27.41 L.Karlsson,SWE	27.51 F.VanAlmsick,GER	27.61 L.Liu,CHN
Paris	27.92 B.Ustrowski,GER	28.21 J.Amey,CAN	28.74 J.Delord,FRA
Malmo	27.72 L.Karlsson,SWE	28.02 X.Wang,CHN	28.08 M.Stromberg,SWE
Gelsenkirchen	27.31 F.VanAlmsick,GER	27.54 I.de Bruijn,NED	27.68 X.Wang,CHN
Sheffield	27.29 F.VanAlmsick,GER	27.45 I.de Bruijn,NED	27.95 M.Parssinen,FIN
Milan	27.26 I.de Bruijn,NED	27.79 M.Parssinen,FIN	27.91 T.Lundin,SWE

100 METRES BUTTERFLY

Shanghai	59.18 W.Zhong,CHN	1:00.71 L.Liu,CHN	1:01.00 T.Lundin,SWE
Beijing	59.68 L.Liu,CHN	1:00.71 T.Lundin,SWE	1:00.84 I.Tocchini,ITA
Paris	1:00.77 S.O'Neill,AUS	1:01.25 C.Jeanson,FRA	1:01.42 B.Ustrowski,GER
Malmo	1:00.25 X.Wang,CHN	1:00.51 S.O'Neill,AUS	1:00.94 C.Jeanson,FRA
Gelsenkirchen	1:00.11 S.O'Neill,AUS	1:00.72 X.Wang,CHN	1:00.74 I.Tocchini,ITA
Sheffield	59.47 S.O'Neill,AUS	1:00.04 I.de Bruijn,NED	1:00.67 T.Lundin,SWE
Milan	1:00.69 I.Tocchini,ITA	1:00.81 I.de Bruijn,NED	1:01.14 C.Jeanson,FRA

200 METRES BUTTERFLY

Shanghai	2:10.32 L.Liu,CHN	2:14.45 M.Stromberg,SWE	2:14.69 T.Lundin,SWE
Beijing	2:10.59 L.Liu,CHN	2:13.08 I.Tocchini,ITA	2:15.43 C.Jeanson,FRA
Paris	2:09.39 S.O'Neill,AUS	2:10.53 M.Haruna,JPN	2:12.50 C.Jeanson,FRA
Malmo	2:09.05 S.O'Neill,AUS	2:10.85 M.Jacobsen,DEN	2:12.15 C.Jeanson,FRA
Gelsenkirch	2:09.47 M.Haruna,JPN	2:09.67 S.O'Neill,AUS	2:11.37 M.Jacobsen,DEN
Sheffield	2:09.67 S.O'Neill,AUS	2:11.12 M.Jacobsen,DEN	2:12.30 I.Tocchini,ITA
Milan	2:11.21 M.Haruna,JPN	2:11.44 M.Jacobsen,DEN	2:11.92 I.Tocchini,ITA

100 METRES IND.MEDLEY

Shanghai	1:03.05 L.Karlsson,SWE	1:04.07 J.Haas,GER	1:06.27 A.Wilson,NZL
Beijing	1:01.91 L.Lin,CHN	1:02.14 L.Karlsson,SWE	1:04.06 J.Haas,GER
Paris	1:04.72 A.Wilson,NZL	1:04.85 J.Park,GBR	1:05.28 J.Malar,CAN
Malmo	1:01.72 L.Karlsson,SWE	1:02.24 L.Lin,CHN	1:03.34 U.Jardfelt,SWE
Gelsenkirch	1:02.30 L.Lin,CHN	1:02.70 D.Hunger,GER	1:03.83 B.Vestergaard,DEN
Sheffield	1:03.52 B.Vestergaard,DEN	1:04.18 B.Becue,BEL	1:04.75 E.Austevoll,NOR
Milan	1:02.97 L.Lin,CHN	1:03.86 S.Gerasch,GER	1:03.87 A.Peczak,POL

200 METRES IND.MEDLEY

Shanghai	2:13.13 L.Karlsson,SWE	2:18.33 J.Haas,GER	2:19.45 A.Wilson,NZL
Beijing	2:11.81 L.Lin,CHN	2:13.09 L.Karlsson,SWE	2:17.68 J.Haas,GER
Paris	2:15.27 H.Hiranaka,JPN	2:15.35 F.Kurotori,JPN	2:17.34 J.Malar,CAN
Malmo	2:13.31 L.Lin,CHN	2:13.55 A.Peczak,POL	2:16.10 L.Manhalova,TCH
Gelsenkirchen	2:12.97 L.Lin,CHN	2:13.81 D.Hunger,GER	2:14.01 A.Peczak,POL
Sheffield	2:15.79 B.Vestergaard,DEN	2:16.29 B.Becue,BEL	2:16.63 H.Slatter,GBR
Milan	2:13.54 L.Lin,CHN	2:14.60 B.Vestergaard,DEN	2:15.62 A.Peczak,POL

400 METRES IND.MEDLEY

Shanghai	4:43.24 J.Haas,GER	4:46.49 B.Liu,CHN	4:51.14 C.Stolze,GER
Beijing	4:45.28 L.Lin,CHN	4:47.28 J.Haas,GER	4:49.80 B.Liu,CHN
Paris	4:41.65 H.Hiranaka,JPN	4:43.01 F.Kurotori,JPN	4:48.00 L.Becerra,ESP
Malmo	4:40.00 L.Lin,CHN	4:40.17 H.Cerna,TCH	4:42.30 H.Hiranaka,JPN
Gelsenkirchen	4:39.82 L.Lin,CHN	4:40.04 H.Cerna,TSR	4:42.34 H.Hiranaka,JPN
Sheffield	4:45.86 H.Slatter,GBR	4:48.28 B.Liu,CHN	4:49.18 L.Bianconi,ITA
Milan	4:42.66 L.Lin,CHN	4:44.43 J.Haas,GER	4:45.83 E.Synowska,POL

SPRINT FREE CATEGORY

1	Franziska VanAlmsick,GER	89
2	Evgenia Ermakova,KZK	60
3	Susan O'Neill,AUS	53

EVENT 50 FREE

1	Franziska VanAlmsick,GER	40
2	Evgenia Ermakova,KZK	28
3	Linda Olofsson,SWE	25

EVENT 100 FREE

1	Franziska VanAlmsick,GER	46
2	Evgenia Ermakova,KZK	29
3	Susan O'Neill,AUS	26

EVENT 200 FREE

1	Franziska VanAlmsick,GER	43
2	Susan O'Neill,AUS	27
3	Malin Nilsson,SWE	22

DISTANCE FREE CATEGORY

1	Nikki Dryden,CAN	63
2	Olga Kirichenko,RUS	55
3	Olga Splichalova,TCH	47

EVENT 400 FREE

1	Olga Kirichenko,RUS	37
2	Malin Nilsson,SWE	33
3	Nikki Dryden,CAN	30

EVENT 1000 FREE

1	Olga Splichalova,TCH	36
2	Nikki Dryden,CAN	33
3	Anna Wilson,NZL	25

EVENT PRIZES

1st place	**US$ 5,000**
2nd place	**US$ 2,000**
3rd place	**US$ 1,000**

BACKSTROKE CATEGORY

1	Bichun Liu,CHN	56
2	Yoko Koikawa,JPN	54
3	Sandra Volker,GER	53

EVENT 50 BACK

1	Sandra Volker,GER	33
2	Yoko Koikawa,JPN	27
3	Lei Xue,CHN	26

EVENT 100 BACK

1	Sandra Volker,GER	30
2	Yoko Koikawa,JPN	24
3	Bichun Liu,CHN	23

EVENT 200 BACK

1	Bichun Liu,CHN	33
2	Mette Jacobsen,DEN	20
	Yoko Koikawa,JPN	20
3	Francesca Salvalaio,ITA	17

BREASTSTROKE CATEGORY

1	Xiaomin Huang,CHN	80
2	Agnieszka Peczak,POL	54
	Samantha Riley,AUS	54
4	Manuela Dalla Valle,ITA	38

EVENT 50 BREAST

1	Xia Lou,CHN	34
2	Xiaoming Huang,CHN	33
3	Samantha Riley,AUS	27

EVENT 100 BREAST

1	Xiaoming Huang,CHN	40
2	Agnieszka Peczak,POL	27
3	Samantha Riley,AUS	24

EVENT 200 BREAST

1	Xiaoming Huang,CHN	40
2	Agnieszka Peczak,POL	27
3	Samantha Riley,AUS	22

BUTTERFLY CATEGORY

1	Susan O'Neill,AUS	50
2	Ilaria Tocchini,ITA	47
3	Cecile Jeanson,FRA	46

EVENT 50 FLY

1	Franziska VanAlmsick,GER	34
2	Louise Karlsson,SWE	33
3	Inge de Bruijn,NED	24

EVENT 100 FLY

1	Susan O'Neill,AUS	30
2	Ilaria Tocchini,ITA	26
3	Cecile Jeanson,FRA	23

EVENT 200 FLY

1	Susan O'Neill,AUS	30
2	Mika Haruna,JPN	27
3	Ilaria Tocchini,ITA	24

IND.MEDLEY CATEGORY

1	Li Lin,CHN	80
2	Louise Karlsson,SWE	49
3	Jana Haas,GER	47

EVENT 100 IND.MEDLEY

1	Lil Lin,CHN	37
2	Louise Karlsson,SWE	32
3	Britta Vestergaard,DEN	21

EVENT 200 IND.MEDLEY

1	Li Lin,CHN	40
2	Agnieszka Peczak,POL	19
3	Jana Haas,GER	17
	Louise Karlsson,SWE	17
	Britta Vestergaard,DEN	17

EVENT 400 IND.MEDLEY

1	Li Lin,CHN	[illegible]
2	Jana Hass[illegible]	[illegible]
3	Hiroko Hi[illegible]	[illegible]

BEWARE THE PSYCH-OUT ARTIST

This is the season when the voice of the psych-out artist is heard in the land. What is the "psych out artist"? It could be a swimmer in your training lane or from a rival team who, by word, dead or implication, seeks to demoralize you and prevent you from doing your best. This type of person is out to win by any means, fair or foul Conversely, there is a milder type of psych-out artist; the cocky, cheeky kid, who by sheer exuberance and self confidence unwittingly puts paid to more timid rivals.

It is well to be aware of the prevailing types of "psych-out artist" and how they wreak their havoc. Better still, it is wise to know how to counter their often unexpected tactics. The first point to understand is that the "psych-out artist" is usually a person with a fundamental need to control others yet uncertain of being able to win a swimming race on ability and fair play alone. Because the compulsion to win may not be matched by ability and level of preparation, the swimmer reverts to devious and covert means to attain this end. Basically, your average "psych-out artist" is a manipulator whose tongue is often a more effective weapon than the ability to swim fast.

Often the "psych-out artist" contrive to appear more calm and confident than they feel. Inside they may be worried, insecure and unconfident. The only way they can feel superior is to try to make you ruffled and thus bring you down to their own level, then a surprising thing will often happen. They actually pretend to show concern and offer to help you.

At this stage the "psych-out artist" may appear to be your best friend and, in a clever and subtle way, will pretend to be interested in helping you, will praise you and place you completely off guard, while subtly drawing attention to your negative qualities. In this way the "psych-out artist" finds your weaknesses, makes you feel vulnerable an use this to gain control over you in the competitive situation.

How do you detect rivals who are intent on putting you down and belittling you, depriving you of your confidences, even before you dive into the pool? Don't waste too much time trying to identify them by analysing their different traits. Instead, if you should feel distinctly uncomfortable in their presence, know that this is your first and most important warning sign.

Most perceptive people realize that "psych-out artist" do not have very high self esteem. Deep down inside they really feel inferior top others. Usually they hide this behind their display of over inflated egos. However, it should be known that some "psych-out artist" could become quite good swimmers if only they were to concentrate on honing their skills and training harder instead of trying to win by unfair and sometimes ruthless methods.

Potential victims of the "psych-out art ist's" invalidating schemes should take heart in the knowledge that a person trying to belittle someone else is very likely susceptible to the very methods that would be effective against *him* or *her*. It's an almost amusing fact that most "psych-out artists" cave in very quickly if subjected to a small does of their own medicine, but even though doing so might give you some satisfaction, do not do it unless absolutely necessary because, inevitably, you automatically would join their lowly ranks.

What about that phenomenon of recent years, perhaps culled from the pro boxing ring, when swimmers in the marshalling room before a race engage in protracted eye-ball to eyeball stare down bouts, not unlike baboons attempting to establish troop dominance? My advice to swimmers is *not* to go along with this game. Refuse to be controlled or manipulated by any would be "psych-out artist" by behaving well and concentrating on your up coming race.

If you should find confrontation unavoidable, then try to treat the entire ploy with faint amusement. If you should have the bad luck of coming up against a master "psych-out artist" who tries to embarrass you in front of the other competitors, as has been known to happen, then you may have no option but to offer similar embarrassment to the offending person. But don't forget that you may be dealing with a real expert, someone who has bee psyching out fellow competitors for years and is probably far more skilled than you will be at your first attempt. Nevertheless, with the benefit of surprise, you may really catch your opponent off balance. Respond this way only when you have no alternative because the game is not worth the candle, as the old saying goes, and psyching people out is really nothing more than gutter psychology and a loathesome exercise with no real place in our sport.

Rather than seeking to retaliate, set your own house in order by building for yourself an unassailable suit of competitive armour. Instead seal yourself in your own cocoon of concentration and develop a good knowledge of self, your strengths, as well as your weaknesses. Become responsible only to yourself.

Learn to understand your body and also how your mind seems to work in the entire context of training and competing. As you strive to improve and become more and more the fully integrated competitor, you will eventually develop aura of the confident and seasoned competitor that inspires respect in your rivals. Like hyenas around the lion's kill, would be psych-out artists will tend to give you a wide berth.

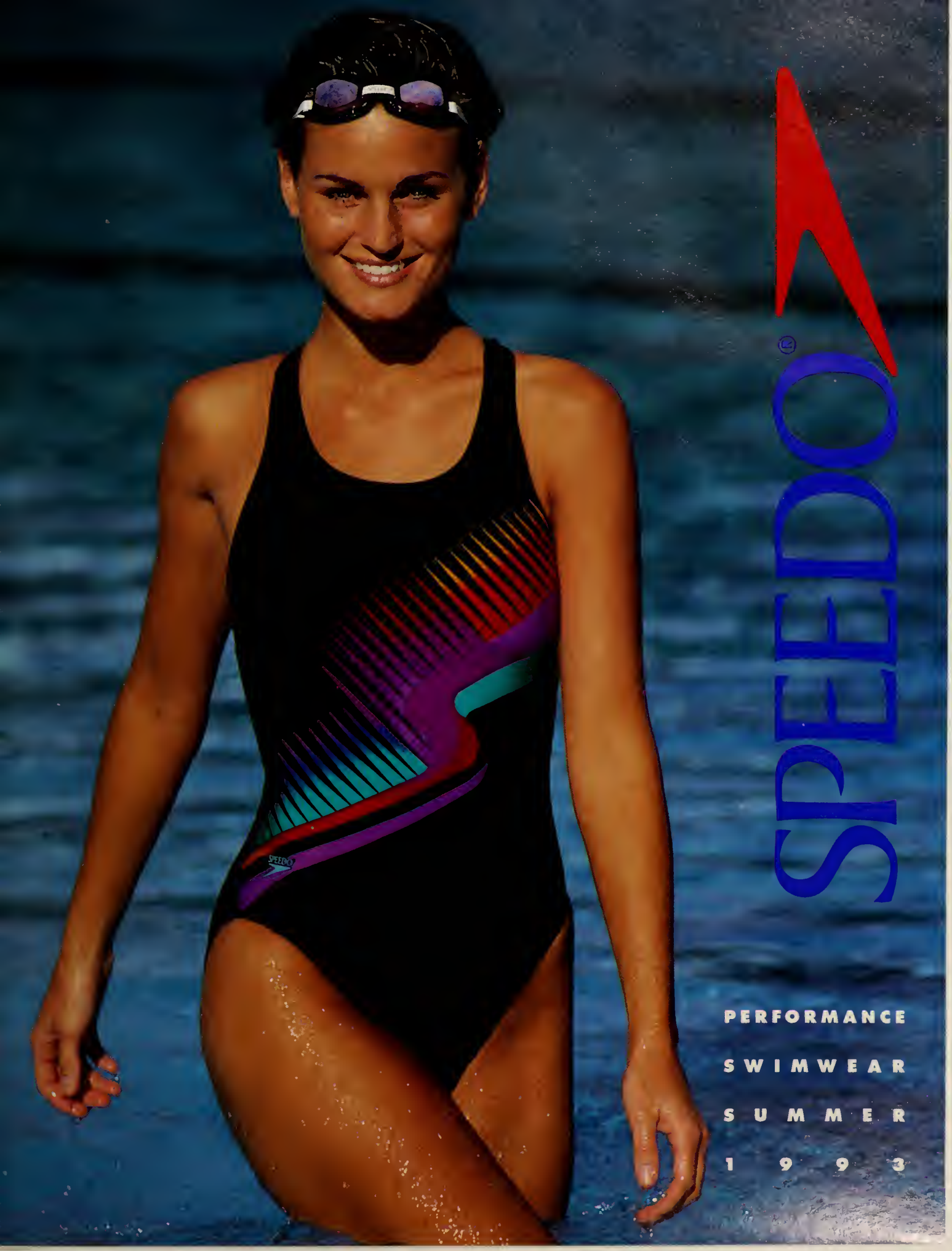
Let's address the problem of the "psych-out artist." How should we deal with it? In the first instance the enlightened coach should realize that teachings kids to psych each other out should be a no-no. Obviously the coach should set the example. By encouraging youngsters to be manipulative we are going counter to the ideal of using sports a form of leisure-time education.

Part of the problem is that sometimes we awaken too late to realize that psyching out one's rivals has already become epidemic within the group. Many youngsters will not be easily motivated to change because they may have developed a set of really effective and powerful psych-out methods. In a bad sense they are coming up winners and the game has become too successful from their viewpoint to easily wan to change. In sad fact, a few of them may have become irreversible manipulators, but they are in the minority.

The coach should warn against invalidating behaviours during team meetings and explain in detail why such practices are not acceptable behaviours and how, in the final criterion, they seriously diminish one's personal worth. Parents should also be on the look out for youngsters who may prove to be victims of the psych-out process. They are often identifiable by the sudden loss of confidence, sinking morale and a general change in attitude. Discreet questioning by parent or coach may reveal the source of the problem.

Once a "psych-out artist" has been identified, try to establish why this person has this problem, then explain why this behaviour is not acceptable to the coach or anyone else in the the team. Set a time limit in which a complete change is to be effected. Acknowledge that the "psych-out artist" has a real problem.

The answer in most cases would be to improve the swimmer's self esteem and to concentrate on improved performance based on fundamental skill and improved physical condition. A good outcome from this procedure would be that the offenders will begin to concentrate on swimming fast rather than talking fast. ■


SPEEDO®
PERFORMANCE
SWIMWEAR
SUMMER
1 9 9 3

005 455 455 041 ▶

Janet Evans
Gold and Silver Medalist, 1992 Olympics
Triple Gold Medalist, 1988 Olympics

Pablo Morales
Double Gold Medalist, 1992 Olympics
Gold Medalist, Double Silver Medalist, 1984 Olympics

Summer Sanders
Double Gold Medalist, Silver and Bronze Medalist, 1992 Olympics

SPEEDO®

All Speedo® swimwear styles are made in the USA.

Speedo® performance swimwear size ranges*:

Nylon / Lycra		**Paper**	
Female Youth	22-30	Female	18-30
Female Adult	32-40	Male Youth	24-28
Male Youth	24-28	Male Adult	30-36
Male Adult	30-38		

*Some styles may have extended size ranges, contact your Speedo® dealer for more information.

▲ **FIRE BOLT** ▶
Female Super Proback
Youth 824303, Adult 824304
Male
Youth 825303, Adult 825304
Colors: Black (001), Purple (005), Navy (041), Sapphire (455)
78% Antron® nylon/22% Lycra® Type 128
*Available for two Summer seasons

001 005

SPEEDO®

RIBBONS

Female Fusionback

Youth 824301, Adult 824302

Male

Youth 825301, Adult 825302

Colors: Black (001), Purple (005), Navy (041)

78% Antron® nylon 22% Lycra® Type 128

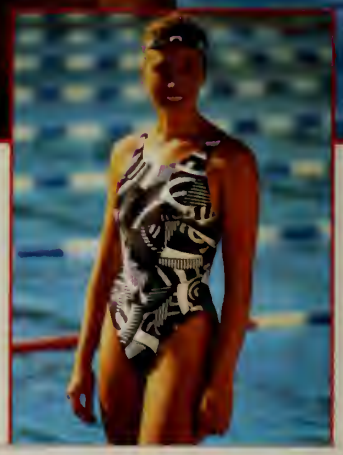
*Available for two Summer seasons

001 041 005

005

347

SPEEDO®



001

KALEIDOCHROME
Female Record Breaker
Youth 824321, Adult 824322
Male
Youth 825321, Adult 825322
86% Antron® nylon/
14% Lycra® Type 128

NOT SHOWN
KALEIDOCHROME PAPER
Female Proflexback
824323
Male
Youth 825323, Adult 825324
78% Antron® nylon/
22% Woven Lycra®

KALEIDOCHROME 2-PIECE ▶
Adult 824326
86% Antron® nylon/
14% Lycra® Type 128

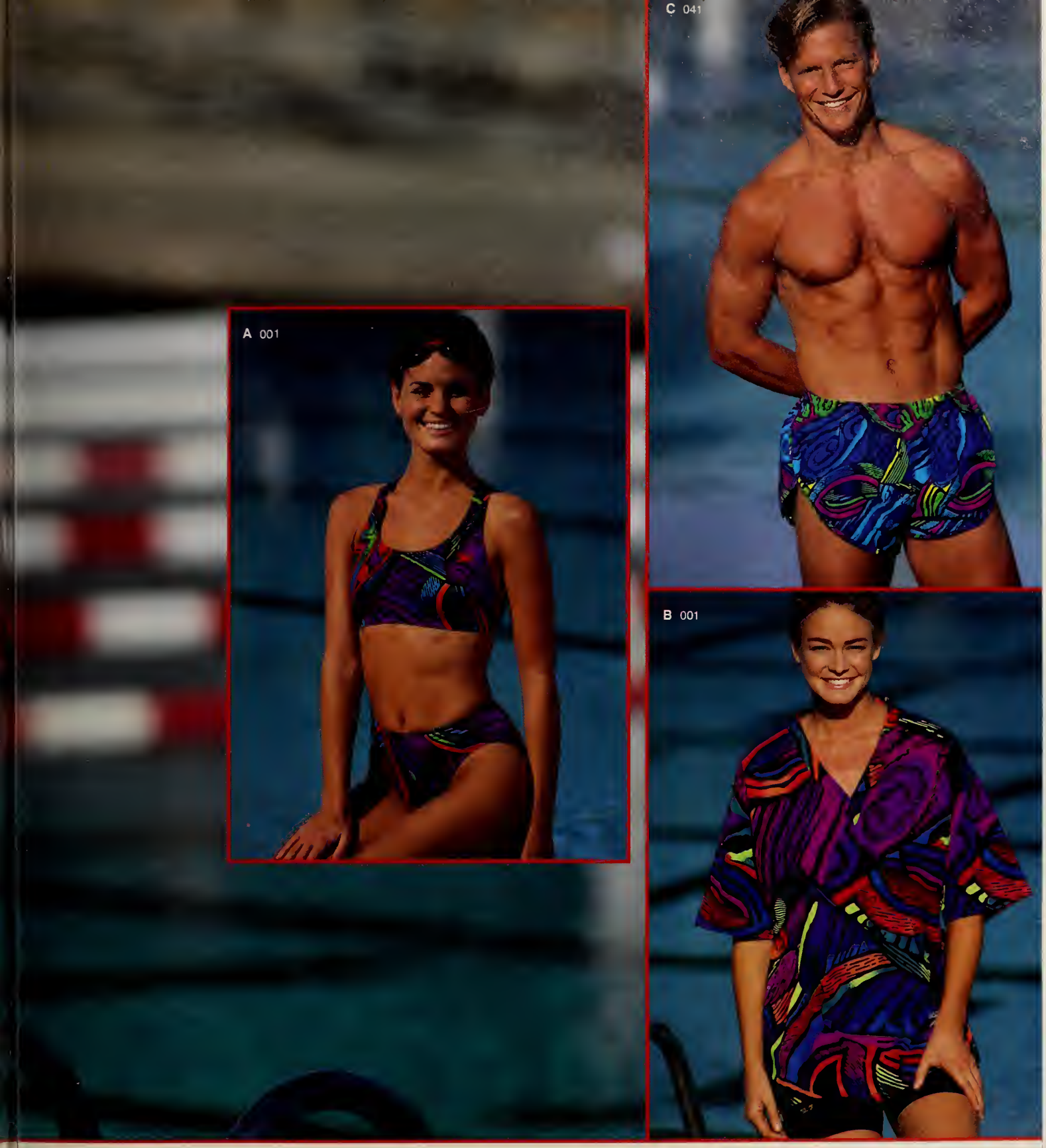
KALEIDOCHROME SHORT ▼
Unisex
826320
Sizes XS - XL
100% Antron® nylon

Colors: Black (001), Purple (005), Red (006), Bright Green (311), Teal (347), Sapphire (455), Orchid (547)

001 041 041

SPEEDO®

AGATE
Female Record Breaker
Youth 824305, Adult 824306
Male
Youth 825305, Adult 825306
84% Antron® nylon/
16% Lycra® Type 128
Colors: Black (001), Navy (041)



A AGATE 2-PIECE
824324

B AGATE COVER-UP
826309
(082)-Multi
One size
100% cotton

SOLID BIKE SHORT
738177
84% Supplex®/
16% Lycra®

C AGATE SHORT
Unisex 826321
Sizes XS-XL
100% Antron® nylon

006 455 001

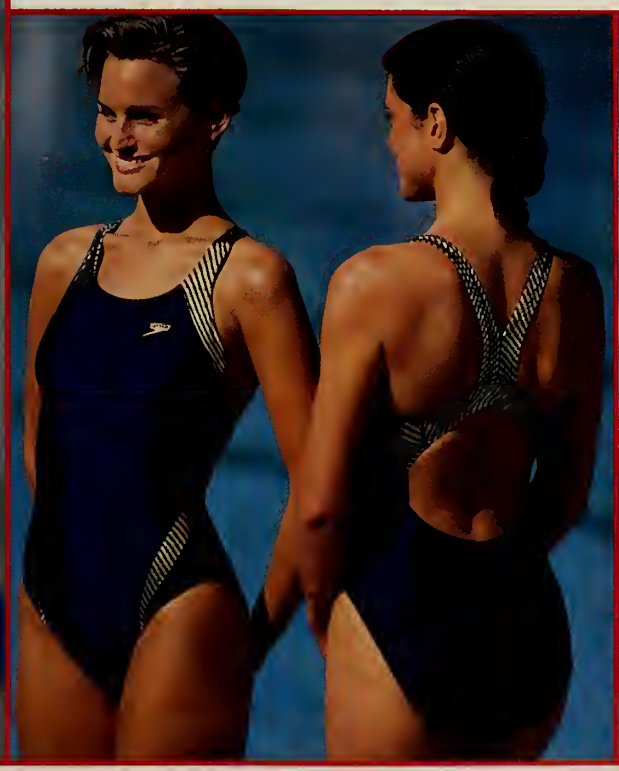
SPEEDO®

METALLIC SPORT TRIM
Colors: Black (001), Red (006), White (009), Navy (041), Emerald Green (330), Sapphire (455)

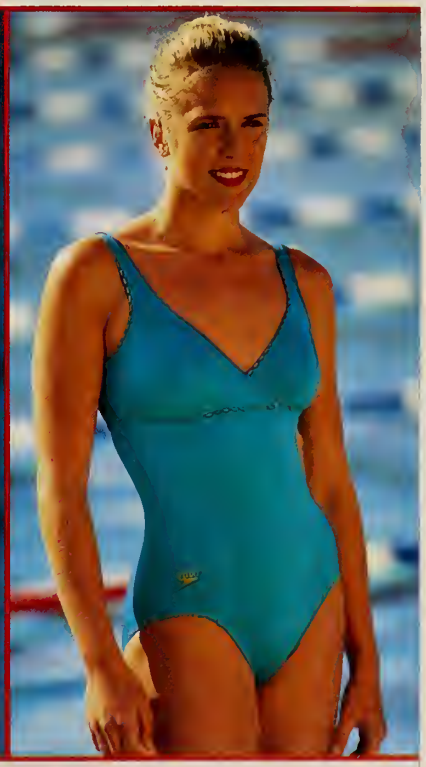
SPORT TRIM SUPER PROBACK
Female Super Proback
Youth 824327, Adult 824328
78% Antron® nylon/
22% Lycra® Type 128

330

A 001 B 455 C 006



041



D 330

A **SPORT TRIM ULTRABACK**
824402
Sizes 6-16
78% Antron® nylon/
22% Lycra® Type 128

B **SPORT TRIM CONTOURBACK**
824400
Sizes 6-16
78% Antron® nylon/
22% Lycra® Type 128

C **SPORT TRIM RACERBACK**
824401
Sizes 6-16
78% Antron® nylon/
22% Lycra® Type 128
not available in White (009)

D **SPORT TRIM SOFT CUP SURPLICE**
824403
Sizes 8-22
78% Antron® nylon/
22% Lycra® Type 128
not available in White (009)
or Red (006)

INTRODUCING THE REVOLUTIONARY RACING SUIT OF THE FUTURE THE SPEEDO® S-2000 GOLD

Ultra-fast fabric —
Developed especially for Speedo® Swimwear, this unique fabric is slicker and faster than bare skin in water.

Sleek, hydrodynamic design —
Full torso coverage reduces resistance; high neckline will not catch water; zippered back secures fit; and high cut shoulder and leg openings allow complete freedom of movement.

Champion tested —
by Summer Sanders, Janet Evans, and other Gold Medal winners and American record holders in Barcelona.

How to select the proper size for the Speedo® S-2000 GOLD:

The Speedo® S-2000 Gold is specifically designed to provide the best fit for competitive swimming. The wide range of sizes and lengths will allow swimmers of all shapes and sizes to find the ideal fit for optimum performance.

Designed to feel more comfortable than the Speedo® paper suit, the S-2000 Gold should not be tight or constricting, however, swimmers should allow a day or two to get used to the unique high neckline

The size conversion chart below is provided as a guide to find the right Speedo® S-2000 Gold size. Long sizes are available for swimmers with longer torsos, of course, proper fit is best obtained by trying on the S-2000 Gold. Consult your Speedo® dealer for assistance.

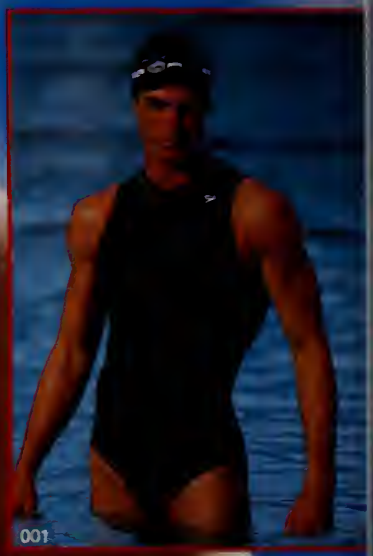
Female Speedo® S-2000 Gold
Female sizes range from 24-30 with longs in 25-29

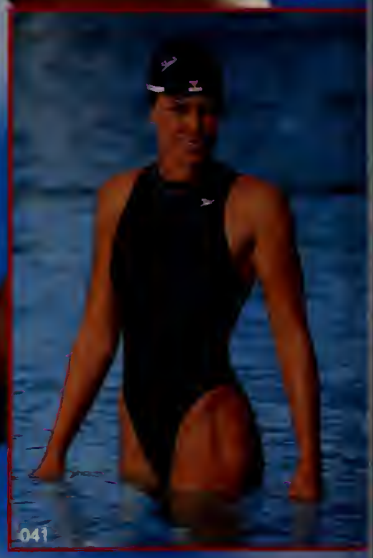
Paper	Speedo® S-2000 Gold
18-20	24
22	25, 25L, 26
24	26, 26L, 27, 27L
26	27L, 28, 28L, 29
28	29L, 30
30	30

Male Speedo® S-2000 Gold 052
[illegible] from 25-33

[illegible]	[illegible]000 Gold
[illegible]	[illegible]
[illegible]	[illegible]
[illegible]	[illegible]
[illegible]	[illegible]
36	[illegible]

S-2000 GOLD
Female
Youth 719[illegible]
Male
Youth 70[illegible]
Colors [illegible]
80% Poly[illegible]e


001


041

FEMALE S-2000 LYCRA
We have applied the same hydrodynamic Speedo® design in the S-2000 Gold to our traditional Lycra® fabrication. Great for competitive swimming as well as all types of aquatic fitness.

Female
Youth 824029, Adult 824030
Colors: Black (001), Navy (041)
Sapphire (455)
78% Antron® nylon/22% Lycra® Type 128
Use Speedo® Standard Female Lycra® sizing

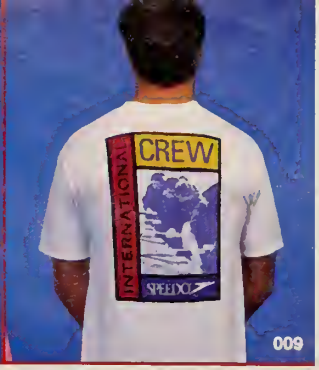
SPEEDO®

T-SHIRTS

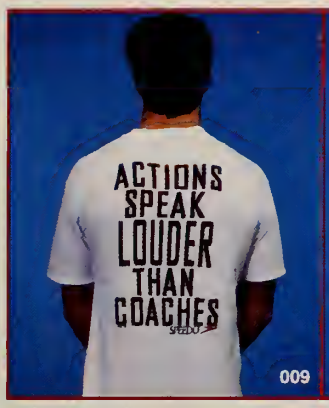
TEAM SPEEDO CROSS TRAINER
848556
Colors: White (009), Heather (088), Ash (842)

PERFORMANCE LEGEND LOGO
848550
Colors: White (009), Royal (043), Heather (088), Grape (528), Ash (842)

LOGO GOGGLES
848554
Colors: White (009), Ash (842)



INTERNATIONAL CREW
848553
Colors: White (009), Ash (842)

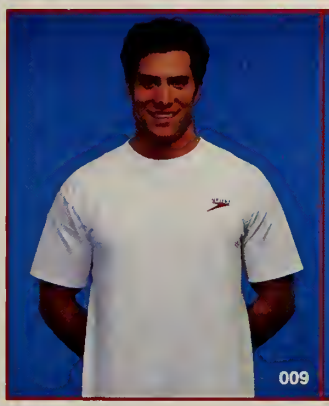


ACTION LOGO
848511
Colors: White (009), Heather (088), Ash (842)

MESSAGE LOGO
848510
Colors: White (009), Heather (088), Ash (842)

BIG KICK LOGO
848512
Colors: White (009), Heather (088), Ash (842)

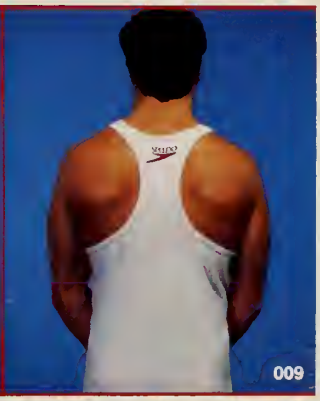
PABLO
848552
Colors: White (009)



BASIC LOGO
848508
Colors: Black (001), White (009), Royal (043), Grape (528), Ash (842)

BEDROCK LOGO
848505
Colors: White w/Grape (928), White w/Royal (943)

SPORT VENETIAN
848503
Colors: Ash w/Royal (870), White w/Grape (928)



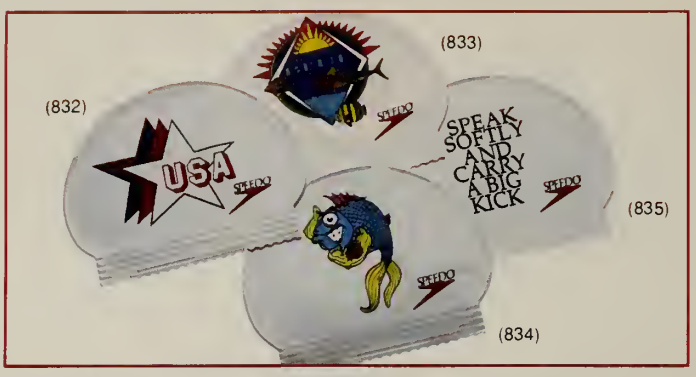
RACERBACK CROSS TRAINER
848555
Colors: White (009), Ash (842)

PHOTO ROLLER
848514
Colors: White (009)

PHOTO FRISBEE
848513
Colors: White (009)

PHOTO JUMP SHOT
848515
Colors: White (009)

BIG LOGO
742357
Colors: White (009)



PRINT LATEX 71252 USA Swimming **Colors:** USA (832)
751110 **Colors:** Wild Fish (834), Big Kick (835), Leave It Blue (833)

SILICONE CAP 751104 **Colors:** Sapphire (455), Deep Purple (593)

STROBE GOGGLE

750130 **Colors:** Clear (080) The latest innovation in goggle and training technology, the Speedo® Strobe Goggle is designed to improve a swimmer's ability to control stroke tempo during training. The exclusive, patented design provides a variable flashing light in the swimmer's peripheral vision which can be adjusted to any desired stroke rate. The strobe goggle is excellent for training drills, teaching stroke rate, and for long distance swims. Developed and tested by Speedo's elite team of Advisory coaches. Available 4-15.

SPEEDO® S2000 ANTI-FOG
750128 **Colors:** Clear (080), Smoke (084)
The low profile hydrodynamic lens and gasket design make this new sleek goggle great for competitive swimmers. Features hypo-allergenic seals, liquid anti-fog coating, adjustable nosepiece and double headstraps.

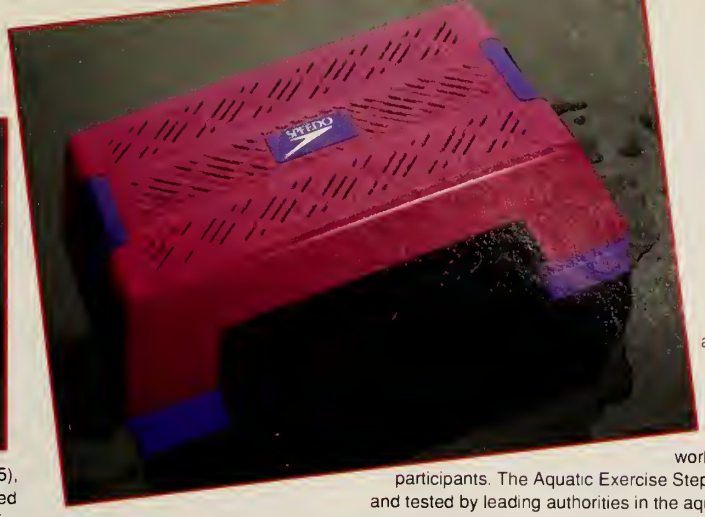
POOLSIDE SANDAL 749123 **Colors:** Black (001), Navy (041), XS - XL.
This slip-on sandal made from PVC and PVC foam features a molded toe crest and flex grooves on the bottom sole for maximum comfort.

RAPID SANDAL 749126 **Colors:** Black (001), Royal (043), Multi (082), XS - XL
Made from durable nylon webbing with a soft EVA mid-sole and durable rubber bottom sole, this tough sandal is great for the pool, the beach, or around town.

MASSAGE II SANDAL 749124 **Colors:** Black (001), Navy (041), XS - XL.
An updated version of our popular massage sandal. Flex grooves on bottom sole provide extra support for wet surfaces. Anatomically designed footbed is molded to contours of foot for extra comfort.

CELONA SANDAL – Exclusive design for Speedo. 749127 **Colors:** Black (001). S - XL. The upper, made from soft durable Q7000 synthetic leather, provides full support for foot and ankle. The mid sole, made from molded EVA foam, provides a soft cushion for the sole of the foot. The 100% rubber outsole features a custom Speedo design.

AQUATIC EXERCISE SHOE 749128 **Colors:** Black/White (095), Teal/Purple (346), Orchid/Teal (549). Sizes: Female 5-10. A modified version of our popular Surf Walker™ designed specifically for aquatic exercise. Enlarged rubber toe cap resists wear from toes and molded arch design provides secure and stable fit. Features a textured non-marking TPR sole for grip on pool bottom while exercising.



AQUATIC EXERCISE STEP
753304
Colors:
Orchid/Purple (547)
The Speedo® Aquatic exercise step is specifically designed for water aerobics, providing a unique opportunity for increased intensity and variety in water aerobic workouts for all levels of participants. The Aquatic Exercise Step has been designed and tested by leading authorities in the aquatic exercise world.

The step measures 14" x 22" on top and 17" x 28" at the bottom of the base. The step is 7" high with 2" high attachable feet (included) for increased intensity.

The revolutionary fabrication consisting of mineral filled polypropylene provides a high density material which allows for easy submersion and stability in the water without adding excess weight.

TRAINING FIN 753201 **Colors:** Black (001), Sizes: XXS (1-3), XS (3-5), S (5-7), M (7-9), L (9-11), XL (11-13). The Speedo Training Fin is the ultimate training fin, combining the increased workload and power of a long fin with the fast tempo and proper mechanics of very short fins. The fin is ideal for all levels, ages, and abilities of swimmers.

SWIM MITT XT 753119 **Colors:** Royal (043) The revolutionary aquatic webbed glove with weights for increased resistance during aquatic exercise. Made of durable neoprene fabric for a non-irritating, comfortable fit. 753191 without weights.

AQUATIC EXERCISE BELT
733195 **Colors:** Teal (347), Sizes: S/M, L/XL. This flotation belt allows the user to maintain an upright, stable position with low back support while exercising in deep water. Ideal for water walking and jogging.

PORTS OF CALL BAG 752150
Color: Black (001) Dimensions: 28" x 12" x 14" (with back-pack). Back-Pack alone measures 12" x 4" x 14". Two-in-one bag features a removable zip-out back-pack, separate side zipper storage pocket and shoulder strap. Made of 210D nylon with PVC backing.

A **PORTS OF CALL FANNY PACK**
752153 **Color:** Black (001). Dimensions: 7" x 1-1/2" x 5".

B **PORTS OF CALL BACK PACK**
752152 **Color:** Black (001). Dimensions: 17" x 5" x 13".

C **VOLLEYBALL** 755199 **Color:** White (009). Synthetic leather, hard sewn, dual layer "floating" butyl bladder for ultimate play ability.

PORTS OF CALL DUFFLE
752151 **Color:** Black (001). Dimensions: 17" x 9" x 10". Horseshoe zipper opening, mesh storage pocket, detachable shoulder strap.

THE ULTIMATE BAG 752154
Color: Black (001). Dimensions: 24" x 12" x 14". Features separate compartments for swim accessories and personal items and a zip-out kickboard bag that doubles as a back pack. (Kickboard not included)

A **SENIOR TEAMS UP**
752155
Dimensions: 24" x 9-1/2" x 12". Mesh and zippered end pockets, reinforced bottom, interior wet pocket, detachable shoulder strap.

B **JUNIOR TEAMS UP** 752156 Dimensions: 18" x 9-1/2" x 10". Reinforced bottom, interior wet pocket, detachable shoulder strap. **Colors: both styles,** Black (001), Green (003), Red (006), Navy (041), Royal (043).

MADE ONLY BY DU PONT MADE ONLY BY DU PONT
ANTRON/LYCRA
NYLON SPANDEX

SPEEDO

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Dorval, Quebec
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Monday-Friday, Ea
Fax (514) 421-3697

Photography by Marc

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TOP® PLUS

Tiny Olympic Prospects

10 & Under performances compiled from swimming results throughout Canada for the period Sep-Mar 1993 in **25 m** pools by SWIM Canada Magazine, list dated **Mar.5** List will alternate with TOP Program, and will expand to a maximum of 25/ event.These will be the only events ranked.

BOYS 10 & UNDER

100 METRES FREESTYLE (1:15.00 cut-off)

1	1:07.83	GOLDNOV	Justin Dubois,10,YLSC
2	1:08.28	YOUTHDEC	Goran Marjanovic,10,HWAC
3	1:09.09	SSMACJAN	Blaine Dolcetti,10,SSMAC
4	1:09.34	CASCOCT	Niels Versfeld,10,EKSC
5	1:09.92	SSMACJAN	Andrew Bignell,9,SSMAC
6	1:10.53	PEPSIOCT	Stephen Preston,10,NEW
7	1:10.61	MANTADEC	Kyle Raymond,10,COBRA
8	1:10.84	VICONOV	Brian Johns,10,AQUA
9	1:11.14	CVACJAN	Alain Michaud,10,NES
10	1:11.44	LEDUCJAN	Ryan Nilson,10,LEDUC
11	1:11.47	YOUTHDEC	Daniel Monid,10,TOMAC
12	1:11.60	ONANOV	Derek Breckenridge,10,NKB
13	1:11.67	KBMJAN	Chris Keung,10,SCAR
14	1:11.88	YOUTHDEC	Jamie Earle,10,NKB
15	1:11.90	OSCNOV	Ian Grotkowski,10,CASC
16	1:12.00	KSCFEB	Lee Raffa,10,UCSC
17	1:12.47	RODJAN	Blair Hughes,10,AMAC
18	1:12.48	ONANOV	Nicholas Cafaro,10,COBRA
19	1:12.52	PEPSIJAN	Colin Jenkins,9,HWAC
20	1:12.80	TSUNJAN	Terry Nathan,10,IS

400 METRES FREESTYLE (5:50.00 cut-off)

1	5:15.48	RODJAN	Justin Dubois,10,YLSC
2	5:15.76	RODJAN	Blair Hughes,10,AMAC
3	5:17.10	HYACKJAN	Brian Johns,10,AQUA
4	5:17.27	HYACKJAN	Ryan Nilson,10,LEDUC
5	5:18.99	HYACKJAN	Terry Nathan,10,IS
6	5:19.61	NYACJAN	Keith Beavers,10,STARS
7	5:19.75	YOUTHDEC	Goran Marjanovic,10,HWAC
8	5:23.01	YOUTHDEC	Chuck Sayao,10,TOMAC
9	5:33.19	MANTADEC	Nicholas Cafaro,10,COBRA
10	5:33.32	YOUTHDEC	Mark Sy,9,MAC
11	5:33.49	YOUTHDEC	Steven Caswell,10,HWAC
12	5:35.09	OSCNOV	Blake McWilliam,10,STSC
13	5:35.72	PEPSIJAN	Colin Jenkins,9,HWAC
14	5:36.60	MACJAN	Tor Sandberg,10,YORK
15	5:37.55	ALMAJAN	Pierre-O. Bussiere,10,CNJA
16	5:37.70	PEPSIJAN	Marcus Montgomery,10,HWAC
17	5:38.10	TSUNJAN	Jesse Jacks,10,IS
18	5:38.31	OSCNOV	Ian Grotkowski,10,CASC
19	5:43.59	MACJAN	Anthony Costa,10,NEW
20	5:43.88	PERTHFEB	Ian Kennedy,10,EBSC

100 METRES BACKSTROKE (1:27.00 cut-off)

1	1:17.16	PEPSIOCT	Stephen Preston,10,NEW
2	1:17.93	MACJAN	Mark Sy,10,MAC
3	1:18.26	MANTADEC	Justin Dubois,10,YLSC
4	1:18.39	YOUTHDEC	Goran Marjanovic,10,HWAC
5	1:18.40	SSMACJAN	Blaine Dolcetti,10,SSMAC
6	1:19.08	MACJAN	Geoff Fannin,10,AAC
7	1:19.32	ONAANOV	Andrew Bignell,9,SSMAC
8	1:19.58	CASCOCT	Niels Versfeld,10,EKSC
9	1:20.47	TSUNJAN	Terry Nathan,10,IS
10	1:21.33	ONAANOV	Keith Beavers,9,STARS
11	1:21.56	YOUTHDEC	Jamie Earle,10,NKB
12	1:21.56	ONANOV	Chris Keung,10,SCAR
13	1:21.69	ONANOV	Kyle Raymond,10,COBRA
14	1:21.71	MANTADEC	Nicholas Cafaro,10,COBRA
15	1:22.92	BROCKOCT	Scott Martin,10,CYPS
16	1:23.30	HWACOCT	Marcus Montgomery,10,HWAC
17	1:23.50	TSUNJAN	Kip McDaniel,10,RAYS
18	1:23.80	YOUTHDEC	Andrew Menzies,10,CYPS
19	1:23.88	PEPSIJAN	Colin Jenkins,9,HWAC
20	1:23.95	ROWJAN	Andrew McCrone,10,BRANT

100 METRES BREASTSTROKE (1:37.00 cut-off)

1	1:25.40	ONAANOV	Blaine Dolcetti,10,SSMAC
2	1:26.28	MACJAN	Mark Sy,10,MAC
3	1:28.39	ONAANOV	Andrew Menzies,10,CYPS
4	1:28.45	BRANTNOV	Marcus Montgomery,10,HWAC
5	1:29.20	GOLDNOV	Justin Dubois,10,YLSC
6	1:29.90	PEPSIOCT	Stephen Preston,10,NEW
7	1:30.04	CASCOCT	Lee Raffa,10,UCSC
8	1:32.03	CASCOCT	Niels Versfeld,10,EKSC
9	1:32.08	HYACKJAN	Katy Chambers,10,GATOR
10	1:32.25	ONAANOV	Scott Martin,10,CYPS
11	1:32.59	ONAANOV	Keith Beavers,9,STARS
12	1:33.20	YOUTHDEC	David Fenicky,10,NYAC
13	1:33.33	SSMACJAN	Andrew Bignell,9,SSMAC
14	1:33.42	MACJAN	Jeremy Cormier,10,NEW
15	1:33.98	PEPSIOCT	Marc Oehm,10,TAT
16	1:34.38	YOUTHDEC	Andrew Clinton,10,NKB
17	1:34.93	BRANTNOV	Joe Cescon,10,ROW
18	1:35.00	TOMACOCT	Nick Kwa,10,RHAC
19	1:35.06	BRANTNOV	Joe Bartoch,9,LAC
20	1:35.33	OSCNOV	Ian Grotkowski,10,CASC

100 METRES BUTTERFLY (1:27.00 cut-off)

1	1:13.61	OAKJAN	Daniel Monid,10,TOMAC
2	1:14.29	EKSCOCT	Niels Versfeld,10,EKSC
3	1:16.65	MACJAN	Mark Sy,10,MAC
4	1:17.41	MANTADEC	Kyle Raymond,10,COBRA
5	1:17.81	VICONOV	Brian Johns,10,AQUA
6	1:18.15	PEPSIOCT	Stephen Preston,10,NEW
7	1:18.26	YOUTHDEC	Andrew Bignell,9,SSMAC
8	1:18.46	HYACKJAN	Jesse Jacks,10,IS
9	1:20.50	MANTADEC	Justin Dubois,10,YLSC
10	1:20.80	KSCFEB	Lee Raffa,10,UCSC
11	1:20.95	YOUTHDEC	Blaine Dolcetti,10,SSMAC
12	1:21.15	PEPSIJAN	Steven Caswell,9,HWAC
13	1:21.47	MACJAN	Geoff Fannin,10,AAC
14	1:21.88	KBMJAN	Ian Kennedy,10,EBSC
15	1:23.74	KBMJAN	Jonathan Cheng,10,SCAR
16	1:23.97	ONAANOV	Scott Martin,10,CYPS
17	1:24.70	MACJAN	Jeremy Cormier,10,NEW
18	1:24.73	YOUTHDEC	Marc Oehm,10,TAT
19	1:25.02	MANTADEC	Nicholas Cafaro,10,COBRA
20	1:25.45	YOUTHDEC	Marcus Montgomery,10,HWAC

200 METRES IND.MEDLEY (3:00.00 cut-off)

1	2:46.08	YOUTHDEC	Blaine Dolcetti,10,SSMAC
2	2:48.00	MACJAN	Mark Sy,10,MAC
3	2:49.30	MANTADEC	Justin Dubois,10,YLSC
4	2:49.81	SSMACJAN	Andrew Bignell,9,SSMAC
5	2:50.65	EKSCOCT	Niels Versfeld,10,EKSC
6	2:53.69	NYACJAN	Keith Beavers,10,STARS
7	2:53.98	PEPSIJAN	Marcus Montgomery,10,HWAC
8	2:54.90	YOUTHDEC	Goran Marjanovic,10,HWAC
9	2:55.07	KSCFEB	Lee Raffa,10,UCSC
10	2:55.49	PEPSIJAN	Colin Jenkins,9,HWAC
11	2:55.90	PEPSIJAN	Steven Caswell,9,HWAC
12	2:56.07	ONANOV	Kyle Raymond,10,COBRA
13	2:56.73	YOUTHDEC	Scott Martin,10,CYPS
14	2:57.05	TSUNJAN	Terry Nathan,10,IS
15	2:57.25	TSUNJAN	Jesse Jacks,10,IS
16	2:57.40	YOUTHDEC	Chuck Sayao,10,TOMAC
17	2:57.60	HYACKJAN	Brian Johns,10,AQUA
18	2:57.90	MACJAN	Anthony Costa,10,NEW
19	2:58.50	MACJAN	Geoff Fannin,10,AAC
20	2:58.63	HYACKJAN	Ryan Nilson,10,LEDUC

GIRLS 10 & UNDER

100 METRES FREESTYLE (1:15.00 cut-off)

1	1:07.97	ROWJAN	Sandra Gray,10,BOSC
2	1:08.31	YOUTHDEC	Heather Lee,10,USC
3	1:08.33	YOUTHDEC	Pamela Tung,10,NEW
4	1:09.10	KSCFEB	Janay Hamilton,10,LASC
5	1:09.19	YOUTHDEC	Julia Berglund,10,HWAC
6	1:09.45	YOUTHDEC	Carmen Barnett,10,MAC
7	1:10.30	BRANTNOV	Samantha Pfaller,10,NYAC
8	1:10.40	KSCFEB	Stephanie Hilderman,10,KSC
9	1:10.91	NYACJAN	Joanna Mazzucco,10,PEPSI
10	1:11.53	YOUTHDEC	Jennifer Perugini,10,SSMAC
11	1:11.55	BRANTNOV	Angela Sy,10,MAC
12	1:11.98	ONANOV	Heather Norris,10,COBRA
13	1:12.00	PCSCDEC	Kelly Meaney,10,CAC
14	1:12.07	ONANOV	Loren Sweny,10,NKB
15	1:12.18	MUSACFEB	Julie Cocks,10,TRENT
16	1:12.42	BRANTNOV	Tara Sloan,10,PCSC
17	1:12.49	RODJAN	Shauna McNally,10,EKSC
18	1:12.54	YOUTHDEC	Laura Henderson,10,TAT
19	1:12.59	HWACOCT	Julie Norris,10,KWY
20	1:12.81	ONAANOV	Jocelin Desjardins,10,EYSC

400 METRES FREESTYLE (5:50.00 cut-off)

1	5:08.10	MUSACFEB	Julie Cocks,10,TRENT
2	5:13.57	YOUTHDEC	Pamela Tung,10,NEW
3	5:14.61	PCSCDEC	Tara Sloan,10,PCSC
4	5:21.51	YOUTHDEC	Julia Berglund,10,HWAC
5	5:22.62	RODJAN	Shauna McNally,10,EKSC
6	5:24.20	RODJAN	Stephanie Hilderman,10,KSC
7	5:25.59	MACJAN	Laura Henderson,10,TAT
8	5:28.67	MACJAN	Julie Norris,10,KWY
9	5:30.29	YOUTHDEC	Carmen Barnett,10,MAC
10	5:31.40	PEPSIJAN	Erin Dermody,10,HWAC
11	5:31.55	PEPSIJAN	Joanna Mazzucco,10,PEPSI
12	5:33.40	KSCFEB	Alison Cowan,10,GOLD
13	5:34.52	KMSCNOV	Lindsay Eby,10,PN
14	5:36.28	RODJAN	Janay Hamilton,10,LASC
15	5:37.20	LEDUCJAN	Jolie Pun,10,STSC
16	5:39.39	ROWJAN	Sandra Gray,10,BOSC
17	5:40.01	YOUTHDEC	Conor Snelson,10,TOMAC
18	5:44.31	MACJAN	Suzanne Brodeur,10,NYAC
19	5:46.45	YOUTHDEC	Angela Vacchino,10,TMSC
20	5:47.78	MACJAN	Linda Wyles,10,NYAC

100 METRES BACKSTROKE (1:27.00 cut-off)

1	1:16.82	YOUTHDEC	Pamela Tung,10,NEW
2	1:18.50	TRENTDEC	Julie Cocks,10,TRENT
3	1:19.35	YOUTHDEC	Julie Norris,10,KWY
4	1:20.60	KSCFEB	Colleen Nuc,10,OSC
5	1:21.36	KSCFEB	Stephanie Hilderman,10,KSC
6	1:21.45	YOUTHDEC	Carmen Barnett,10,MAC
7	1:21.85	CASCOCT	Sarah Stansbury,10,AIR
8	1:22.03	PCSCDEC	Kelly Meaney,10,CAC
9	1:22.27	KSCFEB	Janay Hamilton,10,LASC
10	1:22.49	ONANOV	Dawn Hendrickson,10,NKB
11	1:22.60	ONAANOV	Laura Henderson,10,TAT
12	1:22.75	MANTADEC	Amy Dodd,10,MJKFF
13	1:22.87	BRANTNOV	Christina Calfacacos,10,PCSC
14	1:22.94	ONAANOV	Jennifer Perugini,10,SSMAC
15	1:23.20	YOUTHDEC	Erin Dermody,10,HWAC
16	1:23.43	KSCFEB	Allison McKay,10,OSC
17	1:23.56	PCSCDEC	Janice Tijssen,10,PCSC
18	1:23.87	WAVEJAN	Andree-A. Leroy,10,MANTA
19	1:23.88	MACJAN	Suzanne Brodeur,10,NYAC
20	1:24.06	KMSCNOV	Lindsay Eby,10,PN

100 METRES BREASTSTROKE (1:37.00 cut-off)

1	1:23.67	ONANOV	Heather Lee,10,USC
2	1:24.50	CAMODEC	Laurie Green,10,NEWS
3	1:25.37	ONANOV	Pamela Tung,10,NEW
4	1:25.89	ONAANOV	Anna Thwaits,10,MYK
5	1:26.32	PEPSIJAN	Julia Berglund,10,HWAC
6	1:26.91	PCSCNOV	Genevieve Goulet,10,PCSC
7	1:29.80	LASCNOV	Desiree Fofie,10,UCSC
8	1:29.96	BRANTNOV	Angela Sy,10,MAC
9	1:30.44	KSCFEB	Stephanie Hilderman,10,KSC
10	1:31.40	PCSCDEC	Tara Sloan,10,PCSC
11	1:32.68	PCSCDEC	Melanie Herscovitch,10,PCSC
12	1:32.97	TSUNJAN	Jacqui Rusher,10,IS
13	1:33.02	TSUNJAN	R. Ferguson,10,RAYS
14	1:33.30	ONAANOV	Kristy Miller,10,KWY
15	1:33.56	EYSCJAN	Jocelin Desjardins,10,EYSC
16	1:33.63	CVACJAN	Kate Gregg,9,FAST
17	1:34.25	KMSCNOV	Lindsay Eby,10,PN
18	1:34.54	ONAANOV	Paula Borrelli,10,SSMAC
19	1:34.65	KSCFEB	Kelli Smith,10,UCSC
20	1:35.03	MACJAN	Crystal Norville,10,YORK

100 METRES BUTTERFLY (1:27.00 cut-off)

1	1:15.14	ONANOV	Pamela Tung,10,NEW
2	1:16.66	MUSACFEB	Julie Cocks,10,TRENT
3	1:19.82	ONAANOV	Julie Norris,10,KWY
4	1:20.11	ONANOV	Heather Norris,10,COBRA
5	1:20.40	BRANTNOV	Carmen Barnett,10,MAC
6	1:21.18	KSCFEB	Jolie Pun,10,STSC
7	1:21.62	PCSCDEC	Janice Tijssen,10,PCSC
8	1:22.57	LASCNOV	Sarah Stansbury,10,AIR
9	1:22.84	PEPSIJAN	Joanna Mazzucco,10,PEPSI
10	1:22.85	ONAANOV	Laura Henderson,10,TAT
11	1:22.97	LASCNOV	Amy Lomas,10,LASC
12	1:23.20	YOUTHDEC	Heather Lee,10,USC
13	1:23.30	MACJAN	Carolyn McNeill,9,MAC
14	1:23.40	KSCFEB	Tracy Archer,10,ROD
15	1:23.62	BRANTNOV	Angela Sy,10,MAC
16	1:24.08	ONAANOV	Sandra Gray,10,BOSC
17	1:24.63	ONANOV	Jennifer Brankovsky,10,SCAR
18	1:24.76	RODJAN	Stephanie Hilderman,10,KSC
19	1:25.29	BRANTNOV	Christina Calfacacos,10,PCSC
20	1:25.35	HYACKJAN	Julie Unrau,10,SKSC

200 METRES IND.MEDLEY (3:00.00 cut-off)

1	2:43.13	ONANOV	Pamela Tung,10,NEW
2	2:45.79	ONANOV	Heather Lee,10,USC
3	2:49.51	PEPSIJAN	Julia Berglund,10,HWAC
4	2:49.60	PEPSIJAN	Julie Cocks,10,TRENT
5	2:52.24	RODJAN	Stephanie Hilderman,10,KSC
6	2:53.09	YOUTHDEC	Julie Norris,10,KWY
7	2:54.40	BRANTNOV	Angela Sy,10,MAC
8	2:54.67	ONAANOV	Anna Thwaits,10,MYK
9	2:54.99	PCSCDEC	Tara Sloan,10,PCSC
10	2:55.48	ONAANOV	Sandra Gray,10,BOSC
11	2:57.03	YOUTHDEC	Carmen Barnett,10,MAC
12	2:57.35	PEPSIJAN	Joanna Mazzucco,10,PEPSI
13	2:58.18	PCSCDEC	Kelly Meaney,10,CAC
14	2:58.67	RODJAN	Shauna McNally,10,EKSC

BACKWASH

Backwash features short clips, gossip, letters and opinion. Contributions are welcomed. ***Now for the rumours behind the news.***

Three billion bureaucrats can't be wrong. (Can they?). Let us hope that Beijing *never* gets the Olympic Games or at least not the year 2000 Games. The pollution alone should be reason enough to boycott any Games held there.

Last year a famous American track & field gold medallist, who was giving a clinic in Beijing, refused to do anything harder than a light jog because of the pollution that engulfs the city.

The Chinese sports federation, despite being rabidly enthusiastic, have very little practical experience at running major events, let alone an Olympics. Case in point is the recent World Cup where start lists were only given out *after* the races had ended.

The Swedish team coach was so incensed with the handling of the meet that he declared; *"If Beijing gets the Olympics, I QUIT!"*

But who signs the first autograph? Rumour has it that 200 backstroke Olympic gold medallist, Martin Lopez-Zubero, is so taken by multi media maven, Madonna, that *his* agent is arranging with *her* agent for the two to meet.

Coaching Alert. Feel like you're getting stale? Want some new ideas? Then why not subscribe to one of the most provocative training publications available; Running *Research News.*
This pithy newsletter's pages are packed with pearls on physiology and training. Even though the focus is running, much of the information can be transferred to swimming.

For more information write:

Running Research News, POB 27041 Lansing, Mich., USA 48909

Gives new meaning to grab start. Good swimmers learn to ignore everything except what is happening in their lane. But what about the poor age grouper at a recent Ontario meet whose block toppled over.

One observer told us; *"The Canadian start was instituted to help swimmers learn to 'hold their marks'. This boy held on until the block stopped moving. His first reaction was to look at the referee and make sure he wasn't D.Q'ed for re-introducing motion."*

Why do the words 'snake oil' come to mind? After weathering another barrage of drug use accusations, the Chinese swim team has finally deemed to reveal their "top secret" training enhancers to the world. The swimmers told a Hong Kong newspaper that they have a "secret" electric Chinese invention that stimulates the muscles in their legs. Okay.....ahem... er...No comment.

The better way. Here's a small problem we're still trying to decipher. Maybe one of you math brainiacs can help us. If a plane loaded with swimmers leaves for Beijing from Shanghai at 7 am and a train leaves at 3 pm that afternoon, who will arrive first? (hint the train trip takes 18 hours)

In the normal world of math it you'd give the nod to the three hour plane trip. You'd think, eh?

It seems that after waking up at 5 in the morning to catch their 7 am flight to Beijing for the second leg of the World Cup the swimmers and coaches spent the next six hours sitting on the tarmac waiting. When the flight was finally cleared they took off, but were forced to circle Beijing for another hour and then turned back to Shanghai.

They finally dragged in to Beijing the next day late in the afternoon.

But for an 'S'. And speaking of confusing plane travel, let's have a minute's silence for poor Anita Lee of the Pacific Dolphin SA. Miz Lee, who is attending school in Texas, booked a flight to Saint John, New Brunswick from Dallas. She even, wisely, informed the travel agent not to confuse it with the Newfoundland city of *almost* the same name (See where this is leading yet?).

Her first clue that all was not right was when she tried to phone the hotel where the team was staying, but the call wouldn't connect. Tired of waiting she figured she would take a taxi to the hotel and asked where the Howard Johnson hotel was. *"Howard Johnson? Why that would be in New Brunswick."*

Fortunately Air Canada informed her that, *"It happens all the time"*, and loaded Lee on the right plane heading south.

Build it and they will come. Which southern Ontario university has just hired two new coaches to beef up its swim program? Why it's none other than the home of Canada's top agriculture college and birthplace of the *Women's Right to go Topless League*, the University of Guelph.

Rumour has it that the UniGoo is hiring on Kevin Auger and Olympic gold medallist Anne Ottenbrite to help with the university team. Fitting way to inaugurate their brand new 25 metre pool.

Can Sport Canada buy their children? It's true that the best lessons are learned by example. When Olympian Vlastimil Cerny decided to come out of retirement and continue swimming no one was more impressed than his wife Theresa Worton-Cerny.

Worton figured that if a 29 year old hockey player/swimmer can still make waves in the pool, maybe she could follow her dream, so she started running.

After only a few months of training and one race she qualified for the track and field nationals in the 200 metres. Her second race of her career placed her 12th at that meet. The crystal ball predicts that both Cerny and Worton will be at the 1994 Commonwealth Games.

What a town. If it's not the GST, it's a shotgun. This column is becoming more like crime beat every day. Never let it be said that swim coaches can't sniff out trouble. Our latest hero is Mike Gurgol the coach of North York AC.

While trying to pay for gas in Ottawa he noticed that the man behind him has mistaken the gas bar for a banking machine and was trying to withdraw cash with his own form of a banking card; the shotgun.

Not wanting to get caught in the crossfire. Gurgol slipped out the door, jumped into his van full of swimmers (none of whom noticed anything unusual) and alerted the police.

Is that the sound of champagne corks or wailing we hear across the nation? It seems that *Backwash's* numero uno sleuth has been deported to Hong Kong for an indefinite stay.

Our spy is trying to claim refugee status there on the grounds of an *"inherent and fundamental inability to weather another Toronto winter."*

Remember...It's not true until it has been officially denied.

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Luc Daigneault
Tel: (416) 858-7849

HEAD COACH WANTED

Killarney Swim Club, Calgary, Alberta, is seeking a Head Coach effective September 1993.

The club has 90+ swimmers from beginner to Youth National levels. This is a full time position and the suitable applicant must be energetic and motivated towards excellence in swimming with a strong technical background.

Duties will include instruction and supervision of all coaching staff and programs.

Resume detailing related experience and qualifications as well as salary expectations should be forwarded to:

Mr.Brian Beatty, President
Killarney Swim Club
7 Sienna Hills Place SW
Calgary, AB, T3H 2W1
Tel: (403) 249-7796

Deadline for submission: Apr.15,1993

HEAD COACH

Head Coach required by the Owen Sound Aquatic Club.

This is a full-time position, commencing Sep.1, 1993. Level 3 NCCP Certification preferred.

The club has 75-90 swimmers.

Send resume to:
OSAC, Box 661
Owen Sound, ON,
M4K 5R4

8-NATION YOUTH TEAM

ONTARIO SWIMMERS DOMINATE YOUTH SELECTION WITH 15 SPOTS

24 swimmers were selected for the 8-Nation Youth Team, to compete in Germany, during April 1993. Selection was off Winter Nationals, Saint John, NB Feb.24-27.

GIRLS (born 1978 or later)
Willa Bostock,14, NYAC
Marsha Clouthier,15,USC
Alicia Cowan,14,EYSC
Ashleigh Crowder,14,WISC
Elaine Duranceau,13,PCSC
Melissa Knox,14,PDSA
Laura Lee,14,USC
Karine Legault,14,CASE
Robyn Miller,14,COBRA
Laura Nicholls,14,ROW
Lisa Parwicki,14,COBRA
Liz Warden,15,SCAR

BOYS (born 1976 or later)
Jimmy Cho,16, HYACK
Adrian Costello,17,NEWS
Kris Fisher,16,MAC
Sebastian Georgescu,17,YORK
Bob Hayes,16,SCAR
Michael McWha,15,WAC
Avi Mednick,16,NYAC
Adam Peacey,16,GO
Chris Renaud,16,UCSC
Mark Ritcey,16,HTAC
Daryl Shannon,17,SPART
Doug Wake,15,ROD

STAFF
Team Manager: Christa Brueggerman
Head Coach and two assistants: To be confirmed

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TOP AGE GROUP TIMES

1993 SHORT COURSE TAG®

Rankings for the period (results received) Oct.1 to **March 5** , 1993
TAG is financially supported by Swimming Canada. Rankings compiled by SWIM Magazine. Software by Advantage Software.

GIRLS 11-12

50 METRES FREESTYLE
Rec: 26.34 *L.Melien,AAC,85*
28.24 YOUTHDEC Michelle Cruz,12,ACE
28.75 YOUTHDEC Jenny Scott,12,EKSC
28.80 YOUTHDEC Allison Dunlop,12,WISC
28.84 TSUNJAN Meredith Handysides,12,IS
28.95 TOMACOCT Michelle Lee,12,COBRA
28.95 ONANOV Lindsay Griffin,12,COBRA
29.06 GOLDNOV Kelly Doody,12,CASC
29.14 MACJAN Tanya Barudzija,12,MAC
29.17 LASCNOV Monica Fofie,12,UCSC
29.31 YOUTHDEC Katie Mazzucco,12,PEPSI
29.32 YOUTHDEC Jennifer Sweny,12,NKB
29.37 PQCUPJAN Catherine Perron,12,RCA
29.37 KSCFEB Erin Reardon,12,UCSC
29.45 NBAGFEB Jane Gregg,12,FAST
29.47 ONTJAN Sarah Cobbold,12,TOMAC
29.47 NYACJAN Lisa Del Mastro,12,WISC
29.51 RACERDEC Christine Douziech,12,KAJ
29.55 ONAANOV Hilary Lawton,12,KWY
29.59 ONTJAN Alix Pollard,11,TOMAC
29.61 BBSCNOV Debra Hidson,12,MM
29.63 DDOJAN Sany Delagrave,12,CNCB
29.67 YOUTHDEC Tanya Hunks,12,HWAC
29.74 ONANOV Cheryl Cline,12,NEW
29.75 RODJAN Diana Mazurek,12,UCSC
29.87 PCSCDEC Valerie St-Amand,12,HIPPO

100 METRES FREESTYLE
Rec: 57.36 *L.Melien,AAC,85*
1:01.52 YOUTHDEC Michelle Cruz,12,ACE
1:01.73 YOUTHDEC Jenny Scott,12,EKSC
1:02.33 GOLDNOV Kelly Doody,12,CASC
1:02.77 YOUTHDEC Tanya Hunks,12,HWAC
1:02.82 BRANTNOV Elaine Estrada,12,NYAC
1:03.05 TSUNJAN Meredith Handysides,12,IS
1:03.19 SHERDEC Erin Berard,12,CSL
1:03.34 PEPSIJAN Katie Sheridan,12,TRENT
1:03.45 ONANOV Lindsay Griffin,12,COBRA
1:03.48 YOUTHDEC Allison Dunlop,12,WISC
1:03.55 TOMACOCT Michelle Lee,12,COBRA
1:03.91 YOUTHDEC Alix Pollard,11,TOMAC
1:04.00 YOUTHDEC Melissa MacDonald,12,BRANT
1:04.03 PCSCDEC Kate Ingram,12,PCSC
1:04.08 CASCOCT Monica Fofie,12,UCSC
1:04.09 YOUTHDEC Jennifer Sweny,12,NKB
1:04.15 NYACJAN Lisa Del Mastro,12,WISC
1:04.47 NYACJAN Katie Mazzucco,12,PEPSI
1:04.60 RACERDEC Christine Douziech,12,KAJ
1:04.62 MACJAN Tanya Barudzija,12,MAC
1:04.84 CSQJAN Catherine Perron,12,RCA
1:04.85 MACJAN Jenny Henderson,12,TAT
1:04.97 NBAGFEB Jane Gregg,12,FAST
1:05.00 MANTADEC Megan Lloyd,12,PSW
1:05.14 RODJAN Bekki Seaman,12,ROD

200 METRES FREESTYLE
Rec: 2:05.41 *S.Collins,ROD,90*
2:12.23 YOUTHDEC Michelle Cruz,12,ACE
2:13.53 BRANTNOV Tanya Hunks,12,HWAC
2:13.86 BRANTNOV Elaine Estrada,12,NYAC
2:13.94 EASTFEB Erin Berard,12,CSL
2:14.01 YOUTHDEC Jenny Scott,12,EKSC
2:15.18 GOLDNOV Kelly Doody,12,CASC
2:16.46 PCSCDEC Kate Ingram,12,PCSC
2:16.54 PCSCDEC Stephanie Zarins,12,GO
2:17.50 YOUTHDEC Katie Mazzucco,12,PEPSI
2:17.60 EASTFEB Lisa Del Mastro,12,WISC
2:18.45 YOUTHDEC Melissa MacDonald,12,BRANT
2:18.48 TOMACJAN Alix Pollard,11,TOMAC
2:20.21 PCSCDEC Tara Schulz,12,PCSC
2:20.24 RACERDEC Christine Douziech,12,KAJ
2:20.34 MUSACFEB Katie Sheridan,12,TRENT
2:20.55 ONANOV Lindsay Griffin,12,COBRA
2:20.81 MACJAN Sarah Rodriguez,12,YORK
2:21.20 ONANOV Jennifer Sweny,12,NKB
2:21.23 MACJAN Jenny Henderson,12,TAT
2:21.26 RODJAN Bekki Seaman,12,ROD
2:21.31 PCSCDEC Jane Gregg,12,FAST
2:21.34 EASTFEB Jackie Strahl,12,RHAC
2:21.39 BRANTNOV Andrea Jenkins,12,HWAC
2:21.56 ONANOV Susan Trimble,12,OAK
2:21.58 YOUTHDEC Shelley Babin,12,PEPSI

400 METRES FREESTYLE
Rec: 4:23.93 *S.Shewchuk,PCSC,87*
4:31.72 YOUTHDEC Tanya Hunks,12,HWAC
4:31.96 YOUTHDEC Michelle Cruz,12,ACE
4:37.45 YOUTHDEC Jenny Scott,12,EKSC
4:41.10 BRANTNOV Elaine Estrada,12,NYAC
4:43.59 GOLDNOV Kelly Doody,12,CASC
4:43.94 EASTFEB Stephanie Zarins,12,GO
4:45.32 EASTFEB Erin Berard,12,CSL
4:46.75 PCSCDEC Kate Ingram,12,PCSC
4:48.34 YOUTHDEC Melissa MacDonald,12,BRANT
4:49.69 YOUTHDEC Andrea Jenkins,12,HWAC
4:50.44 ONAANOV Jackie Strahl,12,RHAC
4:50.59 CSQJAN Helene Painchaud,12,EXCEL
4:51.71 ONAANOV Lisa Del Mastro,12,WISC
4:53.52 ONAANOV Jenny Henderson,12,TAT
4:53.66 YOUTHDEC Terri A. Schwager,12,WAC
4:53.90 YOUTHDEC Katie Mazzucco,12,PEPSI
4:54.26 WESTJAN Kathryn McKnight,12,GOLD
4:54.78 YOUTHDEC Sarah Rodriguez,12,YORK
4:55.74 RACERDEC Christine Douziech,12,KAJ
4:56.12 YOUTHDEC Jennifer Sweny,12,NKB
4:56.30 RODJAN Kristen Schneider,11,ROD
4:56.91 TOMACOCT Michelle Lee,12,COBRA
4:57.02 PCSCDEC Tara Schulz,12,PCSC
4:57.34 PQCUPJAN Genevieve Houle,12,CNSH
4:57.47 WDSCFEB Fiona West,12,PSW

800 METRES FREESTYLE
Rec: 8:55.85 *S.Shewchuk,PCSC,87*
9:26.81 YOUTHDEC Tanya Hunks,12,HWAC
9:27.11 YOUTHDEC Michelle Cruz,12,ACE
9:44.19 ONTJAN Stephanie Zarins,12,GO
9:44.76 GOLDNOV Jenny Scott,12,EKSC
9:48.30 GOLDNOV Kelly Doody,12,CASC
9:51.20 ONAANOV Erin Berard,12,CSL
9:52.89 YOUTHDEC Andrea Jenkins,12,HWAC
9:52.98 YOUTHDEC Terri A. Schwager,12,WAC
9:53.95 CSQJAN Helene Painchaud,12,EXCEL
9:58.11 YOUTHDEC Melissa MacDonald,12,BRANT
10:02.86 MANTADEC Kathryn McKnight,12,GOLD
10:04.47 YOUTHDEC Kim Boland,12,HWAC
10:06.31 ONAANOV Lisa Del Mastro,12,WISC
10:08.42 PSWJAN Fiona West,12,PSW
10:09.14 YOUTHDEC Jackie Strahl,12,RHAC
10:09.75 YOUTHDEC Bekki Seaman,12,ROD
10:10.10 ONAANOV Jenny Henderson,12,TAT
10:12.38 GOLDNOV Donna Constable,12,MJKFF
10:13.77 ONANOV Susan Trimble,12,OAK
10:15.60 YOUTHDEC Sarah Rodriguez,12,YORK
10:15.80 YOUTHDEC Karen Kolb,12,STARS
10:17.24 ONAANOV Lindsay Beavers,11,STARS
10:18.34 TOMACFEB Gina Grujic,12,TOMAC
10:22.11 GOLDNOV Brandy Coote,12,GOLD
10:22.41 RODJAN Kristen Schneider,11,ROD

100 METRES BACKSTROKE
Rec: 1:06.23 *L.Melien,AAC,85*
1:09.23 YOUTHDEC Michelle Cruz,12,ACE
1:10.08 EASTFEB Jackie Strahl,12,RHAC
1:10.11 RACERDEC Christine Douziech,12,KAJ
1:10.83 YOUTHDEC Genevieve Houle,11,CNSH
1:11.56 PCSCDEC Tara Schulz,12,PCSC
1:11.60 YOUTHDEC Lisa Del Mastro,12,WISC
1:11.75 YOUTHDEC Katie Mazzucco,12,PEPSI
1:11.95 BRANTNOV Elaine Estrada,12,NYAC
1:12.03 YOUTHDEC Adina Danila,12,HWAC
1:12.48 CASCOCT Kelly Doody,12,CASC
1:12.61 MACJAN Voula Kapralos,12,NYAC
1:12.89 ONTJAN Alix Pollard,11,TOMAC
1:12.98 MUSACFEB Katie Sheridan,12,TRENT
1:13.07 MANTADEC Fiona West,12,PSW
1:13.29 ONANOV Amelie Caron,12,GO
1:13.36 WESTJAN Michelle Stauffer,12,LASC
1:13.40 PQCUPJAN Karine Lefebvre,12,CNCB
1:13.49 YOUTHDEC Shelley Babin,12,PEPSI
1:13.53 RACERDEC Cassie Prost,12,KAC
1:13.66 PQCUPJAN Marie-H. Carrier,12,CNSF
1:13.88 KBMJAN Erin Berard,12,CSL
1:14.03 PCSCDEC Stephanie Zarins,12,GO
1:14.06 RODJAN Kristen Schneider,11,ROD
1:14.21 HWACOCT Tanya Hunks,12,HWAC
1:14.21 HWACOCT Melissa MacDonald,12,BRANT

200 METRES BACKSTROKE
Rec: 2:21.92 *L.Melien,AAC,84*
2:27.17 NYACJAN Michelle Cruz,12,ACE
2:27.23 EASTFEB Jackie Strahl,12,RHAC
2:30.19 EASTFEB Genevieve Houle,12,CNSH
2:30.88 BRANTNOV Elaine Estrada,12,NYAC
2:31.02 YOUTHDEC Voula Kapralos,12,NYAC
2:31.54 GOLDNOV Kelly Doody,12,CASC
2:31.79 RACERDEC Christine Douziech,12,KAJ
2:31.99 NYACJAN Katie Mazzucco,12,PEPSI
2:32.29 EASTFEB Lisa Del Mastro,12,WISC
2:32.60 PCSCDEC Kate Ingram,12,PCSC
2:32.80 ONTJAN Stephanie Zarins,12,GO
2:33.61 YOUTHDEC Karen Kolb,12,STARS
2:33.73 PCSCDEC Tara Schulz,12,PCSC
2:34.07 WDSCFEB Fiona West,12,PSW
2:34.13 WESTJAN Michelle Stauffer,12,LASC
2:34.59 HWACOCT Adina Danila,12,HWAC
2:35.40 SHERDEC Erin Berard,12,CSL
2:35.64 PQCUPJAN Marie-H. Carrier,12,CNSF
2:35.70 PQCUPJAN Karine Lefebvre,12,CNCB
2:36.16 YOUTHDEC Melissa MacDonald,12,BRANT
2:36.32 RODJAN Kristen Schneider,11,ROD
2:36.85 MANTADEC Jenny Scott,12,EKSC
2:36.93 MACJAN Stephanie Brueschke,11,MAC
2:37.22 MUSACFEB Katie Sheridan,12,TRENT
2:37.24 TOMACOCT Michelle Lee,12,COBRA

100 METRES BREASTSTROKE
Rec: 1:10.11 *A.Higson,ESC,85*
1:15.85 SHERDEC Catherine Perron,12,RCA
1:18.24 RACERDEC Danica Wizniuk,12,STSC
1:18.38 ONANOV Adrienne Hafemann,11,ROW
1:18.76 ONANOV Stephanie Zarins,12,GO
1:19.24 ONAANOV Jennifer Jonusaitis,11,SSMAC
1:19.45 MACJAN Tanya Barudzija,12,MAC
1:19.76 ONAANOV Erin Berard,12,CSL
1:19.90 RODJAN Bekki Seaman,12,ROD
1:19.92 BRANTNOV Kerry Cregan,12,PCSC
1:20.33 YOUTHDEC Natasha Jaczek,12,NEW
1:20.38 PCSCDEC Melissa Mulrooney,12,POLAR
1:20.98 CASCOCT Kelly Doody,12,CASC
1:21.05 SHERDEC Catherine Verreault,12,SHER
1:21.14 YOUTHDEC Christie Smith,12,LUSC
1:21.22 SHERDEC Anne-M. Pelletier,12,CNSL
1:21.45 PCSCDEC Marylene Goudreault,12,ELITE
1:21.46 KSCFEB Jennifer Van Camp,12,CTSC
1:21.57 WAVEJAN Jelena Jokic,12,WAVE
1:21.85 MACJAN Jenny Henderson,12,TAT
1:21.90 BRANTNOV Adina Danila,12,HWAC
1:22.10 ONAANOV Hilary Lawton,12,KWY
1:22.28 ONAANOV Allison Dunlop,12,WISC
1:22.35 RODJAN Alison Zwarich,12,UCSC
1:22.43 MMFEB Daniella Garofoli,12,WAVE
1:22.48 CASCOCT Monica Fofie,12,UCSC

200 METRES BREASTSTROKE
Rec: 2:32.10 *A.Higson,ESC,85*
2:45.57 PQCUPJAN Catherine Perron,12,RCA
2:50.21 RACERDEC Danica Wizniuk,12,STSC
2:50.61 ONANOV Stephanie Zarins,12,GO
2:50.82 ONAANOV Erin Berard,12,CSL
2:51.17 ONANOV Adrienne Hafemann,11,ROW
2:51.55 BRANTNOV Kerry Cregan,12,PCSC
2:51.65 WESTJAN Bekki Seaman,12,ROD
2:51.68 ONAANOV Jennifer Jonusaitis,11,SSMAC
2:51.79 YOUTHDEC Adina Danila,12,HWAC
2:51.92 SHERDEC Catherine Verreault,12,SHER
2:52.23 MACJAN Tanya Barudzija,12,MAC
2:53.13 GOLDNOV Kelly Doody,12,CASC
2:53.70 BRANTNOV Jenny Henderson,12,TAT
2:53.76 PCSCDEC Melissa Mulrooney,12,POLAR
2:54.09 MACJAN Natasha Jaczek,12,NEW
2:55.08 PCSCDEC Marylene Goudreault,12,ELITE
2:55.88 MACJAN Allison Dunlop,12,WISC
2:56.41 ONAANOV Hilary Lawton,12,KWY
2:56.52 YOUTHDEC Christie Smith,12,LUSC
2:56.73 MANTADEC Jelena Jokic,12,WAVE
2:57.94 YOUTHDEC Tanya Hunks,12,HWAC
2:58.18 YOUTHDEC Tina Scott,12,HWAC
2:58.62 YOUTHDEC Terri A. Schwager,12,WAC
2:59.79 PCSCDEC Sara Bernard-M,11,PCSC
3:00.00 TOMACOCT Martina Frndova,12,PEPSI

100 METRES BUTTERFLY
Rec: 1:05.24 *A.Barriscale,KMSC,89*
1:09.32 YOUTHDEC Shelley Babin,12,PEPSI
1:09.49 PCSCDEC Kate Ingram,12,PCSC
1:09.67 YOUTHDEC Tanya Hunks,12,HWAC
1:10.41 BRANTNOV Elaine Estrada,12,NYAC
1:10.58 GOLDNOV Kelly Doody,12,CASC
1:10.59 ONANOV Lindsay Griffin,12,COBRA
1:10.85 YOUTHDEC Hilary Lawton,12,KWY
1:12.40 PEPSIOCT Lindsay Crowder,12,WISC
1:12.53 PEPSIOCT Michelle Lee,12,COBRA
1:12.54 KSCFEB Stacey Tetz,11,UCSC
1:12.56 WESTJAN Lindsay Archer,12,ROD
1:12.60 YOUTHDEC Jenny Scott,12,EKSC
1:12.64 MANTADEC Jill Samakese,11,TBT
1:12.65 TOMACOCT Sarah Balbaa,12,COBRA
1:12.67 BRANTNOV Kim Boland,12,HWAC
1:12.85 MACJAN Jenny Henderson,12,TAT
1:12.89 PCSCDEC Stephanie Zarins,12,GO
1:12.95 YOUTHDEC Joanne Clissold,12,EBSC
1:13.03 YOUTHDEC Christina Kubacki,11,TOMAC
1:13.03 MACJAN Tanya Barudzija,12,MAC
1:13.15 NBAGFEB Jane Gregg,12,FAST
1:13.17 VICOJAN Kelly Rolston,11,IS
1:13.20 HWACOCT Adina Danila,12,HWAC
1:13.24 HWACOCT Emma Callaghan,12,BOSS
1:13.31 YOUTHDEC Jennifer Sweny,12,NKB

200 METRES BUTTERFLY
Rec: 2:18.09 *M.Coulombe,CNMN,78*
2:32.57 BRANTNOV Tanya Hunks,12,HWAC
2:32.69 BRANTNOV Kate Ingram,12,PCSC
2:35.94 WESTJAN Lindsay Archer,12,ROD
2:36.14 VICOJAN Kelly Rolston,11,IS
2:36.99 MACJAN Jenny Henderson,12,TAT
2:37.23 YOUTHDEC Kim Boland,12,HWAC
2:38.31 PCSCDEC Stephanie Zarins,12,GO
2:38.36 ONTJAN Christina Kubacki,11,TOMAC
2:38.84 MACJAN Joanne Clissold,12,EBSC
2:39.26 YOUTHDEC Shelley Babin,12,PEPSI
2:39.50 TOMACJAN Gina Grujic,12,TOMAC
2:39.81 MANTADEC Jill Samakese,11,TBT
2:40.19 YOUTHDEC Jennifer Sweny,12,NKB
2:40.22 MANTADEC Jenny Scott,12,EKSC
2:40.92 KSCFEB Corissa Reid,11,LASC
2:41.53 CASCOCT Kelly Doody,12,CASC
2:41.88 HWACOCT Emma Callaghan,12,BOSS
2:41.88 ONANOV Lindsay Griffin,12,COBRA
2:42.15 RODJAN Stacey Tetz,11,UCSC
2:42.40 RODJAN Melissa MacDonald,12,BRANT
2:42.70 ONAANOV Hilary Lawton,12,KWY
2:43.74 CVACJAN Jane Gregg,12,FAST
2:43.74 MUSACFEB Eleni Boudouris,12,MYK
2:44.05 RACERDEC Jessica Deglau,12,PDSA
2:44.11 TOMACOCT Sarah Balbaa,12,COBRA

200 METRES IND.MEDLEY
Rec: 2:19.25 *A.Higson,ESC,85*
2:30.87 BRANTNOV Elaine Estrada,12,NYAC
2:30.93 BRANTNOV Tanya Hunks,12,HWAC
2:31.24 GOLDNOV Kelly Doody,12,CASC
2:32.31 DDOJAN Leila Skalli,11,CAMO
2:32.40 EASTFEB Erin Berard,12,CSL
2:33.65 YOUTHDEC Katie Mazzucco,12,PEPSI
2:34.09 PCSCDEC Stephanie Zarins,12,GO
2:34.59 BRANTNOV Jenny Henderson,12,TAT
2:34.74 PQCUPJAN Catherine Perron,12,RCA
2:35.34 BRANTNOV Michelle Cruz,12,ACE
2:35.63 BRANTNOV Adina Danila,12,HWAC
2:36.08 MANTADEC Jenny Scott,12,EKSC
2:36.31 MACJAN Hilary Lawton,12,KWY
2:36.37 ONTJAN Jackie Strahl,12,RHAC
2:36.57 BRANTNOV Kate Ingram,12,PCSC
2:36.59 BRANTNOV Melissa MacDonald,12,BRANT
2:37.02 YOUTHDEC Allison Dunlop,12,WISC
2:37.92 PEPSIOCT Michelle Lee,12,COBRA
2:38.19 ROWFEB Adrienne Hafemann,12,ROW
2:38.55 YOUTHDEC Bekki Seaman,12,ROD
2:38.85 YOUTHDEC Genevieve Houle,11,CNSH
2:39.21 NYACJAN Lisa Del Mastro,12,WISC
2:39.25 PCSCNOV Kerry Cregan,12,PCSC
2:39.27 PEPSIFEB Ivanka Koulik,12,YORK
2:39.33 TOMACOCT Sarah Balbaa,12,COBRA

400 METRES IND.MEDLEY
Rec: 4:55.03 *A.Higson,ESC,85*
5:16.73 BRANTNOV Tanya Hunks,12,HWAC
5:19.00 GOLDNOV Kelly Doody,12,CASC
5:19.49 BRANTNOV Elaine Estrada,12,NYAC
5:20.14 ONTJAN Stephanie Zarins,12,GO
5:20.26 BRANTNOV Jenny Henderson,12,TAT
5:24.91 BRANTNOV Adina Danila,12,HWAC
5:25.86 SHERDEC Erin Berard,12,CSL
5:26.54 PCSCDEC Kate Ingram,12,PCSC
5:27.58 YOUTHDEC Melissa MacDonald,12,BRANT
5:27.65 ONAANOV Jackie Strahl,12,RHAC
5:28.14 CSQJAN Catherine Perron,12,RCA
5:30.20 MANTADEC Jenny Scott,12,EKSC
5:32.53 CSQJAN Helene Painchaud,12,EXCEL
5:33.19 YOUTHDEC Michelle Cruz,12,ACE
5:33.90 YOUTHDEC Genevieve Houle,11,CNSH
5:34.24 YOUTHDEC Jennifer Sweny,12,NKB
5:36.18 GMACJAN Adrienne Hafemann,12,ROW
5:36.33 YOUTHDEC Bekki Seaman,12,ROD
5:36.41 CVACJAN Jane Gregg,12,FAST
5:37.47 VICOJAN Kelly Rolston,11,IS
5:38.59 YOUTHDEC Hilary Lawton,12,KWY
5:39.23 YOUTHDEC Julie Campbell,11,HWAC
5:39.46 YOUTHDEC Voula Kapralos,12,NYAC
5:39.78 MUSACFEB Eleni Boudouris,12,MYK
5:41.84 YOUTHDEC Terri A. Schwager,12,WAC

4X50 M MEDLEY RELAY
Rec: 2:08.39 *Etobicoke Pepsi,EPS,91*
2:14.81 YOUTHDEC Whitby Iroquois SC,WISC
2:14.87 YOUTHDEC Pepsi Swimming,PEPSI
2:14.98 BRANTNOV Pointe Claire SC,PCSC
2:15.56 TOMACOCT City of Brampton AC,COBRA
2:16.58 BRANTNOV Hamilt-Wentworth AC,HWAC
2:17.35 LASCNOV Univ.Calgary SC,UCSC
2:17.57 RACERDEC Pacific Dolphin SA,PDSA
2:17.60 MACJAN Markham AC,MAC
2:17.71 YOUTHDEC Mississauga AC,TOMAC
2:18.95 HYACKJAN Hyack Swim Club,HYACK
2:19.11 YOUTHDEC Newmarket SC,NEW
2:20.15 GOLDNOV Saskatoon Goldfins,GOLD
2:20.62 ONAANOV Cornwall Sea Lions,CSL
2:20.80 GOLDNOV Regina Opt.Dolphins,ROD
2:21.34 RACERDEC Island Swimming,IS
2:21.70 PCSCDEC Hippocame St-Hubert,HIPPO
2:21.96 MANTADEC Edmonton Keyano,EKSC
2:22.06 GOLDNOV Cascade Swim Club,CASC
2:22.11 LASCNOV Lethbndge ASC,LASC
2:22.67 ONAANOV Tillsonburg AT,TAT
2:23.14 ONANOV Region of Waterloo,ROW
2:23.14 ONANOV Gloucester-Ottawa Kingfish,GO
2:23.14 PCSCDEC CN Beauport,CNCB
2:23.35 WAVEJAN Winnipeg Wave,WAVE
2:23.43 ONANOV Nepean Kanata,NKB

4X50 M FREE RELAY
Rec: 1:53.45 *Regina Opt.Dolphins,ROD,90*
1:58.69 COBRAOCT City of Brampton AC,COBRA
1:58.96 LASCNOV Airdrie Swim Club,AIR
1:59.51 YOUTHDEC Whitby Iroquois SC,WISC
2:00.62 LASCNOV Univ.Calgary SC,UCSC
2:00.90 YOUTHDEC Pepsi Marlins A,USA
2:01.51 CHARDEC Cap Rouge-St.Augustin,CSQ
2:01.60 PCSCDEC Pointe Claire SC,PCSC
2:01.98 YOUTHDEC Hamilt-Wentworth AC,HWAC
2:02.77 YOUTHDEC Mississauga AC,TOMAC
2:02.81 MACJAN Markham AC,MAC
2:03.15 MANTADEC Saskatoon Goldfins,GOLD
2:03.80 PCSCDEC Hippocame St-Hubert,HIPPO
2:03.99 RACERDEC Island Swimming,IS
2:04.00 BRANTNOV Pepsi Swimming,PEPSI
2:04.13 LASCNOV Lethbridge ASC,LASC
2:04.44 MANTADEC Edmonton Keyano,EKSC
2:04.59 RODJAN Regina Opt.Dolphins,ROD
2:04.74 HYACKJAN Pacific Dolphin SA,PDSA
2:04.78 SHERDEC Cornwall Sea Lions,CSL
2:04.81 MANTADEC Pacific Seawolves,PSW
2:04.95 YOUTHDEC Newmarket SC,NEW
2:05.27 CSQJAN Charlesb-Loretteville,EXCEL
2:05.63 PEPSIFEB York Swim Club,YORK
2:05.98 PCSCDEC Gloucester-Ottawa Kingfish,GO
2:06.05 BRANTNOV North York AC,NYAC

TOP AGE GROUP TIMES

1993 SHORT COURSE TAG®

BOYS 11-12

50 METRES FREESTYLE
Rec: 25.43 B.Creelman,TOMAC,83/G.Pulle,MAC,91
25.66 ONTJAN John M. Mills,12,GO
27.42 MANTADEC Ryan Acaster,12,BKSC
27.56 8RANTNOV Cory Bardossy,12,HWAC
27.70 RACERDEC Stephen Wong,12,RACER
27.99 RODJAN Kwasi Boadi,12,UCSC
28.12 YOUTHDEC Bryan Faubert,12,OAK
28.15 BRANTNOV Eric Gabsch,12,TOMAC
28.19 ONANOV Adam Nicholson,11,GMAC
28.19 CSQJAN Gary Monaghan,12,CSQ
28.25 PCSCDEC Jason Riendeau,12,PCSC
28.30 MANTADEC Robert Novak,12,WAVE
28.31 WDSCFEB Warren Taylor,12,PSW
28.36 KBMJAN Jay McKechnie,12,EBSC
28.40 YOUTHDEC David Schulze,12,BTSC
28.45 YOUTHDEC Richard Bauer,12,BRANT
28.45 CVACJAN Graham Cox,12,FAST
28.50 KSCFEB Miki Martinovic,12,UCSC
28.51 ONANOV Sean Flanagan,12,SCAR
28.53 WDSCFEB George Loukidis,12,PDSA
28.54 YOUTHDEC Mitchell Reid,12,TMSC
28.62 LASCNOV Trent Smith,12,RACE
28.66 8BFOCT Nicolas Jorgensen,12,PCSC
28.66 MUSACFE8 Mark Shivers,12,CATS
28.67 NYACJAN Andrew Kwa,12,RHAC
28.72 YOUTHDEC David Kimmerly,12,CYPS

100 METRES FREESTYLE
Rec: 55.99 B.Creelman,TOMAC,83
57.98 ONTJAN John M. Mills,12,GO
59.80 SLNOV Yannick Lupien,12,CAGRA
1:00.35 YOUTHDEC Cory Bardossy,12,HWAC
1:00.88 CSQJAN Gary Monaghan,12,CSQ
1:00.94 YOUTHDEC 8ryan Faubert,12,OAK
1:00.97 CVACJAN Graham Cox,12,FAST
1:01.04 MANTADEC Oliver Leroy,12,MANTA
1:01.10 HWACOCT Michael Ragona,12,HWAC
1:01.55 NYACJAN Thomas Zochowski,12,NYAC
1:01.87 HYACKJAN Stephen Wong,12,RACER
1:01.90 MANTADEC Ryan Acaster,12,BKSC
1:02.21 YOUTHDEC Eric Gabsch,12,TOMAC
1:02.26 KSCFE8 Miki Martinovic,12,UCSC
1:02.34 YOUTHDEC Mitchell Reid,12,TMSC
1:02.34 KSCFEB Kwasi Boadi,12,UCSC
1:02.47 MACJAN Adam Nicholson,12,GMAC
1:02.53 WDSCFE8 Neil Evans,12,SPART
1:02.53 NEOROCT Stephane Doire,12,TMSC
1:02.56 MMFEB Muga Miyakawa,12,MANTA
1:02.74 ONANOV Jay McKechnie,12,EBSC
1:02.86 YOUTHDEC David Schulze,12,BTSC
1:02.92 PCSCDEC Jason Riendeau,12,PCSC
1:02.93 NYACJAN Andrew Kwa,12,RHAC
1:02.98 WAVEJAN Robert Novak,12,WAVE
1:03.10 PEPSIOCT 8rian Han,12,PEPSI

200 METRES FREESTYLE
Rec: 2:01.59 D.Wake,YLSC,90
2:10.84 YOUTHDEC Cory Bardossy,12,HWAC
2:11.45 PCSCDEC John M. Mills,12,GO
2:11.56 SLNOV Yannick Lupien,12,CAGRA
2:12.29 PEPSIJAN Eric Gabsch,12,TOMAC
2:12.74 CSQJAN Gary Monaghan,12,CSQ
2:12.88 PCSCNOV Mark Wyjad,12,PCSC
2:12.99 NBAGFEB Graham Cox,12,FAST
2:13.67 MANTADEC Trent Smith,12,RACE
2:13.96 MANTADEC Oliver Leroy,12,MANTA
2:14.62 HWACOCT Michael Ragona,12,HWAC
2:15.27 YOUTHDEC Keith 8arrett,11,HWAC
2:15.37 CSQJAN Jean-F. Martel,12,PLUS
2:15.39 YOUTHDEC Bryan Faubert,12,OAK
2:15.84 KSCFEB Ryan Acaster,12,UNATT
2:16.16 NYACJAN Thomas Zochowski,12,NYAC
2:16.18 KSCFE8 Ryan Keesey,12,GOLD
2:16.46 ONAANOV Marc-P. Piche,12,BOSC
2:16.57 ONAANOV Mitchell Reid,12,TMSC
2:16.70 MANTADEC Muga Miyakawa,12,MANTA
2:16.95 RODJAN Riley Janes,12,GOLD
2:17.03 PCSCDEC Jason Riendeau,12,PCSC
2:17.04 PEPSIOCT Glen Steacy,12,LAC
2:17.17 KSCFEB Miki Martinovic,12,UCSC
2:17.50 PEPSIOCT Brian Han,12,PEPSI
2:17.58 MACJAN Joey Stewart,11,KWY

400 METRES FREESTYLE
Rec: 4:18.52 J.White,LAC,90
4:31.92 YOUTHDEC Cory Bardossy,12,HWAC
4:32.43 SHERDEC Yannick Lupien,12,CAGRA
4:32.89 ONAANOV Stephane Doire,12,TMSC
4:38.53 PCSCDEC Graham Cox,12,FAST
4:42.19 PEPSIJAN Eric Gabsch,12,TOMAC
4:43.08 RODJAN Riley Janes,12,GOLD
4:43.69 RODJAN Oliver Leroy,12,MANTA
4:44.09 BRANTNOV Glen Steacy,12,LAC
4:44.93 YOUTHDEC Keith Barrett,11,HWAC
4:45.58 PCSCDEC John M. Mills,12,GO
4:45.68 CSQJAN Jean-F. Martel,12,PLUS
4:46.99 KSCFEB Ryan Keesey,12,GOLD
4:47.57 NK8JAN Louis-D. Bonneau,12,DH
4:48.08 YOUTHDEC David Marcy,12,HWAC
4:48.31 YOUTHDEC Marc-P. Piche,12,BOSC
4:50.19 CNCINOV Gary Monaghan,12,CSQ
4:50.26 YOUTHDEC Mason Fraser,12,OAK
4:50.83 MACJAN Jeff Somerville,12,TAT
4:50.84 HYACKJAN Daniel Weckend,12,IS
4:51.20 HYACKJAN George Loukidis,12,PDSA
4:51.90 MANTADEC Trent Smith,12,RACE
4:51.97 RODJAN Paul Armstrong,12,YLSC
4:52.09 LLSCNOV David Schulze,12,BTSC
4:52.97 RACERDEC Jason Hunter,12,IS
4:53.03 NYACJAN Thomas Zochowski,12,NYAC

1500 METRES FREESTYLE
Rec: 16:58.85 J.White,LAC,90
17:39.80 YOUTHDEC Cory Bardossy,12,HWAC
17:55.16 ONAANOV Stephane Doire,12,TMSC
18:21.39 NBAGFEB Graham Cox,12,FAST
18:22.45 YOUTHDEC David Marcy,12,HWAC
18:27.96 YOUTHDEC Eric Gabsch,12,TOMAC
18:42.42 SHERDEC Yannick Lupien,12,CAGRA
18:45.48 LACNOV Glen Steacy,12,LAC
18:55.92 YOUTHDEC Marc-P. Piche,12,BOSC
19:01.99 CSQJAN Gary Monaghan,12,CSQ
19:06.97 TOMACFEB Sean Robinson,12,TOMAC
19:07.26 KSCFEB Jack Sikic,12,RACE
19:07.67 SHERDEC Louis-D. Bonneau,12,DH
19:13.57 MANTADEC Oliver Leroy,12,MANTA
19:15.14 SHERDEC Jean-F. Martel,12,PLUS
19:15.77 MANTADEC Muga Miyakawa,12,MANTA
19:16.45 TSUNJAN Daniel Weckend,12,IS
19:17.70 YOUTHDEC Noah Miller,12,ROD
19:19.02 EASTFEB John M. Mills,12,GO
19:19.88 RODJAN Robbie Cowan,12,GOLD
19:21.75 ONANOV Brett Clouthier,11,USC
19:21.84 MANTADEC Dallas Dyson,12,OSC
19:26.26 MANTADEC Paul Armstrong,12,GOLD
19:26.27 YOUTHDEC 8randon Robinson,12,HWAC
19:26.49 MANTADEC Curtis Heffernan,12,GOLD
19:26.77 HYACKJAN Tyler Petrusic,12,SKSC

100 METRES BACKSTROKE
Rec: 1:04.77 M.Henderson,CASC,91
1:05.13 PCSCDEC John M. Mills,12,GO
1:06.46 PCSCDEC Mark Wyjad,12,PCSC
1:08.19 YOUTHDEC Michael Lockett,12,PICK
1:08.56 RODJAN Riley Janes,12,GOLD
1:08.84 YOUTHDEC Marc-P. Piche,12,BOSC
1:09.36 SHERDEC Yannick Lupien,12,CAGRA
1:10.22 YOUTHDEC Cory Bardossy,12,HWAC
1:10.46 ONANOV Mason Fraser,12,OAK
1:10.55 NBAGFEB Graham Cox,12,FAST
1:10.64 K8MJAN Jay McKechnie,12,EBSC
1:10.79 MANTADEC Oliver Leroy,12,MANTA
1:10.92 HWACOCT Michael Ragona,12,HWAC
1:11.10 KSCFEB Kelly Albrecht,12,RDCSC
1:11.20 NYACJAN Andrew Kwa,12,RHAC
1:11.22 CASCOCT Dallas Dyson,12,OSC
1:11.49 RACERDEC Greg 8ate,12,RAYS
1:11.62 PEPSIOCT Brian Han,12,PEPSI
1:12.03 MANTADEC Muga Miyakawa,12,MANTA
1:12.19 NKBNOV22 Louis-D. 8onneau,12,DH
1:12.28 RACERDEC Stephen Wong,12,RACER
1:12.56 8RANTNOV Mike Jotautas,12,CO8RA
1:12.59 SSMACJAN Paul Brunet,12,VEW
1:12.62 YOUTHDEC David Cheung,11,CREST
1:12.71 TSUNJAN Chris Sawbridge,12,IS
1:12.73 8ROCKOCT Eric Yuill,12,TRENT

200 METRES BACKSTROKE
Rec: 2:18.61 Mark Wyjad,PCSC,92
2:18.61 PCSCDEC Mark Wyjad,12,PCSC
2:24.68 WESTJAN Riley Janes,12,GOLD
2:26.98 YOUTHDEC Cory Bardossy,12,HWAC
2:27.96 YOUTHDEC Mason Fraser,12,OAK
2:28.27 SHERDEC Yannick Lupien,12,CAGRA
2:29.11 YOUTHDEC Michael Lockett,12,PICK
2:29.27 HWACOCT Michael Ragona,12,HWAC
2:29.91 RACERDEC Greg Bate,12,RAYS
2:30.04 MANTADEC Oliver Leroy,12,MANTA
2:30.82 YOUTHDEC Marc-P. Piche,12,BOSC
2:31.29 YOUTHDEC Keith Barrett,11,HWAC
2:31.31 PCSCDEC John M. Mills,12,GO
2:31.35 RACERDEC Kelly Albrecht,12,RDCSC
2:31.48 MANTADEC Dallas Dyson,12,OSC
2:31.48 SHERDEC Louis-D. Bonneau,12,DH
2:31.63 MACJAN Stephen Preston,11,NEW
2:32.02 BTSCJAN Paul 8runet,12,VEW
2:32.19 MACJAN Jeff Somerville,12,TAT
2:32.69 PCSCDEC Graham Cox,12,FAST
2:33.01 UCSCJAN Casey Daum,12,UCSC
2:33.23 YOUTHDEC David Cheung,11,CREST
2:33.63 HYACKJAN Roland Bauhart,12,KAJ
2:34.00 VICONOV Todd Quesnel,12,PDSA
2:34.04 NYACJAN Andrew Kwa,12,RHAC
2:34.22 YOUTHDEC Noah Miller,12,ROD

100 METRES BREASTSTROKE
Rec: 1:10.54 M.Mason,ESC,87
1:14.22 YOUTHDEC David Schulze,12,BTSC
1:16.31 RACERDEC Jason Hunter,12,IS
1:16.44 HYACKJAN Tyler Petrusic,12,SKSC
1:16.60 PCSCDEC Nicolas Jorgensen,12,PCSC
1:16.93 NYACJAN John Lim,11,COBRA
1:17.53 PCSCDEC Mark Wyjad,12,PCSC
1:18.04 PCSCDEC Marc-A. Tratch,12,UL
1:18.92 HWACOCT Michael Ragona,12,HWAC
1:19.10 OAKJAN David Cheung,11,CREST
1:19.80 NYACJAN Thomas Zochowski,12,NYAC
1:19.93 YOUTHDEC Richard Bauer,12,BRANT
1:20.32 DDOJAN Eric Chartrand,12,SAMAK
1:20.33 ONANOV Daniel Wells,12,NEW
1:20.44 CSQJAN Gary Monaghan,12,CSQ
1:20.54 DDOJAN Steve Vallieres,12,ELITE
1:20.68 ONAANOV Robbie Berger,12,8OSC
1:20.95 KSCFEB Curtis Heffernan,12,GOLD
1:20.96 PCSCDEC John M. Mills,12,GO
1:21.09 NFLFEB Chris Grimes,12,PSC
1:21.28 WDSCFEB George Loukidis,12,PDSA
1:21.52 SHERDEC Jean-P. Dutil,12,SHER
1:21.60 RACERDEC Neil Evans,12,SPART
1:21.72 BROCKOCT John Green,12,OSHAC
1:21.76 WAVEJAN Robert Novak,12,WAVE
1:21.92 YOUTHDEC Robert Wood,12,OAK

200 METRES BREASTSTROKE
Rec: 2:33.91 M.Mason,ESC,87
2:43.34 YOUTHDEC David Schulze,12,BTSC
2:46.14 RACERDEC Jason Hunter,12,IS
2:47.46 PCSCDEC Mark Wyjad,12,PCSC
2:48.85 NYACJAN Thomas Zochowski,12,NYAC
2:49.62 NFLFE8 Chris Grimes,12,PSC
2:49.96 RACERDEC Tyler Petrusic,12,SKSC
2:49.98 NYACJAN John Lim,11,COBRA
2:50.54 ONANOV Daniel Wells,12,NEW
2:51.13 OAKJAN David Cheung,11,CREST
2:51.26 PCSCDEC Marc-A. Tratch,12,UL
2:52.21 PCSCDEC Gary Monaghan,12,CSQ
2:52.83 PCSCDEC Nicolas Jorgensen,12,PCSC
2:53.68 YOUTHDEC Robert Gouley,12,SSMAC
2:54.55 MACJAN Lee Ooi,12,EBSC
2:55.30 RODJAN Robbie Cowan,12,GOLD
2:55.34 8RANTNOV David Quane,12,PCSC
2:55.44 SHERDEC Jean-P. Dutil,12,SHER
2:55.48 HWACOCT Michael Ragona,12,HWAC
2:55.85 SHERDEC Eric Chartrand,12,SUPER
2:55.94 RACERDEC Neil Evans,12,SPART
2:56.19 PCSCDEC 8rian Pelterin,12,MEGO
2:56.25 RODJAN Tyler Stachowicz,12,WAVE
2:56.57 8CSRJAN George Loukidis,12,PDSA
2:56.92 DDOJAN 8rian Pellerin,12,MEGO
2:57.10 HYACKJAN Jordan Rasmussen,12,PDSA

100 METRES BUTTERFLY
Rec: 1:02.37 D.Chorney,TMSC,91/M.Calkins,IS,91
1:06.41 PCSCDEC John M. Mills,12,GO
1:06.83 PCSCDEC Mark Wyjad,12,PCSC
1:07.48 YOUTHDEC Jay McKechnie,12,EBSC
1:08.94 MANTADEC Trent Smith,12,RACE
1:08.95 YOUTHDEC Eric Gabsch,12,TOMAC
1:09.02 ONAANOV Stephane Doire,12,TMSC
1:09.49 BCSRJAN George Loukidis,12,PDSA
1:10.18 YOUTHDEC Mitchell Reid,12,TMSC
1:10.22 RACERDEC Jason Hunter,12,IS
1:10.35 PEPSIOCT 8rian Han,12,PEPSI
1:10.72 NYACJAN Andrew Kwa,12,RHAC
1:10.74 MANTADEC Ryan Acaster,12,BKSC
1:11.12 HYACKJAN Tyler Weiss,11,SKSC
1:11.14 YOUTHDEC Robert Wood,12,OAK
1:11.47 BROCKOCT Eric Yuill,12,TRENT
1:11.54 HWACOCT Cory Bardossy,12,HWAC
1:11.65 RACERDEC Shawn Johnston,12,PDSA
1:11.95 KSCFE8 Kwasi Boadi,12,UCSC
1:12.22 PCSCDEC Ryan Mallette,12,DDO
1:12.30 YOUTHDEC David Cheung,11,CREST
1:12.45 TSUNJAN Daniel Weckend,12,IS
1:12.68 RACERDEC Kyle Hancock,12,CRKW
1:12.80 NYACJAN John Calnan,12,NYAC
1:12.90 UCSCJAN Casey Daum,12,UCSC
1:13.04 ONANOV Robbie Taylor,12,COBRA

200 METRES BUTTERFLY
Rec: 2:17.46 Andrew Cho,HYACK,91
2:27.08 ONAANOV Stephane Doire,12,TMSC
2:30.47 YOUTHDEC Eric Gabsch,12,TOMAC
2:31.22 YOUTHDEC Jay McKechnie,12,EBSC
2:34.28 8RANTNOV Mark Wyjad,12,PCSC
2:35.00 YOUTHDEC Cory Bardossy,12,HWAC
2:35.06 PCSCDEC Ryan Mallette,12,DDO
2:36.19 RACERDEC Jason Hunter,12,IS
2:36.45 MANTADEC Trent Smith,12,RACE
2:36.72 WDSCFEB Tyler Weiss,11,SKSC
2:37.57 TSUNJAN Daniel Weckend,12,IS
2:39.70 NYACJAN John Calnan,12,NYAC
2:40.03 RODJAN Casey Daum,12,UCSC
2:40.96 MANTADEC Niels Versfeld,11,EKSC
2:40.98 PCSCDEC John M. Mills,12,GO
2:41.55 RACERDEC Chris Sawbridge,12,IS
2:41.78 HYACKJAN George Loukidis,12,PDSA
2:41.85 KSCFEB Jack Sikic,12,RACE
2:42.14 HYACKJAN Shawn Johnston,12,PDSA
2:42.68 KSCFE8 Ryan Keesey,12,GOLD
2:42.93 MACJAN Kasy Soare,11,NYAC
2:43.37 PCSCDEC Timothee DeWailly,12,CSQ
2:44.11 8RANTNOV Glen Steacy,12,LAC
2:44.30 RODJAN Dylan Schiewe,11,EKSC
2:44.36 MANTADEC Ryan Acaster,12,8KSC
2:44.85 HYACKJAN Lee Patterson,11,IS

200 METRES IND.MEDLEY
Rec: 2:17.72 D.Wake,YLSC,90
2:24.93 PCSCNOV Mark Wyjad,12,PCSC
2:27.15 YOUTHDEC David Schulze,12,8TSC
2:27.27 YOUTHDEC Cory Bardossy,12,HWAC
2:29.66 YOUTHDEC Jay McKechnie,12,EBSC
2:30.02 ONANOV John M. Mills,12,GO
2:31.11 YOUTHDEC David Cheung,11,CREST
2:31.66 CAGNOV Yannick Lupien,12,CAGRA
2:32.48 CSQJAN Gary Monaghan,12,CSQ
2:32.71 HWACOCT Michael Ragona,12,HWAC
2:32.83 PEPSIJAN Keith Barrett,11,HWAC
2:32.99 PEPSIJAN Eric Gabsch,12,TOMAC
2:33.39 RODJAN Riley Janes,12,GOLD
2:33.93 MANTADEC Muga Miyakawa,12,MANTA
2:34.17 RACERDEC Jason Hunter,12,IS
2:34.17 RODJAN Oliver Leroy,12,MANTA
2:34.83 VICONOV Greg Bate,12,RAYS
2:35.25 HYACKJAN Tyler Petrusic,12,SKSC
2:35.43 WDSCFE8 George Loukidis,12,PDSA
2:35.61 HYACKJAN Daniel Weckend,12,IS
2:35.69 NYACJAN Thomas Zochowski,12,NYAC
2:36.28 MANTADEC Ryan Keesey,12,GOLD
2:36.32 PCSCDEC Graham Cox,12,FAST
2:36.35 MANTADEC Dallas Dyson,12,OSC
2:36.89 ONAANOV Andrew Kwa,12,RHAC
2:37.06 YOUTHDEC Robert Wood,12,OAK

400 METRES IND.MEDLEY
Rec: 4:52.80 J.White,LAC,90
4:58.89 PCSCDEC Mark Wyjad,12,PCSC
5:12.77 YOUTHDEC Cory Bardossy,12,HWAC
5:13.39 ONAANOV Stephane Doire,12,TMSC
5:15.04 YOUTHDEC David Schulze,12,8TSC
5:22.94 RACERDEC Jason Hunter,12,IS
5:23.06 SHERDEC Yannick Lupien,12,CAGRA
5:25.22 YOUTHDEC Eric Gabsch,12,TOMAC
5:25.34 OAKJAN David Cheung,11,CREST
5:27.34 YOUTHDEC Robert Gouley,12,SSMAC
5:27.80 TSUNJAN Daniel Weckend,12,IS
5:28.39 MANTADEC Riley Janes,12,GOLD
5:29.32 BRANTNOV Richard Bauer,12,8RANT
5:29.33 NYACJAN Thomas Zochowski,12,NYAC
5:29.34 BRANTNOV Glen Steacy,13,LAC
5:29.47 MANTADEC Oliver Leroy,12,MANTA
5:30.12 PCSCDEC Ryan Mallette,12,DDO
5:30.19 MANTADEC Muga Miyakawa,12,MANTA
5:30.26 RODJAN Ryan Keesey,12,GOLD
5:30.61 CSQJAN Jean-F. Martel,12,PLUS
5:31.19 PCSCDEC Graham Cox,12,FAST
5:31.33 BRANTNOV Frederic Savo,12,CAMO
5:32.04 HYACKJAN Tyler Petrusic,12,SKSC
5:32.33 RACERDEC Kelly Albrecht,12,RDCSC
5:32.46 PCSCDEC John M. Mills,12,GO
5:32.59 HYACKJAN George Loukidis,12,PDSA

4X50 M MEDLEY RELAY
Rec: 2:05.03 Mississauga AC,TOMAC,92
2:08.93 PCSCDEC Pointe Claire SC,PCSC
2:13.82 RACERDEC Island Swimming,IS
2:14.48 ONANOV City of 8rampton AC,COBRA
2:14.80 YOUTHDEC Hamilt-Wentworth AC,HWAC
2:15.62 OAKJAN Oakville AC,OAK
2:15.70 YOUTHDEC Newmarket SC,NEW
2:15.86 MANTADEC Saskatoon Goldfins,GOLD
2:15.89 NYACJAN North York AC,NYAC
2:17.01 LASCNOV Univ.Calgary SC,UCSC
2:17.07 YOUTHDEC Bluewater Otters,BOSC
2:17.16 VICONOV Pacific Dolphin SA,PDSA
2:17.24 BROCKOCT Barrie Trojans,8TSC
2:17.24 HYACKJAN Surrey KnightsSC,SKSC
2:17.32 MANTADEC Manta Aquatic Club,MANTA
2:17.80 BRANTNOV 8rantford AC,BRANT
2:18.37 PEPSIFEB Pepsi Swimming,PEPSI
2:19.17 LASCNOV Edmonton Racers,RACE
2:19.65 YOUTHDEC Mississauga AC,TOMAC
2:19.92 CSQJAN Cap Rouge-St.Augustin,CSQ
2:19.94 OAKJAN Crescent Town SC,CREST
2:21.28 WAVEJAN Winnipeg Wave,WAVE
2:21.43 PCSCDEC Dollard Swim Team,DDO
2:21.51 ONANOV Ernestown Barracudas,E8SC
2:22.56 OSCNOV Olympian Swim Club,OSC
2:22.72 YOUTHDEC York Swim Club,YORK

4X50 M FREE RELAY
Rec: 1:51.22 London Aquatic,LAC,88
1:53.80 PCSCDEC Pointe Claire SC,PCSC
1:56.89 MANTADEC Manta Aquatic Club,MANTA
1:57.22 YOUTHDEC Oakville AC,OAK
1:57.67 YOUTHDEC Hamilt-Wentworth AC,HWAC
1:57.68 HYACKJAN Pacific Dolphin SA,PDSA
1:58.69 LASCNOV Univ.Calgary SC,UCSC
1:58.69 YOUTHDEC Mississauga AC,TOMAC
1:59.23 RODJAN Saskatoon Goldfins,GOLD
2:00.65 YOUTHDEC North York AC,NYAC
2:01.63 NYACJAN City of 8rampton AC,COBRA
2:02.76 CSQJAN Cap Rouge-St.Augustin,CSQ
2:03.53 SHERDEC CA Gr.Riv-Aylmer,CAGRA
2:03.65 YOUTHDEC York Swim Club,YORK
2:03.98 HYACKJAN Surrey KnightsSC,SKSC
2:04.00 N8AGFE8 Fredericton Aquanauts,FAST
2:04.06 MANTADEC Edmonton Racers,RACE
2:04.14 CSQJAN Levis-Montmagny,PLUS
2:04.28 TOMACOCT 8luewater Otters,BOSC
2:04.45 MACJAN Newmarket SC,NEW
2:04.46 RACERDEC Island Swimming,IS
2:05.21 SSMACJAN Laurentian Univ.SC,LUSC
2:05.39 OSCNOV Cascade Swim Club,CASC
2:05.52 BRANTNOV Brantford AC,BRANT
2:05.83 WAVEJAN Winnipeg Wave,WAVE
2:06.08 ONANOV Guelph Marlin AC,GMAC

TOP AGE GROUP TIMES

1993 SHORT COURSE TAG®

GIRLS 13-14

50 METRES FREESTYLE
Rec: 26.04 K.Topham,MANTA,88
26.79 ONTJAN Laura Nicholls,14,ROW
27.29 CANFEB Melissa Knox,14,PDSA
27.36 YOUTHDEC Tanya Stachiw,13,PEPSI
27.41 YOUTHOEC Nicole Davey,13,MAC
27.44 CANFEB Lisa Parwicki,14,COBRA
27.50 EASTFEB Stephanie Hughes,14,HTAC
27.52 SHERDEC Magalie Boutin,14,CREPS
27.53 CANFEB Robyn Miller,14,COBRA
27.53 CANFEB Carly Porter,14,COBRA
27.63 WESTJAN Rikki Janes,14,GOLO
27.67 PQCUPJAN Elaine Duranceau,13,PCSC
27.67 UCSCNOV Marsha Hamilton,14,UCSC
27.75 EASTFEB Sophie Malboeuf,13,HIPPO
27.76 ONTJAN Marsha Clouthier,14,USC
27.76 BCSRJAN Kate Brambley,13,IS
27.7B BCSRJAN Donna Wu,14,POSA
27.92 CANFEB Megan Gillis,14,CP
27.93 BBSCNOV Marilyn Chiang,14,TPRR
2B.00 RACERDEC Andrea Moody,14,SPART
2B.01 EASTFEB Meredith Oavis,13,NKB
2B.03 CANFEB Genevieve Cauffope,14,UL
2B.04 HTACJAN Angela MacAlpine,14,CCSC
2B.09 ONTJAN Michelle Lee,14,COBRA
2B.12 YOUTHOEC Julie Kecskemeti,13,HWAC
2B.20 WESTJAN Christa Burgess,14,ROO

100 METRES FREESTYLE
Rec: 56.29 S.Collins,ROD,90
57.44 CANFEB Laura Nicholls,14,ROW
57.7B PQCUPJAN Elaine Duranceau,13,PCSC
5B.67 MANTADEC Robyn Miller,14,COBRA
5B.9B MANTAOEC Carly Porter,14,COBRA
59.37 CANFEB Lisa Parwicki,14,COBRA
59.62 CANFEB Willa Bostock,14,PEPSI
59.75 WESTJAN Marsha Hamilton,14,UCSC
59.B9 BCSRJAN Kate Brambley,13,IS
59.94 BCSRJAN Melissa Knox,14,POSA
1:00.01 EASTFEB Stephanie Hughes,14,HTAC
1:00.04 ONTJAN Tanya Stachiw,13,PEPSI
1:00.04 WESTJAN Rikki Janes,14,GOLD
1:00.05 EASTFEB Angela MacAlpine,14,CCSC
1:00.16 MACJAN Nicole Oavey,13,MAC
1:00.32 MANTAOEC Megan Gillis,13,CP
1:00.37 PEPSIDEC Marsha Clouthier,14,USC
1:00.67 YOUTHDEC Andrea Wright,14,IS
1:00.76 YOUTHDEC Julie Kecskemeti,13,HWAC
1:00.B4 YOUTHOEC Cynthia Graton,14,CSQ
1:00.96 ONTJAN Michelle Lee,14,COBRA
1:01.21 CNCINOV Sophie Simard,14,CNCI
1:01.23 CANFEB Genevieve Cauffope,14,UL
1:01.25 HYACKJAN Kristina Leslie-Spinks,13,LEDUC
1:01.26 SHERDEC Magalie Boutin,14,CREPS
1:01.37 RACERDEC Andrea Moody,14,SPART

200 METRES FREESTYLE
Rec: 2:00.88 J.Kerr,ESC,B3
2:05.62 BCSRJAN Donna Wu,14,POSA
2:06.25 CANFEB Melissa Knox,14,POSA
2:07.52 CANFEB Laura Nicholls,14,ROW
2:07.62 ONTJAN Elizabeth Warden,14,SCAR
2:0B.15 PQCUPJAN Karine Legault,14,CASE
2:0B.66 BBSCNOV Marilyn Chiang,14,TPRR
2:0B.66 CANFEB Elaine Duranceau,13,PCSC
2:0B.72 HYACKJAN Kristina Leslie-Spinks,13,LEDUC
2:09.37 MANTADEC Carly Porter,14,COBRA
2:09.3B EASTFEB Angela MacAlpine,14,CCSC
2:09.50 CANFEB Jenny Scott,13,EKSC
2:09.70 ROOJAN Marsha Clouthier,14,USC
2:10.25 PQCUPJAN Sophie Simard,14,CNCI
2:10.4B VICOJAN Kate Brambley,13,IS
2:10.4B WESTJAN Rikki Janes,14,GOLD
2:10.79 BRANTNOV Angie Hooker,14,LAC
2:11.01 WESTJAN Megan Gillis,14,CP
2:11.0B PEPSIDEC Susan Furs,14,PEPSI
2:11.14 YOUTHOEC Tanya Stachiw,13,PEPSI
2:11.1B PCSCDEC Marie-H. Savo,14,CAMO
2:11.79 ONANOV Christine Cline,14,NEW
2:11.91 ONTJAN Ana Cenanovic,14,TOMAC
2:11.95 ONTJAN Michelle Prosek,14,HWAC
2:12.25 PCSCDEC Amelie Grignon,13,LAVAL
2:12.38 MACJAN Jean Ooi,14,EBSC

400 METRES FREESTYLE
Rec: 4:14.43 E.Purvis,CDSC,B5
4:18.53 CANFEB Melissa Knox,14,PDSA
4:20.80 PQCUPJAN Karine Legault,14,CASE
4:26.38 ONANOV Elizabeth Warden,14,SCAR
4:26.76 EASTFEB Julie Gravelle,13,GO
4:27.72 CANFEB Sophie Simard,14,CNCI
4:29.54 YOUTHOEC Angie Hooker,14,LAC
4:29.55 YOUTHOEC Marsha Clouthier,14,USC
4:31.95 WESTJAN Kristina Leslie-Spinks,13,LEDUC
4:32.63 BCSRJAN Donna Wu,14,POSA
4:33.77 YOUTHDEC Susan Furs,14,PEPSI
4:34.29 EASTFEB Michelle Prosek,14,HWAC
4:34.34 CANFEB Jenny Scott,13,EKSC
4:34.64 PQCUPJAN Elaine Duranceau,13,PCSC
4:35.15 BCSRJAN Kate Brambley,13,IS
4:35.49 RACEROEC Catrin Jones,13,IS
4:35.65 MANTADEC Carly Porter,14,COBRA
4:35.91 YOUTHDEC Shannon Marklew,14,NKB
4:36.69 BRANTNOV Sarah Watson,13,HWAC
4:36.71 BROCKOCT Lesley Oake,14,TRENT
4:36.93 YOUTHOEC Laura Nicholls,14,ROW
4:37.22 BCSRJAN Marlena Prill,14,IS
4:37.97 YOUTHOEC Ana Cenanovic,14,TOMAC
4:3B.09 PQCUPJAN Sophie Emond,14,EXCEL
4:3B.19 RACERDEC Kristine McGraw,13,IS
4:3B.B3 PCSCDEC Amelie Grignon,13,LAVAL

800 METRES FREESTYLE
Rec: B:40.43 E.Purvis,CDSC,B6
B:47.45 CANFEB Melissa Knox,14,POSA
B:54.B2 CANFEB Karine Legault,14,CASE
9:0B.65 YOUTHOEC Elizabeth Warden,14,SCAR
9:08.98 CANFEB Sophie Simard,14,CNCI
9:10.62 EASTFEB Julie Gravelle,13,GO
9:10.B0 CANFEB Jenny Scott,13,EKSC
9:13.13 ONTJAN Michelle Prosek,14,HWAC
9:19.25 CANFEB Jane Axford,14,TOMAC
9:22.14 YOUTHOEC Susan Furs,14,PEPSI
9:22.43 YOUTHDEC Angie Hooker,14,LAC
9:24.57 YOUTHDEC Julie Morgan,14,BRANT
9:25.00 RACEROEC Kristine McGraw,13,IS
9:25.29 MANTAOEC Kiza Francis,13,TBT
9:25.37 HYACKJAN Kate Brambley,13,IS
9:25.49 HYACKJAN Kristina Leslie-Spinks,13,LEDUC
9:26.06 ONTJAN Shannon Marklew,14,NKB
9:27.05 CANFEB Sophie Emond,14,EXCEL
9:27.B7 RACEROEC Catrin Jones,13,IS
9:29.62 RACEROEC Jessica Krajicek,14,POSA
9:32.42 YOUTHOEC Jessica Smith,14,BRANT
9:32.96 ONTJAN Ana Cenanovic,14,TOMAC
9:35.11 YOUTHOEC Laura Nicholls,14,ROW
9:35.57 PCSCOEC Angelina Wood,14,PCSC
9:36.09 YOUTHDEC Elaine Estrada,13,NYAC
9:36.30 ONTJAN Alison Jones,13,SCAR

100 METRES BACKSTROKE
Rec: 1:02.21 S.Weckend,IS,92
1:04.46 PCSCOEC Marie-H. Savo,14,CAMO
1:04.76 YOUTHOEC Lesley Oake,14,TRENT
1:04.76 CANFEB Lisa Parwicki,14,COBRA
1:05.47 ONANOV Elizabeth Warden,14,SCAR
1:05.66 YOUTHDEC Ashleigh Crowder,14,WISC
1:06.21 BBSCNOV Marilyn Chiang,14,TPRR
1:06.76 CANFEB Karina Klein,13,FMSC
1:06.97 YOUTHOEC Renee Oake,14,TRENT
1:07.20 YOUTHOEC Cynthia Graton,14,CSQ
1:07.32 CANFEB Rikki Janes,14,GOLD
1:07.38 PQCUPJAN Emily Orouin,14,CAG
1:07.64 MACJAN Tara Ross,13,NEW
1:07.99 PQCUPJAN Valerie Hadd,14,CNSH
1:0B.03 CANFEB Shannon Marklew,14,NKB
1:0B.16 BRANTNOV Amy Pawson,14,PCSC
1:08.1B EASTFEB Angela MacAlpine,14,CCSC
1:08.37 SHEROEC Marie-H. Tremblay,14,CREPS
1:0B.46 ONANOV Laura Nicholls,14,ROW
1:0B.5B PEPSIOEC Ana Cenanovic,14,TOMAC
1:0B.70 YOUTHOEC Sarah Burke,14,MUSAC
1:08.80 EASTFEB Sue McKay,14,BROCK
1:0B.B9 ONANOV Courtney Hayley,14,GO
1:0B.96 PQCUPJAN Elaine Duranceau,13,PCSC
1:0B.96 BCSRJAN Jill Friend,13,KAJ
1:09.44 ROOOCT Susan Banman,14,ROO

200 METRES BACKSTROKE
Rec: 2:14.36 S.Weckend,IS,92
2:19.13 ONANOV Elizabeth Warden,14,SCAR
2:19.20 MANTADEC Lisa Parwicki,14,COBRA
2:19.2B CANFEB Ashleigh Crowder,14,WISC
2:20.75 YOUTHOEC Lesley Oake,14,TRENT
2:22.01 CANFEB Karina Klein,13,FMSC
2:22.53 PQCUPJAN Valerie Hadd,14,CNSH
2:22.66 YOUTHDEC Renee Oake,14,TRENT
2:23.43 YOUTHDEC Cynthia Graton,14,CSQ
2:23.46 ONANOV Shannon Marklew,14,NKB
2:23.B7 WESTJAN Rikki Janes,14,GOLO
2:24.01 PQCUPJAN Elaine Duranceau,13,PCSC
2:24.18 EASTFEB Sue McKay,14,BROCK
2:24.2B RODJAN Marsha Clouthier,14,USC
2:24.32 PCSCDEC Marie-H. Savo,14,CAMO
2:24.69 BRANTNOV Amy Pawson,14,PCSC
2:25.31 PEPSIOEC Susan Furs,14,PEPSI
2:25.57 ONANOV Tara Ross,13,NEW
2:26.7B YOUTHOEC Ana Cenanovic,14,TOMAC
2:26.B5 SHEROEC Marie-H. Tremblay,14,CREPS
2:27.10 MANTAOEC Kiza Francis,13,TBT
2:27.29 YOUTHDEC Sarah Burke,14,MUSAC
2:27.34 PQCUPJAN Julie Fontaine,14,LAVAL
2:27.36 BCSRJAN Jill Friend,13,KAJ
2:27.60 ONANOV Courtney Hayley,14,GO
2:27.B2 ONANOV Kim Francis,16,TBT

100 METRES BREASTSTROKE
Rec: 1:08.64 A.Higson,ESC,8B
1:10.23 CANFEB Willa Bostock,14,PEPSI
1:13.72 PEPSIDEC Alicia Cowan,14,EYSC
1:15.84 ONTJAN Brandie Smith,13,GMAC
1:16.24 SHERDEC Julie Daudelin,14,ETORY
1:16.24 CANFEB Katie O'Dwyer,14,PEPSI
1:16.50 CANFEB Josee Dubois,14,ETM
1:16.51 ONTJAN Elizabeth Warden,14,SCAR
1:16.53 ONTJAN Alina Toma,14,AAC
1:16.69 MANTAOEC Karin Vancampenhout,14,EKSC
1:16.82 MANTADEC Kristin Keery,14,COBRA
1:16.97 ONANOV Nicole Harper,14,NEW
1:17.13 GOLDNOV Rachelle DeJong,13,ROD
1:17.14 EASTFEB Christina Hajdu,13,RHAC
1:17.70 EASTFEB Sophie Malboeuf,13,HIPPO
1:17.76 YOUTHDEC Christin Petelski,14,IS
1:17.B6 VICONOV Lauren Van Oosten,13,IS
1:17.B9 RODJAN Kristyn Ullberg,13,MANTA
1:17.91 ONANOV Alyson Dalton,14,NEW
1:17.96 EASTFEB Isabelle Guerard,14,CNMN
1:1B.25 SHERDEC Nathalie Bergeron,14,CSQ
1:1B.37 STSCNOV Kim Head,14,NESA
1:1B.47 EASTFEB Annie Roy,13,HIPPO
1:1B.5B PQCUPJAN Kerry Cregan,13,PCSC
1:1B.73 YOUTHOEC Jeanine Ooret,13,LSC
1:1B.75 KSCFEB Tara Sloan,13,UCSC

200 METRES BREASTSTROKE
Rec: 2:26.4B A.Higson,ESC,BB
2:32.21 CANFEB Willa Bostock,14,PEPSI
2:40.2B CANFEB Alicia Cowan,14,EYSC
2:42.12 ONTJAN Brandie Smith,13,GMAC
2:42.6B PQCUPJAN Josee Dubois,14,RCA
2:43.99 CANFEB Alina Toma,14,AAC
2:44.34 MANTADEC Kristin Keery,14,COBRA
2:44.B2 WESTJAN Kristyn Ullberg,13,MANTA
2:44.95 RACEROEC Melissa Knox,14,POSA
2:45.99 PEPSIJAN Elizabeth Warden,14,SCAR
2:46.03 MACJAN Nicole Harper,14,NEW
2:46.24 YOUTHOEC Christin Petelski,14,IS
2:46.69 NRSTNOV Lauren Van Oosten,14,IS
2:46.90 CANFEB Katie O'Dwyer,14,PEPSI
2:47.1B GOLDNOV Rachelle DeJong,13,ROD
2:4B.12 ONANOV Carole Cottingham,13,NEW
2:48.58 PQCUPJAN Isabelle Guerard,14,CNMN
2:4B.B5 PCSCDEC Krista Morrison,14,FAST
2:49.23 YOUTHOEC Christina Hajdu,13,RHAC
2:49.28 YOUTHDEC Carla DiFilippo,14,HWAC
2:49.57 SHERDEC Andrea Bedard,13,CSL
2:49.66 TSUNJAN Jenny Foreman,12,IS
2:49.71 PQCUPJAN Manon Painchaud,14,EXCEL
2:50.43 SHEROEC Valerie Alessio,14,CSL
2:50.4B RACERDEC Kristine McGraw,13,IS
2:50.61 PCSCDEC Julie Adams,14,MEGO

100 METRES BUTTERFLY
Rec: 1:03.02 S.Marchand,ENL,BB
1:05.53 ONANOV Marsha Clouthier,14,USC
1:05.B0 YOUTHDEC Jolanta Przepiorka,14,ROD
1:06.0B MACJAN Nicole Davey,13,MAC
1:06.24 ONANOV Christine Cline,14,NEW
1:06.25 YOUTHOEC Laura Lee,14,USC
1:06.44 EASTFEB Angela MacAlpine,14,CCSC
1:06.44 ONANOV Jean Ooi,14,EBSC
1:06.5B PQCUPJAN Kate Ingram,13,PCSC
1:06.69 MANTADEC Carly Porter,14,COBRA
1:06.91 SHERDEC Sophie Simard,14,CNCI
1:07.00 SHERDEC Marie-H. Savo,14,CAMO
1:07.03 BBSCNOV Marilyn Chiang,14,TPRR
1:07.05 YOUTHOEC Tanya Stachiw,13,PEPSI
1:07.43 PCSCDEC Krista Morrison,14,FAST
1:07.47 GOLDNOV Doris Ho,14,CASC
1:07.4B PCSCOEC Sophie Emond,14,EXCEL
1:07.51 PCSCOEC Judith Labelle,14,LAVAL
1:07.60 ONTJAN Gena Milligan,13,MAC
1:07.62 YOUTHDEC Cori Upson,14,HWAC
1:0B.21 PEPSIJAN Elizabeth Warden,14,SCAR
1:0B.35 ONTJAN Sarah Burke,14,MUSAC
1:0B.36 PQCUPJAN Valerie Mesplier,13,PCSC
1:0B.38 MANTAOEC Nerissa Harvey,13,EKSC
1:0B.39 BCSRJAN Donna Wu,14,PDSA
1:0B.74 CASCOCT Rikki Janes,13,GOLO

200 METRES BUTTERFLY
Rec: 2:13.75 S.Marchand,ENL,BB
2:21.00 ONANOV Marsha Clouthier,14,USC
2:21.22 PQCUPJAN Sophie Simard,14,CNCI
2:22.31 YOUTHDEC Jean Ooi,14,EBSC
2:23.24 DCSCNOV Krista Morrison,14,FAST
2:25.15 CANFEB Jane Axford,14,TOMAC
2:25.59 YOUTHDEC Gena Milligan,13,MAC
2:26.25 CANFEB Jolanta Przepiorka,14,ROD
2:26.26 ONTJAN Elizabeth Warden,14,SCAR
2:27.44 ONANOV Cheryl Cline,12,NEW
2:27.64 PCSCOEC Sophie Emond,14,EXCEL
2:27.B5 BRANTNOV Cori Upson,14,HWAC
2:27.91 HYACKJAN Amanda Downing,13,IS
2:29.22 PCSCDEC Angelina Wood,14,PCSC
2:29.34 TSUNJAN Catrin Jones,13,IS
2:29.49 RACERDEC Melissa Knox,14,POSA
2:29.50 EASTFEB Kelly Johnson,13,CAJ
2:29.73 PCSCDEC Judith Labelle,14,LAVAL
2:29.77 YOUTHOEC Sarah Burke,14,MUSAC
2:30.04 MANTAOEC Kiza Francis,13,TBT
2:30.0B PQCUPJAN Kate Ingram,13,PCSC
2:30.19 MANTADEC Robyn Goraj,14,COBRA
2:30.27 GOLDNOV Doris Ho,14,CASC
2:30.30 ONTJAN Meghan Henderson,14,TAT
2:30.53 YOUTHDEC Laura Lee,14,USC
2:30.92 MANTADEC Karina Klein,13,FMSC

200 METRES IND.MEDLEY
Rec: 2:16.79 A.Higson,ESC,B7
2:19.96 ONTJAN Elizabeth Warden,14,SCAR
2:23.13 PEPSIOEC Marsha Clouthier,14,USC
2:23.99 BBSCNOV Marilyn Chiang,14,TPRR
2:25.14 WESTJAN Rikki Janes,14,GOLD
2:26.07 RACERDEC Amanda Bedard,14,PN
2:26.17 MANTADEC Lisa Parwicki,14,COBRA
2:26.30 YOUTHDEC Willa Bostock,14,PEPSI
2:26.32 YOUTHDEC Susan Furs,14,PEPSI
2:26.38 EASTFEB Jean Ooi,14,EBSC
2:27.97 SHEROEC Marie-H. Savo,14,CAMO
2:27.98 ONANOV Laura Nicholls,14,ROW
2:2B.41 PCSCDEC Krista Morrison,14,FAST
2:28.56 ONTJAN Gena Milligan,13,MAC
2:28.5B RACERDEC Melissa Knox,14,PDSA
2:2B.7B HYACKJAN Marlena Prill,14,IS
2:2B.96 BRANTNOV Jane Axford,14,TOMAC
2:29.03 EASTFEB Angela MacAlpine,14,CCSC
2:29.7B PCSCDEC Angelina Wood,14,PCSC
2:29.B7 HTACJAN Stephanie Hughes,14,HTAC
2:29.BB EASTFEB Sue McKay,14,BROCK
2:30.00 PEPSIDEC Lesley Oake,14,TRENT
2:30.05 MANTADEC Robyn Miller,14,COBRA
2:30.14 SHERDEC Marie-H. Tremblay,14,CREPS
2:30.3B ROOJAN Jolanta Przepiorka,14,ROD
2:30.44 ONTJAN Katie O'Dwyer,13,PEPSI

400 METRES IND.MEDLEY
Rec: 4:50.13 A.Higson,ESC,BB
5:02.53 ONANOV Elizabeth Warden,14,SCAR
5:04.67 YOUTHOEC Marsha Clouthier,14,USC
5:04.99 BBSCNOV Marilyn Chiang,14,TPRR
5:05.51 PQCUPJAN Sophie Simard,14,CNCI
5:06.39 YOUTHDEC Jane Axford,14,TOMAC
5:06.73 YOUTHDEC Jean Ooi,14,EBSC
5:07.16 YOUTHDEC Susan Furs,14,PEPSI
5:07.19 CANFEB Melissa Knox,14,PDSA
5:07.47 ONTJAN Gena Milligan,13,MAC
5:09.59 PQCUPJAN Elaine Duranceau,13,PCSC
5:10.B3 PQCUPJAN Karine Legault,14,CASE
5:11.74 PCSCOEC Marie-H. Savo,14,CAMO
5:12.02 BCSRJAN Marlena Prill,14,IS
5:12.84 MANTADEC Kiza Francis,13,TBT
5:13.31 RACERDEC Kristine McGraw,13,IS
5:15.04 HYACKJAN Lindsay McLennan,14,LEDUC
5:15.35 PCSCDEC Angelina Wood,14,PCSC
5:15.B1 EASTFEB Stephanie Hughes,14,HTAC
5:15.95 EASTFEB Michelle Prosek,14,HWAC
5:16.B3 EASTFEB Julie Gravelle,13,GO
5:17.15 HYACKJAN Amanda Downing,13,IS
5:17.23 EASTFEB Sue McKay,14,BROCK
5:18.11 NYACJAN Elaine Estrada,13,NYAC
5:1B.25 PQCUPJAN Caroline Poulin,13,EXCEL
5:1B.39 WESTJAN Jocelyn McLeod,14,ROD

4X50 M MEDLEY RELAY
Rec: 2:02.55 City of Brampton,COBRA,92
2:02.55 MANTADEC City of Brampton AC,COBRA
2:03.1B YOUTHDEC Pepsi Swimming,PEPSI
2:07.B3 YOUTHDEC Island Swimming,IS
2:08.08 ONANOV Newmarket SC,NEW
2:08.26 GOLDNOV Regina Opt.Dolphins,ROD
2:0B.55 YOUTHDEC Uxbridge SC,USC
2:09.12 RACERDEC Cascade Swim Club,CASC
2:10.00 YOUTHDEC Nepean Kanata,NKB
2:10.05 MANTADEC Edmonton Keyano,EKSC
2:10.40 MACJAN Markham AC,MAC
2:10.47 PCSCDEC Pointe Claire SC,PCSC
2:10.71 PCSCDEC Hippocame St-Hubert,HIPPO
2:11.44 YOUTHOEC Whitby Iroquois SC,WISC
2:11.B6 PCSCOEC Montreal Aquatique,CAMO
2:11.98 MACJAN North York AC,NYAC
2:12.34 TOMACFEB Mississauga AC,TOMAC
2:12.71 BRANTNOV Hamilt-Wentworth AC,HWAC
2:12.75 ONANOV Scarborough SC,SCAR
2:12.B5 RACEROEC Pacific Dolphin SA,PDSA
2:12.B7 CASCOCT Univ.Calgary SC,UCSC
2:13.13 SHEROEC Thetford-Charny,RCA
2:13.21 ONANOV Glouc-Ottawa Kingfish,GO
2:13.23 ONAANOV Richmond Hill AC,RHAC
2:13.25 ONANOV Region of Waterloo,ROW
2:13.72 PCSCDEC CA Charlesbourg,CACH

4X50 M FREE RELAY
Rec: 1:4B.48 City of Brampton,COBRA,92
1:48.48 MANTADEC City of Brampton AC,COBRA
1:51.69 YOUTHOEC Pepsi Swimming,PEPSI
1:53.53 YOUTHOEC Regina Opt.Dolphins,ROD
1:55.19 YOUTHDEC Island Swimming,IS
1:55.22 RACERDEC Pacific Dolphin SA,PDSA
1:55.B0 YOUTHDEC Hamilt-Wentworth AC,HWAC
1:55.91 PCSCDEC Pointe Claire SC,PCSC
1:56.23 TOMACFEB Mississauga AC,TOMAC
1:56.36 PCSCDEC Hippocame St-Hubert,HIPPO
1:56.45 ONANOV Uxbridge SC,USC
1:56.76 COBRAOCT Oakville AC,OAK
1:56.78 MACJAN Markham AC,MAC
1:56.B5 MANTADEC Edmonton Keyano,EKSC
1:56.93 ONANOV Nepean Kanata,NKB
1:57.01 YOUTHDEC Halifax Trojans,HTAC
1:57.12 ONANOV Scarborough SC,SCAR
1:57.17 ONAANOV Whitby Iroquois SC,WISC
1:57.50 NYACJAN North York AC,NYAC
1:57.95 CASCOCT Cascade Swim Club,CASC
1:5B.09 SHERDEC Thetford-Charny,RCA
1:5B.29 ONANOV Newmarket SC,NEW
1:5B.45 CASCOCT Univ.Calgary SC,UCSC
1:58.95 ONANOV Region of Waterloo,ROW
1:59.03 BRANTNOV Brantford AC,BRANT
1:59.47 PCSCDEC Montreal Aquatique,CAMO

TOP AGE GROUP TIMES

1993 SHORT COURSE TAG®

BOYS 13-14

50 METRES FREESTYLE
Rec: 23.57 B.Creelman,TOMAC,85
23.61 CANFEB Garret Pulle,14,MAC
24.32 PEPSIDEC Andrew Munro,14,PEPSI
24.56 YOUTHDEC Jamie White,14,LAC
24.62 BRANTNOV Dennis Lau,14,MAC
24.93 GOLDNOV Ian Guillen,14,MANTA
24.93 WESTJAN Chris Beech,14,GOLD
24.94 YOUTHDEC Drew Chorney,14,TMSC
25.07 GOLDNOV Steven Foley,14,MM
25.12 MANTADEC Graham Duthie,14,OSC
25.21 MANTADEC Michael Knight,14,EKSC
25.34 YOUTHDEC Michael Calkins,14,IS
25.41 WESTJAN Paul Dixon,14,LASC
25.64 PCSCDEC Danush Viswanathan,14,FAST
25.71 ONTJAN Richard Bruner,14,8RANT
25.82 MACJAN William Sutherland,14,AAC
25.91 RODJAN Garret Mitchell,13,UCSC
25.95 PCSCDEC Karl Boily,14,CSQ
25.97 YOUTHDEC Francis Pelletier,13,CNSH
25.97 EASTFEB Ryan Tudor-Roberts,14,NKB
25.99 MANTADEC Chris Lim,14,COBRA
26.02 YOUTHDEC Anthony Tham,14,NYAC
26.04 HTACJAN Jason Snyder,14,DCSC
26.09 CVACJAN Fred Manfredi,13,BAP
26.09 WESTJAN Remi Barre,14,GPP
26.13 RACERDEC Travis Leyenhorst,14,VKSC

100 METRES FREESTYLE
Rec: 52.23 G.Pulle,MAC,92
52.36 CANFEB Garret Pulle,14,MAC
54.65 YOUTHDEC Michael Calkins,14,IS
55.23 PEPSIDEC Andrew Munro,14,PEPSI
55.27 GOLDNOV Ian Guillen,14,MANTA
55.37 GOLDNOV Steven Foley,14,MM
55.50 YOUTHDEC Dennis Lau,14,MAC
55.82 MANTADEC Graham Duthie,14,OSC
56.08 RODJAN Richard Bruner,14,BRANT
56.10 ONTJAN Drew Chorney,14,TMSC
56.26 RODJAN Patrick Goral,14,CASC
56.29 PCSCDEC Danush Viswanathan,14,FAST
56.39 VICONOV Andrew Cho,14,HYACK
56.47 ONTJAN William Sutherland,14,AAC
56.79 YOUTHDEC Scott Ross,14,OAK
56.82 RODJAN Paul Dixon,14,LASC
56.85 MANTADEC Michael Knight,14,EKSC
56.85 RODJAN Garret Mitchell,13,UCSC
56.87 RACERDEC Steven Carson,14,RACER
56.94 RACERDEC Aaron MacNabb,14,VKSC
56.97 YOUTHDEC Anthony Tham,14,NYAC
57.09 YOUTHDEC Michael Harlow,14,EYSC
57.13 MANTADEC Peter Myers,14,BBSC
57.17 NYACJAN Chris Lim,14,COBRA
57.29 ONTJAN Ryan Tudor-Roberts,14,NKB
57.35 YOUTHDEC Douglas Browne,13,ROW

200 METRES FREESTYLE
Rec: 1:53.28 A.Baumann,LUSC,79
1:57.04 YOUTHDEC Jamie White,14,LAC
1:57.14 YOUTHDEC Andrew Munro,14,PEPSI
1:57.68 BRANTNOV Garret Pulle,14,MAC
2:00.06 YOUTHDEC Drew Chorney,14,TMSC
2:01.70 HYACKJAN Michael Calkins,14,IS
2:02.37 WESTJAN Patrick Goral,14,CASC
2:02.53 RODJAN Graham Duthie,14,OSC
2:02.54 EASTFEB Ryan Tudor-Roberts,14,NKB
2:03.23 ONTJAN William Sutherland,14,AAC
2:03.41 RACERDEC Andrew Cho,14,HYACK
2:03.83 RODJAN Richard Bruner,14,BRANT
2:04.15 RACERDEC Tyler Kruger,13,IS
2:04.17 CVACJAN Marc-A. Robin,14,B8F
2:04.21 YOUTHDEC Dennis Lau,14,MAC
2:04.73 ONANOV Douglas Browne,13,ROW
2:04.84 SHERDEC Philippe Rousseau,14,CNSH
2:05.06 RACERDEC Steven Carson,14,RACER
2:05.07 ONTJAN Greg Miesmer,13,WAC
2:05.19 GOLDNOV Ian Guillen,14,MANTA
2:05.28 PCSCDEC Sylvain Leduc,14,CAMO
2:05.32 PCSCDEC Alex Blazys,13,CAMO
2:05.44 ONAANOV Rob Harland,14,TAT
2:05.69 YOUTHDEC Francis Pelletier,13,CNSH
2:05.83 BRANTNOV Ryan Skomorowski,14,BRANT
2:06.00 BRANTNOV Trevor Grieve,15,NYAC

400 METRES FREESTYLE
Rec: 3:58.32 J.Stevens,MANTA,89
4:01.96 YOUTHDEC Jamie White,14,LAC
4:09.55 PEPSIDEC Andrew Munro,14,PEPSI
4:16.21 8ROCKOCT Mark Johnson,14,CAJ
4:16.91 HYACKJAN Andrew Cho,14,HYACK
4:19.31 RACERDEC Patrick Goral,14,CASC
4:19.37 RACERDEC Steven Carson,14,RACER
4:19.98 MANTADEC Graham Duthie,14,OSC
4:20.05 ONTJAN Drew Chorney,14,TMSC
4:20.96 EASTFEB Lee Hart,14,HWAC
4:20.97 EASTFEB Ryan Tudor-Roberts,14,NK8
4:21.33 RODJAN Richard Bruner,14,BRANT
4:21.47 YOUTHDEC Jonathan Cantin,14,PLUS
4:21.70 CSQJAN Guillaume Charron,14,CN8F
4:21.91 CVACJAN Marc-A. Robin,14,88F
4:21.91 WESTJAN Jamie Sommerfeld,13,GOLD
4:22.99 HYACKJAN Michael Calkins,14,IS
4:23.33 ONTJAN William Sutherland,14,AAC
4:25.08 YOUTHDEC Ryan Skomorowski,14,BRANT
4:25.18 MACJAN Rob Harland,14,TAT
4:25.38 RACERDEC Jason Thompson,13,RDCSC
4:25.98 WESTJAN Philip Weiss,13,SKSC
4:26.09 RACERDEC Tyler Kruger,13,IS
4:26.30 YOUTHDEC Mark Eberlie,14,LAC
4:26.67 PCSCDEC Alex Blazys,13,CAMO
4:26.74 ONTJAN Graydon Huffman,14,BOSS

1500 METRES FREESTYLE
Rec: 15:32.15 A.Baumann,LUSC,79
15:58.38 YOUTHDEC Jamie White,14,LAC
16:41.88 HYACKJAN Andrew Cho,14,HYACK
17:01.47 EASTFEB Ryan Tudor-Roberts,14,NKB
17:01.86 YOUTHDEC Drew Chorney,14,TMSC
17:15.08 SHERDEC Jonathan Cantin,14,PLUS
17:18.18 YOUTHDEC Andrew Munro,14,PEPSI
17:20.34 WESTJAN Jamie Sommerfeld,13,GOLD
17:22.22 YOUTHDEC Richard 8runer,14,8RANT
17:24.18 PCSCDEC Marc-A. Robin,14,B8F
17:24.92 BCSRJAN Tim Peterson,14,PDSA
17:25.30 HYACKJAN Michael Calkins,14,IS
17:26.24 RACERDEC Steven Carson,14,RACER
17:26.51 YOUTHDEC Trevor 8oudreau,14,TRENT
17:28.68 YOUTHDEC Ryan Skomorowski,14,BRANT
17:29.86 EASTFEB Guillaume Charron,14,CN8F
17:32.88 MANTADEC Graham Duthie,14,OSC
17:35.09 YOUTHDEC Mark Eberlie,14,LAC
17:37.71 YOUTHDEC David Thwaits,14,MYK
17:39.12 GOLDNOV Ian Guillen,14,MANTA
17:40.25 EASTFE8 Sylvain Leduc,14,CAMO
17:43.42 SHERDEC Jocelyn Grenier,13,LAVAL
17:44.47 RACERDEC Jason Thompson,14,RDCSC
17:47.04 RACERDEC Derek 8rown,14,RDCSC
17:49.02 GOLDNOV Adam MacPherson,14,CASC
17:50.12 ONANOV Lincoln Flanagan,13,K8M

100 METRES BACKSTROKE
Rec: 56.93 G.Pulle,MAC,93
56.93 CANFEB Garret Pulle,14,MAC
1:00.03 ONTJAN Drew Chorney,14,TMSC
1:01.33 YOUTHDEC Jamie White,14,LAC
1:02.54 GOLDNOV Steven Foley,14,MM
1:02.63 VICONOV Andrew Cho,14,HYACK
1:03.44 EASTFEB Guillaume Charron,14,CNBF
1:03.46 RODJAN Patrick Goral,14,CASC
1:03.91 YOUTHDEC Trevor Boudreau,14,TRENT
1:04.13 HTACJAN Bram Montgomery,14,HTAC
1:04.20 SHERDEC Sebastien Menard,13,CREPS
1:04.23 YOUTHDEC Jonathan Cantin,14,PLUS
1:04.23 KSCFE8 Garret Mitchell,13,UCSC
1:04.43 MANTADEC Michael Knight,14,EKSC
1:04.45 YOUTHDEC Francis Pelletier,13,CNSH
1:04.45 CASCOCT Matthew Henderson,13,CASC
1:04.58 YOUTHDEC Anthony Tham,14,NYAC
1:04.58 BRANTNOV Trevor Grieve,14,NYAC
1:04.61 SHERDEC Philippe Rousseau,14,CNSH
1:04.70 ONANOV Tasos Roumboutsos,14,SCAR
1:04.81 RACERDEC Steven Carson,14,RACER
1:04.83 8CSRJAN Matthew Wilson,14,TSUN
1:04.88 KSCFE8 Joshua Pun,13,STSC
1:04.91 CVACJAN Marc-A. Robin,14,B8F
1:05.19 YOUTHDEC Andrew Pienaar,14,OAK
1:05.20 ONTJAN Greg Miesmer,13,WAC

200 METRES BACKSTROKE
Rec: 2:05.16 Jamie White,LAC,92
2:05.16 YOUTHDEC Jamie White,14,LAC
2:07.43 CANFEB Drew Chorney,14,TMSC
2:10.14 MACJAN Garret Pulle,14,MAC
2:11.47 HYACKJAN Andrew Cho,14,HYACK
2:12.20 ONTJAN Trevor Boudreau,14,TRENT
2:14.68 PCSCDEC Christian Goulet,14,EXCEL
2:15.21 YOUTHDEC Jonathan Cantin,14,PLUS
2:15.64 CSQJAN Guillaume Charron,14,CNBF
2:16.18 YOUTHDEC Francis Pelletier,13,CNSH
2:17.77 GOLDNOV Patrick Goral,14,CASC
2:18.00 CASCOCT Matthew Henderson,13,CASC
2:18.10 ONTJAN Tasos Roumboutsos,14,SCAR
2:18.59 SHERDEC Philippe Rousseau,14,CNSH
2:18.60 YOUTHDEC Andrew Pienaar,14,OAK
2:18.68 PCSCDEC Marc-A. Robin,14,BBF
2:18.86 HTACJAN Adam Cook,14,TCSC
2:19.03 YOUTHDEC David Thwaits,14,MYK
2:19.09 WESTJAN Philip Weiss,13,SKSC
2:19.12 ONTJAN David Twaits,14,MYK
2:19.17 SHERDEC Sebastien Menard,13,CREPS
2:19.35 WESTJAN David Freedman,14,MANTA
2:19.39 HTACJAN Bram Montgomery,14,HTAC
2:19.85 PCSCDEC Chad Christie,14,BBF
2:20.09 ONTJAN Kris Bell,14,YORK
2:20.10 BRANTNOV Anthony Tham,14,NYAC

100 METRES BREASTSTROKE
Rec: 1:03.27 M.Mason,EPS,89
1:07.29 YOUTHDEC Dennis Lau,14,MAC
1:08.65 BRANTNOV Brad Mori,14,MAC
1:09.15 YOUTHDEC Branko Suric,14,PEPSI
1:09.51 MACJAN Erik Van Dijk,14,WISC
1:09.57 PCSCDEC Christian Goulet,14,EXCEL
1:10.18 PCSCDEC Alex Tratch-Harvey,14,UL
1:10.26 8CSRJAN Andrew Cho,14,HYACK
1:10.39 RACERDEC Travis Leyenhorst,14,VKSC
1:10.46 GOLDNOV David Freedman,14,MANTA
1:10.59 ONANOV Bryson Tan,13,OAK
1:10.74 RACERDEC Paul Hurwitz,14,ARBU
1:11.15 ONAANOV Peter Lennox-King,13,EYSC
1:11.43 WESTJAN Craig Marshall,14,CASC
1:11.52 MANTADEC Greg Rennie,14,PPSC
1:11.67 CASCOCT Adam MacPherson,14,CASC
1:11.78 WESTJAN Philip Weiss,13,SKSC
1:12.05 ONTJAN Matt Slater,14,USC
1:12.06 RACERDEC Ronnie Knudsen,14,KISU
1:12.38 PEPSIOCT Jamie White,14,LAC
1:12.40 MACJAN Steve Gluck,14,UNATT
1:12.40 MACJAN Andrew Lamb,14,NYAC
1:12.43 ONTJAN William Sutherland,14,AAC
1:12.58 MACJAN James Day,13,NEW
1:12.90 PCSCDEC David Routhier,14,CSQ
1:12.93 RACERDEC Rene Michalak,14,RDCSC

200 METRES BREASTSTROKE
Rec: 2:16.87 M.Mason,EPS,89
2:23.84 YOUTHDEC Dennis Lau,14,MAC
2:29.28 8CSRJAN Andrew Cho,14,HYACK
2:29.34 YOUTHDEC Branko Suric,14,PEPSI
2:30.48 PQCUPJAN Christian Goulet,14,EXCEL
2:31.74 YOUTHDEC 8ryson Tan,13,OAK
2:31.95 RACERDEC Travis Leyenhorst,14,VKSC
2:32.65 YOUTHDEC Brad Mori,14,MAC
2:32.74 RACERDEC Paul Hurwitz,14,AR8U
2:33.44 WESTJAN David Freedman,14,MANTA
2:33.79 MACJAN Erik Van Dijk,14,WISC
2:34.21 VICONOV Tae Hwan Park,14,PDSA
2:34.77 WESTJAN Philip Weiss,13,SKSC
2:34.98 MANTADEC Greg Rennie,14,PPSC
2:35.06 EASTFE8 Colin Struthers,13,TIDE
2:35.42 BRANTNOV Jamie White,14,LAC
2:35.64 ONAANOV Peter Lennox-King,13,EYSC
2:35.73 BRANTNOV Ryan Skomorowski,14,BRANT
2:35.75 MACJAN James Day,13,NEW
2:35.B8 MACJAN Steve Gluck,14,UNATT
2:35.89 NYACJAN Matt Slater,14,USC
2:36.09 RACERDEC Ronnie Knudsen,14,KISU
2:36.09 RACERDEC Steven Meredith,14,KAC
2:37.00 YOUTHDEC Andrew Chan,13,YORK
2:37.10 PCSCDEC Jean-F. Adams,14,MEGO
2:37.19 PEPSIDEC Alex Tratch-Harvey,14,UL

100 METRES BUTTERFLY
Rec: 56.57 G.Pulle,MAC,93
56.61 CANFE8 Garret Pulle,14,MAC
58.57 YOUTHDEC Dennis Lau,14,MAC
59.80 YOUTHDEC Drew Chorney,14,TMSC
59.97 HYACKJAN Andrew Cho,14,HYACK
1:00.05 HYACKJAN Michael Calkins,14,IS
1:00.35 WESTJAN Philip Weiss,13,SKSC
1:01.48 YOUTHDEC Anthony Tham,14,NYAC
1:01.55 RACERDEC Peter Marshall,13,PDSA
1:01.61 YOUTHDEC Andrew Munro,14,PEPSI
1:01.91 ONTJAN Rob Harland,14,TAT
1:01.92 PCSCDEC Marc-A. Pelletier,14,CSQ
1:02.01 YOUTHDEC Jonathan Cantin,14,PLUS
1:02.11 8ROCKOCT Mark Johnson,14,CAJ
1:02.23 ONTJAN Douglas Browne,14,ROW
1:02.27 PCSCDEC Christian Goulet,14,EXCEL
1:02.76 ONANOV Mark Arzaga,14,CREST
1:03.01 OSCNOV Joshua Pun,13,STSC
1:03.02 SHERDEC Philippe Rousseau,14,CNSH
1:03.22 ONTJAN Colin Forsberg,14,GMAC
1:03.47 PEPSIOCT Jamie White,14,LAC
1:03.63 NYACJAN Aaron Lo,14,WISC
1:03.94 MANTADEC Graham Duthie,14,OSC
1:04.10 MANTADEC Gavin Carscallen,14,CP
1:04.16 RODJAN Matt Slater,14,USC
1:04.46 ONTJAN Greg Miesmer,13,WAC

200 METRES BUTTERFLY
Rec: 2:06.80 Andrew Cho,HYACK,93
2:06.80 CANFEB Andrew Cho,14,HYACK
2:10.59 YOUTHDEC Garret Pulle,14,MAC
2:11.48 ONTJAN Drew Chorney,14,TMSC
2:11.94 WESTJAN Philip Weiss,13,SKSC
2:13.65 YOUTHDEC Jonathan Cantin,14,PLUS
2:16.37 ONANOV Mark Arzaga,14,CREST
2:17.41 HYACKJAN Michael Calkins,14,IS
2:17.B1 ONTJAN Colin Forsberg,14,GMAC
2:17.86 PCSCDEC Christian Goulet,14,EXCEL
2:17.90 PCSCDEC Marc-A. Pelletier,14,CSQ
2:17.92 MACJAN Rob Harland,14,TAT
2:18.28 8RANTNOV Jamie White,14,LAC
2:19.79 RACERDEC Steven Carson,14,RACER
2:20.89 RACERDEC Peter Marshall,13,PDSA
2:21.16 PCSCDEC Sylvain Leduc,14,CAMO
2:21.20 EASTFEB Lee Hart,14,HWAC
2:21.56 PCSCDEC Ivgeny Loganov,14,CAMO
2:21.76 EASTFE8 Zach Fraser,14,HTAC
2:21.87 YOUTHDEC Francis Pelletier,13,CNSH
2:22.14 SHERDEC Philippe Rousseau,14,CNSH
2:22.39 RODJAN Matthew Henderson,13,CASC
2:22.72 8ROCKOCT Mark Johnson,14,CAJ
2:22.82 RODJAN Nathan Tricker,14,EKSC
2:23.19 HTACJAN Kevin Dupuis,14,DCSC
2:23.74 ONAANOV Colin Dolcetti,13,SSMAC

200 METRES IND.MEDLEY
Rec: 2:08.56 B.Creelman,TOMAC,85
2:09.25 MACJAN Garret Pulle,14,MAC
2:11.73 YOUTHDEC Jamie White,14,LAC
2:13.05 HYACKJAN Andrew Cho,14,HYACK
2:14.09 PCSCDEC Christian Goulet,14,EXCEL
2:14.60 ONTJAN Drew Chorney,14,TMSC
2:14.81 YOUTHDEC Dennis Lau,14,MAC
2:16.45 WESTJAN Philip Weiss,13,SKSC
2:17.83 YOUTHDEC Jonathan Cantin,14,PLUS
2:18.63 EASTFEB Lee Hart,14,HWAC
2:19.18 WESTJAN David Freedman,14,MANTA
2:19.58 MANTADEC Graham Duthie,14,OSC
2:19.60 RODJAN Richard Bruner,14,8RANT
2:19.92 RACERDEC Steven Carson,14,RACER
2:20.00 RACERDEC Paul Hurwitz,14,ARBU
2:20.08 RACERDEC Matthew Henderson,13,CASC
2:20.36 MACJAN William Sutherland,14,AAC
2:20.46 PCSCDEC Karl Boily,14,CSQ
2:20.64 YOUTHDEC Branko Suric,14,PEPSI
2:20.71 BRANTNOV Ryan Skomorowski,14,8RANT
2:20.B6 ONTJAN Mark Arzaga,14,CREST
2:20.88 ONTJAN Matt Slater,14,USC
2:20.89 MANTADEC Michael Knight,14,EKSC
2:20.93 ONTJAN Trevor Boudreau,14,TRENT
2:21.28 ONTJAN Greg Miesmer,13,WAC
2:21.30 CSQJAN Guillaume Charron,14,CN8F

400 METRES IND.MEDLEY
Rec: 4:25.80 A.Baumann,LUSC,79
4:31.73 YOUTHDEC Jamie White,14,LAC
4:37.64 CANFEB Andrew Cho,14,HYACK
4:40.02 YOUTHDEC Drew Chorney,14,TMSC
4:45.62 PCSCDEC Christian Goulet,14,EXCEL
4:48.31 YOUTHDEC Jonathan Cantin,14,PLUS
4:48.72 EASTFE8 Lee Hart,14,HWAC
4:49.44 RACERDEC Paul Hurwitz,14,ARBU
4:51.66 WESTJAN Philip Weiss,13,SKSC
4:52.30 EASTFEB Trevor 8oudreau,14,TRENT
4:53.35 CSQJAN Guillaume Charron,14,CN8F
4:54.51 HTACJAN Kevin Dupuis,14,DCSC
4:57.03 BCSRJAN Steven Carson,14,RACER
4:57.46 HTACJAN Zach Fraser,14,HTAC
4:57.60 ONANOV Mark Arzaga,14,CREST
4:59.19 RODJAN Richard Bruner,14,BRANT
4:59.50 EASTFEB James Day,14,NEW
5:00.80 VICONOV Tae Hwan Park,14,PDSA
5:01.10 BRANTNOV Ryan Skomorowski,14,BRANT
5:01.17 EASTFEB Francis Pelletier,13,CNSH
5:01.56 PCSCDEC Jean-F. Adams,14,MEGO
5:01.95 RODJAN Matt Slater,14,USC
5:02.63 RODJAN Graham Duthie,14,OSC
5:02.64 PCSCDEC Karl Boily,14,CSQ
5:02.99 HYACKJAN Ronnie Knudsen,14,KISU
5:03.27 PCSCDEC Sylvain Leduc,14,CAMO

4X50 M MEDLEY RELAY
Rec: 1:51.33 Markham AC,MAC,92
1:53.04 BRANTNOV Markham AC,MAC
1:57.35 YOUTHDEC Pepsi Swimming,PEPSI
1:58.14 YOUTHDEC Oakville AC,OAK
1:58.27 RACERDEC Cascade Swim Club,CASC
1:58.47 MANTADEC City of Brampton AC,COBRA
1:59.20 PCSCDEC Cap Rouge-St.Augustin,CSQ
1:59.97 YOUTHDEC North York AC,NYAC
2:00.B6 MANTADEC Edmonton Keyano,EKSC
2:01.16 ONANOV Region of Waterloo,ROW
2:01.41 NBAGFE8 Fredericton Aquanauts,FAST
2:01.84 HTACJAN Dartmouth Crusaders,DCSC
2:02.26 LASCNOV Univ.Calgary SC,UCSC
2:02.35 RACERDEC Vernon KokaneeSC,VKSC
2:02.37 GOLDNOV Manta Aquatic Club,MANTA
2:02.45 MANTADEC Olympian Swim Club,OSC
2:02.56 YOUTHDEC London AC,LAC
2:03.08 YOUTHDEC Hamilt-Wentworth AC,HWAC
2:03.09 VICONOV Island Swimming,IS
2:03.09 RACERDEC Hyack Swim Club,HYACK
2:03.36 YOUTHDEC Newmarket SC,NEW
2:03.64 LASCNOV Lethbridge ASC,LASC
2:03.90 ONAANOV Richmond Hill AC,RHAC
2:04.05 HTACJAN Truro Centurions,TCSC
2:04.10 PCSCDEC Dollard Swim Team,DDO
2:04.51 ONAANOV Timmins Marlins,TMSC

4X50 M FREE RELAY
Rec: 1:38.37 Markham AC,MAC,92
1:41.35 BRANTNOV Markham AC,MAC
1:45.15 YOUTHDEC Pepsi Swimming,PEPSI
1:45.69 MANTADEC City of Brampton AC,CO8RA
1:45.72 PCSCDEC Cap Rouge-St.Augustin,CSQ
1:46.14 LASCNOV Lethbridge ASC,LASC
1:46.50 YOUTHDEC Oakville AC,OAK
1:46.83 RACERDEC Cascade Swim Club,CASC
1:46.84 HTACJAN Truro Centurions,TCSC
1:46.92 YOUTHDEC London AC,LAC
1:47.18 MANTADEC Edmonton Keyano,EKSC
1:47.87 RODJAN Univ.Calgary SC,UCSC
1:48.27 YOUTHDEC North York AC,NYAC
1:48.41 RACERDEC Vernon KokaneeSC,VKSC
1:48.45 ONANOV Region of Waterloo,ROW
1:48.46 HTACJAN Dartmouth Crusaders,DCSC
1:48.48 YOUTHDEC Hamilt-Wentworth AC,HWAC
1:48.77 MANTADEC Manta Aquatic Club,MANTA
1:48.87 N8AGFE8 Fredericton Aquanauts,FAST
1:49.00 PCSCDEC Natation Longueuil,ELITE
1:49.02 PCSCDEC Dollard Swim Team,DDO
1:49.47 VICONOV Island Swimming,IS
1:49.51 PCSCDEC Montreal Aquatique,CAMO
1:49.97 DCSCNOV Antigonish+Truro+Pt Hawk,ATP
1:50.04 PEPSIFEB York Swim Club,YORK
1:50.15 MANTADEC Olympian Swim Club,OSC

TOP AGE GROUP TIMES

1993 SHORT COURSE TAG®

GIRLS 15-17

50 METRES FREESTYLE
Rec: 25.42 *K.Topham,UNATT,90*
26.07 CANFEB Jessica Amey,16,UCSC
26.12 CANFEB Joanne Malar,17,HWAC
26.32 CANFEB Shannon Shakespeare,15,MM
26.37 CANFEB Nadine Rolland,17,CNB
26.52 CANFEB Julie Howard,16,BRANT
26.53 CANFEB Karen Chow,19,HYACK
26.65 CANFEB Nikki Dryden,17,IS
26.71 CANFEB Carmen Kondra,17,PEPSI
26.74 CANFEB Anne Blachford,16,COBRA
26.89 CANFEB Magalie Boutin,15,CNJA
26.93 CANFEB Andrea Kilam,16,LASC
27.02 PQCUPJAN Edith Lachapelle,16,DH
27.11 RACERDEC Grace Wong,16,PDSA
27.12 CANFEB Sarah Evanetz,17,PDSA
27.16 CANFEB Kathryn McBurney,17,WISC
27.21 CANFEB Donna Bourdon,17,YORK
27.26 MANTADEC Amanda Marin,15,TPRR
27.28 CANFEB Catherine Larrivee,17,UL
27.30 PEPSIDEC Stephanie Richardson,15,NYAC
27.33 PCSCDEC Martina Kindler,17,POLAR
27.37 PQCUPJAN Karine Chevrier,15,CASE
27.38 CANFEB Christine McEwan,16,ROD
27.40 CANFEB Erica Leader,15,MANTA
27.41 MANTADEC Jessica Lim,15,EKSC
27.42 PQCUPJAN Karina Renaud,17,ELITE

100 METRES FREESTYLE
Rec: 55.94 *A.Higson,UCSC,90*
56.20 CANFEB Joanne Malar,17,HWAC
57.15 CANFEB Jessica Amey,16,UCSC
57.24 CANFEB Shannon Shakespeare,15,MM
57.33 PQCUPJAN Edith Lachapelle,16,DH
57.47 CANFEB Anne Blachford,16,COBRA
57.55 ONTJAN Julie Howard,16,BRANT
58.00 CANFEB Carmen Kondra,17,PEPSI
58.07 CANFEB Lisa Virgini,16,PCSC
58.15 PEPSIDEC Stephanie Richardson,15,NYAC
58.32 PEPSIDEC Sarah Laudenbach,15,BOSS
58.37 CANFEB Glencora Maughan,15,PDSA
58.40 BCSRJAN Sarah Evanetz,17,PDSA
58.62 CANFEB Jennifer Button,15,ROW
58.72 PQCUPJAN Julie Barbeau,17,CNMN
58.80 GOLDNOV Tara Fullbrandt,15,EKSC
58.81 CANFEB Donna Bourdon,17,YORK
58.84 CANFEB Sam Emer,16,MAC
58.97 CANFEB Christine McEwan,16,ROD
59.10 PQCUPJAN Karina Renaud,17,ELITE
59.10 CANFEB Gwen Grubski,17,UL
59.11 CANFEB Alicia Hicken,17,PEPSI
59.16 CANFEB Karine Chevrier,15,CASE
59.20 MANTADEC Cindy Bertelink,16,COBRA
59.30 PCSCDEC Holly McComb,16,PCSC
59.33 CANFEB Heather Bruner,16,BRANT

200 METRES FREESTYLE
Rec: 1:58.28 *P.Noall,CNMN,88*
2:00.36 CANFEB Joanne Malar,17,HWAC
2:01.27 CANFEB Nikki Dryden,17,IS
2:01.51 CANFEB Alicia Hicken,17,PEPSI
2:02.47 CANFEB Holly McComb,17,PCSC
2:02.78 CANFEB Julie Barbeau,17,CNMN
2:02.79 CANFEB Shannon Shakespeare,15,MM
2:02.88 CANFEB Julie Howard,16,BRANT
2:03.32 PEPSIDEC Stephanie Richardson,15,NYAC
2:03.67 CANFEB Lisa Virgini,16,PCSC
2:03.81 CANFEB Sarah Evanetz,17,PDSA
2:04.16 CANFEB Allison Barriscale,16,IS
2:04.20 CANFEB Cindy Bertelink,17,COBRA
2:04.30 CANFEB Tara Fullbrandt,16,EKSC
2:05.35 CANFEB Sarah Jay,17,BRANT
2:05.71 ONTJAN Barbi Brochu,16,TAT
2:05.72 CANFEB Gwen Grubski,17,UL
2:06.01 CANFEB Carmen Kondra,17,PEPSI
2:06.18 PEPSIDEC Sarah Laudenbach,15,BOSS
2:06.30 CANFEB Kimberly Kerr,15,HWAC
2:06.45 SHERDEC Edith Lachapelle,16,DH
2:06.48 PQCUPJAN Karine Chevrier,15,CASE
2:06.54 MANTADEC Anne Blachford,16,COBRA
2:06.66 CANFEB Ariadne Legendre,15,CAMO
2:06.67 CANFEB Christine McEwan,16,ROD
2:06.92 WESTJAN Alison Auramenko,16,GOLD

400 METRES FREESTYLE
Rec: 4:07.79 *N.Dryden,IS,93*
4:07.79 CANFEB Nikki Dryden,17,IS
4:11.03 CANFEB Joanne Malar,17,HWAC
4:16.02 CANFEB Holly McComb,17,PCSC
4:16.46 PEPSIDEC Stephanie Richardson,15,NYAC
4:16.76 CANFEB Alicia Hicken,17,PEPSI
4:17.16 CANFEB Cindy Bertelink,17,COBRA
4:18.18 CANFEB Julie Barbeau,17,CNMN
4:18.47 CANFEB Tara Fullbrandt,16,EKSC
4:21.68 CANFEB Julie Dufour,17,ETORY
4:22.31 CANFEB Gwen Grubski,17,UL
4:22.95 CANFEB Sarah Jay,17,BRANT
4:22.98 PQCUPJAN Lisa Virgini,16,PCSC
4:23.61 CANFEB Nicola Homenock,16,LAC
4:24.19 CANFEB Elizabeth Warden,15,SCAR
4:25.48 RACERDEC Sarah Evanetz,17,PDSA
4:25.77 ONTJAN Julie Howard,16,BRANT
4:25.82 CANFEB Barbi Brochu,16,TAT
4:25.92 CANFEB Stephanie Labelle,17,CNB
4:26.47 ONTJAN Kimberly Kerr,15,HWAC
4:26.75 VICOJAN Allison Barriscale,16,IS
4:28.00 RACERDEC Emmanuelle Schick,15,PDSA
4:28.20 WESTJAN Alison Auramenko,16,GOLD
4:28.23 PEPSIDEC Erin Adams,16,GO
4:28.79 EASTFEB Nathalie Sauvageau,16,CAMO
4:29.59 ONTJAN Natalie Nesterenko,16,TOMAC

800 METRES FREESTYLE
Rec: 8:31.65 *Nikki Dryden,IS,93*
8:31.65 CANFEB Nikki Dryden,17,IS
8:38.27 CANFEB Cindy Bertelink,17,COBRA
8:44.60 YOUTHOEC Joanne Malar,17,HWAC
8:49.31 CANFEB Julie Barbeau,17,CNMN
8:52.26 CANFEB Holly McComb,17,PCSC
8:52.68 PQCUPJAN Lisa Virgini,16,PCSC
8:55.41 CANFEB Gwen Grubski,17,UL
8:56.17 CANFEB Stephanie Labelle,17,CNB
8:56.84 CANFEB Julie Dufour,17,ETORY
9:01.20 CANFEB Barbi Brochu,16,TAT
9:01.37 CANFEB Tara Fullbrandt,16,EKSC
9:02.76 ONTJAN Julie Howard,16,BRANT
9:02.82 YOUTHDEC Stephanie Richardson,15,NYAC
9:02.85 CANFEB Nicola Homenock,16,LAC
9:07.04 ONTJAN Kelly Stevens,17,PEPSI
9:07.45 ONTJAN Colleen Ray,16,GO
9:07.63 MANTADEC Andrea Schwartz,15,TBT
9:09.62 CANFEB Nathalie Sauvageau,16,CAMO
9:11.90 PEPSIDEC Erin Adams,16,GO
9:12.35 EASTFEB Catherine Allard,17,CAMO
9:13.03 WESTJAN Orenda Cornwell,15,ROD
9:13.40 CANFEB Heather Thomas,17,HTAC
9:13.69 WESTJAN Alison Auramenko,16,GOLD
9:13.79 PEPSIDEC Teresa Kuran,16,GO
9:14.42 ONTJAN Sarah Jay,17,BRANT

100 METRES BACKSTROKE
Rec: 1:01.10 *J.Howard,BRANT,93*
1:01.10 CANFEB Julie Howard,16,BRANT
1:02.13 CANFEB Jessica Amey,16,UCSC
1:02.34 CANFEB Nikki Dryden,17,IS
1:02.49 CANFEB Nadine Rolland,17,CNB
1:03.35 PEPSIDEC Suzanne Weckend,15,IS
1:03.52 CANFEB Shona Baillie,17,PEPSI
1:03.59 CANFEB Katrina Walters,17,PSW
1:03.82 CANFEB Lisa Virgini,16,PCSC
1:03.97 CANFEB Karla Klein,17,MAC
1:04.10 CANFEB Marilyn Chiang,15,TPRR
1:04.26 ONTJAN Jennifer Ramsden,15,GO
1:04.29 CANFEB Glencora Maughan,15,PDSA
1:04.45 BCSRJAN Allison Barriscale,16,IS
1:04.64 PQCUPJAN Edith Lachapelle,16,DH
1:04.71 BRANTNOV Joanne Malar,17,HWAC
1:04.93 CANFEB Tara Fullbrandt,16,EKSC
1:05.08 CANFEB Christine Natywary,15,PEPSI
1:05.13 CANFEB Marie-H. Savo,15,CAMO
1:05.23 PEPSIDEC Lesley Smythe,15,CVAC
1:05.25 PQCUPJAN Cynthia Graton,15,CSQ
1:05.30 CANFEB Ursula Gurney,16,RACER
1:05.38 ONTJAN Lesley Oake,15,TRENT
1:05.67 CANFEB Andrea Kilam,16,LASC
1:05.67 RACERDEC Sabrina Kolga,15,ROCSC
1:05.70 CANFEB Amanda Marin,15,TPRR

200 METRES BACKSTROKE
Rec: 2:10.15 *N.Dryden,IS,93*
2:10.15 CANFEB Nikki Dryden,17,IS
2:13.24 CANFEB Lisa Virgini,16,PCSC
2:13.56 PEPSIDEC Suzanne Weckend,15,IS
2:13.70 CANFEB Allison Barriscale,16,IS
2:14.05 CANFEB Julie Howard,16,BRANT
2:15.44 BRANTNOV Joanne Malar,17,HWAC
2:16.03 CANFEB Katrina Walters,17,PSW
2:16.94 CANFEB Jessica Amey,16,UCSC
2:17.50 CANFEB Marilyn Chiang,15,TPRR
2:17.91 ONTJAN Jennifer Ramsden,15,GO
2:18.21 MANTADEC Tara Fullbrandt,16,EKSC
2:18.35 CANFEB Ursula Gurney,16,RACER
2:18.37 ONTJAN Shona Baillie,17,PEPSI
2:18.37 CANFEB Elizabeth Warden,15,SCAR
2:18.47 CANFEB Amanda Marin,15,TPRR
2:18.67 CANFEB Chris Courtemanche,17,EKSC
2:19.07 BCSRJAN Kathy Monar,18,CAL
2:19.15 CANFEB Erica Nagy,16,COBRA
2:19.56 CANFEB Erica Klohn,15,SKSC
2:19.74 CANFEB Glencora Maughan,15,PDSA
2:19.95 BRANTNOV Kimberly Kerr,15,HWAC
2:20.23 CANFEB Lesley Smythe,15,CVAC
2:20.27 CANFEB Marsha Clouthier,15,USC
2:20.42 CANFEB Jennifer Anderson,16,LASC
2:20.53 RACERDEC Sabrina Kolga,15,RDCSC

100 METRES BREASTSTROKE
Rec: 1:08.26 *A.Higson,EPS,89*
1:10.65 CANFEB Anne Blachford,16,COBRA
1:11.56 CANFEB Jennifer Heagy,15,SPART
1:11.73 CANFEB Shannon Shakespeare,15,MM
1:12.34 PEPSIDEC Stephanie Richardson,15,NYAC
1:12.38 CANFEB Rae Abbott,16,HYACK
1:12.68 CANFEB Alexandra Bernard-M.,16,PCSC
1:12.82 CANFEB Dionne Dallas,17,UCSC
1:12.88 CANFEB Sarah Evanetz,17,PDSA
1:12.92 CANFEB Sabrina Wilson,16,EKSC
1:13.82 PQCUPJAN Nadine Rolland,17,CNB
1:14.18 CANFEB Lisa Mensink,15,UCSC
1:14.21 CANFEB Kari Randall,17,GMAC
1:14.21 CANFEB Kelly Sommerfeld,15,GOLD
1:14.26 ONTJAN Ellen Grams,15,AAC
1:14.41 MANTADEC Rhiannon Leier,15,YLSC
1:14.41 CANFEB Sarah Londry,15,LUSC
1:14.52 MANTADEC Tracy Storrier,15,MJKFF
1:14.75 CANFEB Sarah Jay,17,BRANT
1:14.78 CANFEB Christa Schellenberg,17,PCSC
1:14.84 CANFEB Sabrina Kolga,15,RDCSC
1:14.86 MANTADEC Andrea Mortin,16,ROD
1:14.98 YOUTHDEC Joanne Malar,17,HWAC
1:15.02 LACNOV Christine Guy,15,BRANT
1:15.22 CANFEB Katherine Poole,16,CASC
1:15.25 BCSRJAN Kathy March,16,PGB

200 METRES BREASTSTROKE
Rec: 2:27.08 *A.Ottenbrite,AAC,84*
2:32.83 CANFEB Rae Abbott,16,HYACK
2:34.15 CANFEB Jennifer Heagy,15,SPART
2:34.63 CANFEB Anne Blachford,16,COBRA
2:35.45 CANFEB Kari Randall,17,GMAC
2:36.89 CANFEB Dionne Dallas,17,UCSC
2:37.71 CANFEB Alexandra Bernard-M.,16,PCSC
2:37.91 PEPSIDEC Stephanie Richardson,15,NYAC
2:37.93 BCSRJAN Sarah Matthews,16,PDSA
2:38.43 CANFEB Sarah Londry,15,LUSC
2:38.98 CANFEB Rhiannon Leier,15,MM
2:39.09 CANFEB Christina Pipke,15,PSW
2:39.14 CANFEB Kelly Sommerfeld,15,GOLD
2:39.28 CANFEB Andrea Mortin,17,ROD
2:39.48 ONTJAN Sarah Jay,17,BRANT
2:39.52 CANFEB Christa Schellenberg,17,PCSC
2:39.63 CANFEB Sabrina Kolga,15,RDCSC
2:39.88 VICONOV Allison Barriscale,16,IS
2:39.94 ONTJAN Ellen Grams,15,AAC
2:40.34 YOUTHDEC Joanne Malar,17,HWAC
2:40.37 CANFEB Lisa Mensink,15,UCSC
2:40.77 BCSRJAN Shawna Pentland,17,VKSC
2:41.07 VICOJAN Paula Elfstrom,17,PDSA
2:41.08 ONTJAN Tania Belisle-Leclerc,15,GO
2:41.10 MANTADEC Sabrina Wilson,16,EKSC
2:41.20 RACERDEC Bambi Roy,16,CRKW

100 METRES BUTTERFLY
Rec: 1:00.45 *K.Topham,EPS,91*
1:01.06 CANFEB Jessica Amey,16,UCSC
1:01.66 CANFEB Sarah Evanetz,17,PDSA
1:03.36 CANFEB Julie Howard,16,BRANT
1:03.39 CANFEB Allison Barriscale,16,IS
1:03.45 CANFEB Kelly Stevens,17,PEPSI
1:03.48 CANFEB Anne Blachford,16,COBRA
1:03.66 CANFEB Shona Kitson,15,WAC
1:04.01 CANFEB Chris Courtemanche,17,EKSC
1:04.06 CANFEB Lisa Virgini,16,PCSC
1:04.37 CANFEB Josee Santillan,16,LAVAL
1:04.55 CANFEB Marilyn Chiang,15,TPRR
1:04.79 SHERDEC Edith Lachapelle,16,OH
1:05.03 ONTJAN Jennifer Ramsden,15,GO
1:05.16 CANFEB Sam Emer,16,MAC
1:05.17 ONTJAN Erin Adams,16,GO
1:05.17 CANFEB Sarah Cherry,17,RACER
1:05.20 CANFEB Marsha Clouthier,15,USC
1:05.23 PQCUPJAN Nadine Rolland,17,CNB
1:05.25 CANFEB Jennifer Button,15,ROW
1:05.35 CANFEB Shona Baillie,17,PEPSI
1:05.36 VICONOV Nikki Dryden,17,IS
1:05.49 PEPSIDEC Christine Cline,15,NEW
1:05.55 RACERDEC Jodi Hindley,15,CASC
1:05.60 YOUTHDEC Joanne Malar,17,HWAC
1:05.67 PCSCDEC Holly McComb,16,PCSC

200 METRES BUTTERFLY
Rec: 2:10.89 *M.Moore,DCSC,84*
2:14.42 CANFEB Nikki Dryden,17,IS
2:15.83 CANFEB Sarah Evanetz,17,PDSA
2:16.17 CANFEB Josee Santillan,16,LAVAL
2:16.99 CANFEB Kelly Stevens,17,PEPSI
2:17.39 CANFEB Allison Barriscale,16,IS
2:19.22 CANFEB Julie Dufour,17,ETORY
2:19.54 CANFEB Lisa Virgini,16,PCSC
2:19.76 CANFEB Shona Kitson,15,WAC
2:19.96 PEPSIDEC Kathryn Kimber,17,GO
2:20.72 CANFEB Chris Courtemanche,17,EKSC
2:21.06 CANFEB Gwen Grubski,17,UL
2:21.18 CANFEB Jennifer Yanko,17,CASC
2:21.33 EASTFEB Tania Belisle-Leclerc,15,GO
2:21.33 CANFEB Marsha Clouthier,15,USC
2:21.45 ONTJAN Jennifer Ramsden,15,GO
2:21.51 CANFEB Jodi Hindley,15,CASC
2:21.58 ONTJAN Erin Adams,16,GO
2:21.94 CANFEB Shona Baillie,17,PEPSI
2:22.02 CANFEB Jennifer Button,15,ROW
2:22.46 RACERDEC Lori Eshom,17,CASC
2:22.56 ONAANOV Barbi Brochu,16,TAT
2:23.06 YOUTHDEC Joanne Malar,17,HWAC
2:23.16 CANFEB Sarah Cherry,17,RACER
2:23.30 EASTFEB Colleen Ray,16,GO
2:23.42 MANTAOEC Katrina Walters,17,PSW

200 METRES IND.MEDLEY
Rec: 2:12.50 *N.Sweetnam,LLSC,91*
2:14.98 CANFEB Joanne Malar,17,HWAC
2:16.80 CANFEB Anne Blachford,16,COBRA
2:16.81 CANFEB Allison Barriscale,16,IS
2:18.81 CANFEB Elizabeth Warden,15,SCAR
2:18.99 CANFEB Marilyn Chiang,15,TPRR
2:19.44 CANFEB Sabrina Kolga,15,RDCSC
2:19.89 CANFEB Julie Howard,16,BRANT
2:20.05 PQCUPJAN Nadine Rolland,17,CNB
2:20.07 CANFEB Holly McComb,17,PCSC
2:20.77 CANFEB Julie Barbeau,17,CNMN
2:21.01 ONTJAN Barbi Brochu,16,TAT
2:21.24 PEPSIDEC Nikki Dryden,17,IS
2:21.58 PEPSIDEC Stephanie Richardson,15,NYAC
2:21.59 PEPSIDEC Suzanne Weckend,15,IS
2:21.98 CANFEB Cindy Bertelink,17,COBRA
2:22.07 CANFEB Sarah Londry,15,LUSC
2:22.18 MANTADEC Katrina Walters,17,PSW
2:22.91 CANFEB Kelly Sommerfeld,15,GOLD
2:23.00 BCSRJAN Sarah Evanetz,17,PDSA
2:23.03 CANFEB Julie Miesmer,17,WAC
2:23.22 CANFEB Marsha Clouthier,15,USC
2:23.27 ONTJAN Tania Belisle-Leclerc,15,GO
2:23.64 CANFEB Alicia Hicken,17,PEPSI
2:23.74 BCSRJAN Sarah Matthews,16,PDSA
2:23.95 PQCUPJAN Ariadne Legendre,15,CAMO

400 METRES IND.MEDLEY
Rec: 4:39.32 *N.Sweetnam,LLSC,91*
4:43.78 CANFEB Joanne Malar,17,HWAC
4:47.15 CANFEB Holly McComb,17,PCSC
4:48.70 CANFEB Allison Barriscale,16,IS
4:50.33 CANFEB Elizabeth Warden,15,SCAR
4:51.61 SHANGJAN Nikki Dryden,17,IS
4:51.61 CANFEB Cindy Bertelink,17,COBRA
4:54.01 CANFEB Barbi Brochu,16,TAT
4:55.67 ONTJAN Tania Belisle-Leclerc,15,GO
4:56.49 CANFEB Sarah Londry,15,LUSC
4:56.54 ONTJAN Julie Howard,16,BRANT
4:57.11 CANFEB Rae Abbott,16,HYACK
4:58.55 RACERDEC Emmanuelle Schick,15,PDSA
4:58.55 CANFEB Marsha Clouthier,15,USC
4:59.11 CANFEB Julie Miesmer,17,WAC
4:59.26 CANFEB Shona Kitson,15,WAC
4:59.97 CANFEB Julie Dufour,17,ETORY
5:00.17 PCSCDEC Lisa Virgini,16,PCSC
5:00.87 CANFEB Glencora Maughan,15,PDSA
5:00.89 BRANTNOV Stephanie Richardson,15,NYAC
5:01.48 CANFEB Kari Randall,17,GMAC
5:01.87 RACERDEC Sabrina Kolga,15,RDCSC
5:01.93 BCSRJAN Sarah Matthews,16,PDSA
5:03.22 MANTADEC Marilyn Chiang,15,TPRR
5:03.29 CANFEB Josee Santillan,16,LAVAL
5:03.44 CANFEB Susan Furs,15,PEPSI

4X50 M MEDLEY RELAY
Rec: 1:59.56 *Etobicoke Pepsi,EPS,91*
1:59.93 BCSRJAN Pacific Dolphin SA,PDSA
2:00.29 MANTADEC Edmonton Keyano,EKSC
2:00.78 MANTADEC City of Brampton AC,COBRA
2:02.59 MANTADEC Manitoba Marlins,MM
2:02.89 ONANOV Region of Waterloo,ROW
2:04.58 WESTJAN Regina Opt.Dolphins,ROD
2:05.36 GOLDNOV Saskatoon Goldfins,GOLD
2:05.47 BCSRJAN Duncan Stingrays,RAYS
2:05.53 BCSRJAN Fraser Valley Spartans,SPART
2:05.65 RACERDEC Cascade Swim Club,CASC
2:05.69 MANTADEC Thun Bay Thunderbolts,TBT
2:05.90 BRANTNOV Brantford AC,BRANT
2:06.23 VICONOV Island Swimming,IS
2:06.78 YOUTHOEC Pepsi Swimming,PEPSI
2:06.89 MACJAN Markham AC,MAC
2:06.92 CASCOCT Univ.Calgary SC,UCSC
2:07.06 BRANTNOV North York AC,NYAC
2:07.63 MANTADEC Pacific Seawolves,PSW
2:07.72 PCSCDEC Pointe Claire SC,PCSC
2:07.84 MANTADEC Manta Aquatic Club,MANTA
2:07.96 GOLDNOV Saskatoon Y Lasers,YLSC
2:08.22 GMACDEC Guelph Marlin AC,GMAC
2:08.59 CSQJAN Cap Rouge-St.Augustin,CSQ
2:08.81 HTACJAN Halifax Trojans,HTAC
2:08.85 TOMACFEB Mississauga AC,TOMAC

4X50 M FREE RELAY
Rec: 1:46.11 *Etobicoke Pepsi,EPS,90*
1:48.03 CANFEB City of Brampton AC,COBRA
1:49.30 BCSRJAN Pacific Dolphin SA,PDSA
1:50.06 MANTADEC Edmonton Keyano,EKSC
1:50.37 PQCUPJAN Pointe Claire SC,PCSC
1:50.85 MANTADEC Regina Opt.Dolphins,ROD
1:50.87 MANTADEC Manitoba Marlins,MM
1:50.91 ONANOV Region of Waterloo,ROW
1:51.09 CANFEB Whitby Iroquois SC,WISC
1:51.49 CANFEB Manta Aquatic Club,MANTA
1:51.91 PEPSIDEC Island Swimming,IS
1:52.01 WESTJAN Lethbridge ASC,LASC
1:52.14 EASTFEB Halifax Trojans,HTAC
1:52.33 EASTFEB Hippocame St-Hubert,HIPPO
1:52.44 BRANTNOV Brantford AC,BRANT
1:52.54 MANTADEC Thun Bay Thunderbolts,TBT
1:52.64 PQCUPJAN Juvaqua d'Alma,CNJA
1:53.53 MACJAN Markham AC,MAC
1:53.57 BRANTNOV North York AC,NYAC
1:53.67 YOUTHDEC Oakville AC,OAK
1:53.81 ONANOV Scarborough SC,SCAR
1:53.95 PEPSIDEC Pepsi Swimming,PEPSI
1:54.03 MANTADEC Saskatoon Goldfins,GOLD
1:54.31 CASCOCT Cascade Swim Club,CASC
1:54.33 YOUTHOEC Hamilt-Wentworth AC,HWAC
1:54.34 BCSRJAN Duncan Stingrays,RAYS

TOP AGE GROUP TIMES

1993 SHORT COURSE TAG®

BOYS 15-17

50 METRES FREESTYLE
Rec: 22.94 D.Kondziolka,TOMAC,90
23.28 CANFEB Ryan Laurin,17,SPART
23.35 CANFEB Kris Fisher,16,MAC
23.79 CANFEB Conor Braiden,17,EKSC
23.82 CANFEB Charles Marchand,16,UL
23.83 CANFEB Daryl Shannon,17,SPART
24.00 RACERDEC Robert Pettifer,15,RACER
24.04 CANFEB Rick Pratt,16,CAC
24.05 PEPSIDEC Brad Johnson,17,BTSC
24.09 CANFEB Bob Hayes,16,SCAR
24.14 MANTADEC Michael Mintenko,17,MJKFF
24.22 EASTFEB Andrew MacDonald,16,NKB
24.27 CANFEB Matthew Tomasson,16,CASC
24.28 ONTJAN Alex Shleifman,17,NYAC
24.28 CANFEB Jeff Toth,17,ROD
24.29 ONTJAN Owen VonRichter,17,PEPSI
24.34 CANFEB Vincent Lemieux,16,CNB
24.38 ONTJAN Mischa Sommerville,16,AAC
24.38 UCSCNOV Chris Renaud,16,UCSC
24.41 PCSCDEC Carl Cyr,16,HIPPO
24.41 ONTJAN Sean Sepulis,15,GMAC
24.42 ONTJAN Kevin Gordon,17,PEPSI
24.46 PQCUPJAN Patrick Emond,16,CNMN
24.49 ONANOV Vincent Cheung,15,CREST
24.50 ONTJAN Courtney James,17,TRENT
24.54 CANFEB Chris Jones,17,TOMAC

100 METRES FREESTYLE
Rec: 50.12 A.Baumann,LUSC,B1
51.35 CANFEB Conor Braiden,17,EKSC
51.76 CANFEB Kris Fisher,16,MAC
51.81 CANFEB Ryan Laurin,17,SPART
52.14 CANFEB Doug Wake,15,ROD
52.18 CANFEB Charles Marchand,16,UL
52.20 CANFEB Robert Pettifer,15,RACER
52.24 CANFEB Rick Pratt,16,CAC
52.25 ONTJAN Owen VonRichter,17,PEPSI
52.39 CANFEB Kevin Goode,17,TRENT
52.59 RACERDEC Dustin Hersee,17,PDSA
52.61 EASTFEB Andrew MacDonald,16,NKB
52.67 WESTJAN Jonathan McLeod,17,ROD
52.79 MANTADEC Michael Mintenko,17,MJKFF
52.87 CANFEB Vincent Lemieux,16,CNB
52.94 CANFEB Jeff Toth,17,ROD
53.12 CANFEB Russell Patrick,17,UCSC
53.21 ONANOV Bob Hayes,16,SCAR
53.45 RODJAN Mark Versfeld,16,EKSC
53.46 ONTJAN Alex Shleifman,17,NYAC
53.49 ONTJAN Sean Sepulis,15,GMAC
53.54 BCSRJAN Daryl Shannon,17,SPART
53.61 EASTFEB Michael MacLean,16,HTAC
53.61 EASTFEB David Fogel,17,MAC
53.62 PQCUPJAN Daniel Couturier,17,POLAR
53.68 NBAGFEB Thom Giberson,17,FAST

200 METRES FREESTYLE
Rec: 1:47.83 A.Baumann,LUSC,B1/E.Parenti,NSC,B9
1:51.52 PEPSIDEC Owen VonRichter,17,PEPSI
1:53.52 ONTJAN Darren Murphy,17,TRENT
1:53.84 CANFEB Doug Wake,15,ROD
1:54.39 MANTADEC Jamie Stevens,17,MANTA
1:54.76 CANFEB Conor Braiden,17,EKSC
1:54.91 RODJAN Jonathan McLeod,17,ROD
1:55.01 ONTJAN Jeremy Sparrow,17,BOSS
1:55.01 CANFEB Dustin Hersee,17,PDSA
1:55.12 EASTFEB Andrew MacDonald,16,NKB
1:55.19 CANFEB Sebastian Georgescu,17,YORK
1:55.43 CANFEB Kevin Goode,17,TRENT
1:55.62 WESTJAN Mark Versfeld,16,EKSC
1:55.77 MANTADEC Trevor Gillis,17,CP
1:55.79 ONTJAN Adam Peacey,16,GO
1:55.85 PQCUPJAN Daniel Couturier,17,POLAR
1:55.89 CANFEB Daryl Shannon,17,SPART
1:55.99 CANFEB Jimmy Cho,16,HYACK
1:56.18 ONANOV Bob Hayes,16,SCAR
1:56.50 PEPSIDEC Liam Weseloh,17,NYAC
1:56.57 EASTFEB Pierre Hardy,17,CAMO
1:56.69 CANFEB Aaron Hunter,17,PEPSI
1:56.71 CANFEB Matthew Tomasson,16,CASC
1:56.77 UCSCNOV Brett Creed,17,PDSA
1:56.79 EASTFEB Sean Steacy,16,LAC
1:56.85 PEPSIDEC Michael McWha,15,WAC

400 METRES FREESTYLE
Rec: 3:47.65 A.Baumann,LUSC,B1
3:56.03 PEPSIDEC Owen VonRichter,17,PEPSI
3:56.19 PEPSIDEC Jeremy Sparrow,17,BOSS
3:59.57 CANFEB Liam Weseloh,17,NYAC
4:00.04 CANFEB Sebastian Georgescu,17,YORK
4:00.37 CANFEB Brett Creed,17,PDSA
4:01.42 EASTFEB Francis Madore,17,CAGRA
4:02.27 CANFEB Adam Peacey,16,GO
4:03.49 CANFEB Michael McWha,15,WAC
4:05.91 ONANOV Bob Hayes,16,SCAR
4:06.12 EASTFEB Frederic Boilard,15,PLUS
4:06.64 CANFEB Shawn Dupuis,17,DCSC
4:06.74 PQCUPJAN Sebastien Guerard,16,CNMN
4:06.84 CANFEB Bogdan Cenanovic,16,TOMAC
4:06.96 BROCKOCT Darren Murphy,17,TRENT
4:06.99 PEPSIDEC Jonathan McLeod,17,ROD
4:07.40 EASTFEB Sean Steacy,16,LAC
4:07.73 CANFEB Jamie White,15,LAC
4:08.00 EASTFEB Pierre Hardy,17,CAMO
4:08.49 CANFEB Glendon Flint,17,TAT
4:08.67 UCSCNOV Jamie Stevens,17,MANTA
4:09.22 PEPSIDEC Jonathan Howard,16,OAK
4:09.32 PQCUPJAN Daniel Couturier,17,POLAR
4:09.78 WESTJAN Ron Voordouw,16,UCSC
4:09.86 RACERDEC Dustin Hersee,17,PDSA
4:10.10 SHERDEC Sebastien Caron,16,DH

1500 METRES FREESTYLE
Rec: 15:08.85 A.Baumann,LUSC,B1
15:33.44 CANFEB Liam Weseloh,17,NYAC
15:34.81 CANFEB Brett Creed,17,PDSA
15:46.86 PEPSIDEC Jeremy Sparrow,17,BOSS
15:50.57 CANFEB Michael McWha,15,WAC
15:53.56 CANFEB Adam Peacey,16,GO
16:01.17 MANTADEC Jamie Stevens,17,MANTA
16:01.72 CANFEB Sebastian Georgescu,17,YORK
16:03.62 YOUTHDEC Owen VonRichter,17,PEPSI
16:04.49 CANFEB Glendon Flint,17,TAT
16:13.38 ONTJAN Jamie White,15,LAC
16:14.10 SHERDEC Sebastien Guerard,16,CNMN
16:14.14 WESTJAN Ron Voordouw,16,UCSC
16:14.53 SHERDEC Sebastien Caron,16,DH
16:14.91 CANFEB Douglas Doucet,17,DDO
16:15.09 CANFEB Jon Davis,16,TOMAC
16:15.16 PCSCDEC Francis Madore,17,CAGRA
16:18.36 CANFEB Jason Singer,16,NYAC
16:18.60 PEPSIDEC Darren Murphy,17,TRENT
16:18.99 CANFEB Chris Churchill,15,LUSC
16:19.04 CANFEB Shawn Dupuis,17,DCSC
16:22.58 EASTFEB Sean Steacy,16,LAC
16:23.64 EASTFEB Sean Cargin,15,LAC
16:27.84 ONTJAN Avi Mednick,15,NYAC
16:30.81 EASTFEB Chris Jones,17,TOMAC
16:34.34 PEPSIDEC Wayne Linner,15,ROD

100 METRES BACKSTROKE
Rec: 54.66 Chris Renaud,UCSC,93
54.56 CANFEB Chris Renaud,16,UCSC
56.25 CANFEB Mark Versfeld,16,EKSC
56.25 CANFEB Kris Fisher,16,MAC
56.44 CANFEB Bob Hayes,16,SCAR
57.13 CANFEB Dustin Hersee,17,PDSA
57.49 CANFEB Shawn Button,17,ROW
58.15 CANFEB Patrick Emond,16,CNMN
58.50 PQCUPJAN Patrick Hetu,16,CNMN
58.58 CANFEB Kevin Goode,17,TRENT
58.66 ONTJAN Sean Sepulis,15,GMAC
58.66 CANFEB Chris Roberts,16,ATP
58.72 CANFEB Peter Hezky,17,WAC
58.86 UCSCNOV Russell Patrick,17,UCSC
58.93 CASCOCT Craig Keddie,17,UCSC
59.07 CANFEB Jean-N. Poirier,17,SAMAK
59.08 MANTADEC Trevor Gillis,17,CP
59.12 CANFEB Jeff Toth,17,ROD
59.12 CANFEB Jimmy Cho,16,HYACK
59.29 ONTJAN Owen VonRichter,17,PEPSI
59.30 GOLDNOV Jonathan McLeod,17,ROD
59.33 CANFEB Doug Wake,15,ROD
59.42 CANFEB Chris Jones,17,TOMAC
59.43 CANFEB Troy Rhoades,16,ROD
59.50 CANFEB Jamie White,15,LAC
59.68 CANFEB Kevin Mertz,17,LASC

200 METRES BACKSTROKE
Rec: 1:57.95 S.Goss,NYAC,84
1:59.06 CANFEB Mark Versfeld,16,EKSC
1:59.14 CANFEB Chris Renaud,16,UCSC
2:01.98 CANFEB Bob Hayes,16,SCAR
2:03.83 CANFEB Dustin Hersee,17,PDSA
2:03.89 CANFEB Shawn Button,17,ROW
2:04.26 PQCUPJAN Patrick Hetu,16,CNMN
2:04.55 CANFEB Kevin Goode,17,TRENT
2:04.69 CANFEB Patrick Emond,16,CNMN
2:04.93 CANFEB Dan Letourneau,17,CNCB
2:05.52 MACJAN Kris Fisher,16,MAC
2:06.21 CANFEB Peter Hezky,17,WAC
2:06.41 ONTJAN Sean Sepulis,15,GMAC
2:06.43 CANFEB Troy Rhoades,16,ROD
2:07.04 CANFEB Matthew Leaker,16,PEPSI
2:07.37 CANFEB Michael Wasylensky,17,USC
2:07.40 MANTADEC Trevor Gillis,17,CP
2:07.57 CANFEB Chris Roberts,16,ATP
2:07.70 GOLDNOV Jonathan McLeod,17,ROD
2:07.73 CANFEB Shamek Pietucha,16,EKSC
2:07.76 CANFEB Eric Laurence,16,TIDE
2:08.02 CANFEB Jeff Toth,17,ROD
2:08.02 CANFEB Bogdan Cenanovic,16,TOMAC
2:08.06 CANFEB Greg Hamm,16,DELTA
2:08.29 CANFEB Serge Blais,17,DH
2:08.37 CANFEB Jamie White,15,LAC

100 METRES BREASTSTROKE
Rec: 1:01.36 V.Davis,ROW,B2
1:03.18 CANFEB Jean-N. Poirier,17,SAMAK
1:03.59 CANFEB Russell Patrick,17,UCSC
1:03.73 CANFEB Vaughn Thompson,17,PEPSI
1:04.33 CANFEB Edward Ng,17,PDSA
1:04.97 PEPSIDEC Stewart Cowan,17,EYSC
1:05.26 YOUTHDEC Kevin Gordon,17,PEPSI
1:05.38 CANFEB Adrian Costello,17,NEWS
1:05.51 CANFEB Dannick Boutin,17,CNJA
1:05.55 CANFEB Jayme Gordon,16,PEPSI
1:05.96 CANFEB Eric Quane,17,PCSC
1:06.11 MANTADEC Jamie Stevens,17,MANTA
1:06.32 ONTJAN Matthew Lennox-King,16,EYSC
1:06.46 CANFEB Avi Mednick,16,NYAC
1:06.54 PQCUPJAN Stephane Mercure,17,CASE
1:06.61 CANFEB Vincent Lemieux,16,CNB
1:06.73 CANFEB Mark Ritcey,16,HTAC
1:06.75 CANFEB Daryl Shannon,17,SPART
1:06.81 CANFEB Derek Desrochers,17,CASC
1:06.89 WESTJAN Troy Witwicki,16,RBSC
1:06.95 EASTFEB Michael Arzaga,15,CREST
1:07.09 CANFEB Peter Simovic,16,OAK
1:07.10 EASTFEB Gordon Ngan,17,NYAC
1:07.22 BCSRJAN Brent Thompsett,15,KISU
1:07.25 UCSCNOV Greg Anderson,17,UCSC
1:07.34 ONTJAN Ben Kleine,17,GO

200 METRES BREASTSTROKE
Rec: 2:11.54 V.Davis,ROW,B2
2:15.54 CANFEB Vaughn Thompson,17,PEPSI
2:16.32 CANFEB Jean-N. Poirier,17,SAMAK
2:20.41 CANFEB Avi Mednick,16,NYAC
2:20.78 CANFEB Edward Ng,17,PDSA
2:21.34 CANFEB Glendon Flint,17,TAT
2:22.02 CANFEB Russell Patrick,17,UCSC
2:22.85 CANFEB Mark Ritcey,16,HTAC
2:24.16 YOUTHDEC Kevin Gordon,17,PEPSI
2:25.06 CANFEB Troy Witwicki,16,RBSC
2:25.53 ONTJAN Dirk Helmstaedt,16,KBM
2:25.56 CANFEB Andrea DiPaolo,15,PEPSI
2:25.81 PEPSIDEC Peter Simovic,15,OAK
2:25.91 PEPSIDEC Jayme Gordon,16,PEPSI
2:26.20 PEPSIDEC Adrian Costello,16,NEWS
2:26.27 PQCUPJAN Stephane Mercure,17,CASE
2:26.39 ONTJAN Ben Kleine,17,GO
2:26.72 GOLDNOV Jamie Stevens,17,MANTA
2:26.74 RACERDEC Derek Desrochers,17,CASC
2:26.92 EASTFEB Michael Arzaga,15,CREST
2:26.98 EASTFEB Martin Laycock,15,HTAC
2:27.02 PQCUPJAN Eric Quane,17,PCSC
2:27.10 YOUTHDEC Mathieu Santerre,17,CSQ
2:27.18 ONTJAN Craig McConkey,17,OSHAC
2:27.31 ONTJAN Andrew Moffat,16,ROW
2:27.31 KSCFEB Jeremy Jaud,15,YKPB

100 METRES BUTTERFLY
Rec: 54.91 J.Finney,PCSC,92
55.58 CANFEB Mark Versfeld,16,EKSC
55.98 CANFEB Jonathan McLeod,17,ROD
56.36 CANFEB Doug Wake,15,ROD
56.52 ONTJAN Owen VonRichter,17,PEPSI
56.57 CANFEB Dan Letourneau,17,CNCB
57.87 BCSRJAN Kurt Ouchi,17,VKSC
58.10 EASTFEB David Fogel,17,MAC
58.22 CANFEB Russell Patrick,17,UCSC
58.24 ONTJAN Sean Bartlett,17,ROW
58.30 CANFEB David Struthers,17,TIDE
58.31 PEPSIDEC Brad Johnson,17,BTSC
58.40 CANFEB Mark Ritcey,16,HTAC
58.56 CANFEB Jean-S. Mayrand,17,UL
58.57 CANFEB Matthew McDonald,16,ATP
58.68 ONTJAN Sean Sepulis,15,GMAC
58.70 MACJAN Kris Fisher,16,MAC
58.79 MANTADEC Trevor Gillis,17,CP
58.79 EASTFEB Sean Cargin,15,LAC
59.01 RACERDEC Jimmy Cho,16,HYACK
59.08 ONTJAN Alex Shleifman,17,NYAC
59.13 PQCUPJAN Patrick Emond,16,CNMN
59.27 MANTADEC Michael Mintenko,17,MJKFF
59.33 EASTFEB Nicolas Martin,16,SL
59.36 CANFEB Jeff Toth,17,ROD
59.44 YOUTHDEC Kevin Gordon,17,PEPSI

200 METRES BUTTERFLY
Rec: 1:58.44 V.Davis,ROW,B2
2:01.53 CANFEB Dan Letourneau,17,CNCB
2:01.97 CANFEB Jonathan McLeod,17,ROD
2:04.78 PEPSIDEC Owen VonRichter,17,PEPSI
2:06.20 CANFEB Jimmy Cho,16,HYACK
2:06.22 CANFEB Mark Ritcey,16,HTAC
2:06.23 CANFEB Doug Wake,15,ROD
2:07.03 CANFEB Sean Cargin,15,LAC
2:07.46 MANTADEC Jamie Stevens,17,MANTA
2:07.93 CANFEB David Struthers,17,TIDE
2:07.95 BCSRJAN Kurt Ouchi,17,VKSC
2:09.40 EASTFEB Nicolas Martin,16,SL
2:09.61 CANFEB Serge Blais,17,DH
2:10.04 EASTFEB Andrew MacDonald,16,NKB
2:10.55 EASTFEB Jonathan Wong,16,HTAC
2:10.97 RODJAN Jeff Toth,16,ROD
2:11.10 YOUTHDEC Kevin Gordon,17,PEPSI
2:11.16 PQCUPJAN Mathieu Tremblay,16,CNMN
2:11.19 YOUTHDEC Liam Weseloh,17,NYAC
2:11.49 EASTFEB Sebastian Georgescu,17,YORK
2:11.91 HYACKJAN Stuart Hietbrink,16,HYACK
2:11.98 WESTJAN Paul Nelson,15,ROD
2:12.10 EASTFEB Ben Kleine,17,GO
2:12.22 MANTADEC Trevor Gillis,17,CP
2:12.38 PEPSIDEC Alex Kovatchev,16,TOMAC
2:12.67 CANFEB Jean-S. Mayrand,17,UL

200 METRES IND.MEDLEY
Rec: 1:59.35 C.Myden,UCSC,91
2:04.51 CANFEB Jonathan McLeod,17,ROD
2:04.62 CANFEB Dan Letourneau,17,CNCB
2:04.67 PEPSIDEC Owen VonRichter,17,PEPSI
2:05.12 UCSCNOV Russell Patrick,17,UCSC
2:05.30 RODJAN Mark Versfeld,16,EKSC
2:06.09 CANFEB Jean-N. Poirier,17,SAMAK
2:08.27 CANFEB Mark Ritcey,16,HTAC
2:08.51 ONTJAN Adam Peacey,16,GO
2:08.68 UCSCNOV Jamie Stevens,17,MANTA
2:08.87 CANFEB Doug Wake,15,ROD
2:09.65 MANTADEC Trevor Gillis,17,CP
2:09.99 ONTJAN Ben Kleine,17,GO
2:10.08 ONTJAN Craig McConkey,17,OSHAC
2:10.10 ONTJAN Vaughn Thompson,17,PEPSI
2:10.65 SHERDEC Eric Croisetiere,17,CAMO
2:10.68 RACERDEC Dustin Hersee,17,PDSA
2:10.83 ONTJAN Courtney James,17,TRENT
2:10.94 RACERDEC Edward Ng,17,PDSA
2:11.00 PQCUPJAN Daniel Couturier,17,POLAR
2:11.07 EASTFEB Francis Madore,17,CAGRA
2:11.11 ONTJAN Kevin Gordon,17,PEPSI
2:11.12 PEPSIDEC Peter Hezky,17,WAC
2:11.60 PEPSIDEC Jason Ing,17,BTSC
2:11.62 WESTJAN Chris Renaud,15,UCSC
2:11.76 RACERDEC Kurt Ouchi,17,VKSC

400 METRES IND.MEDLEY
Rec: 4:12.67 A.Baumann,LUSC,B1
4:22.80 CANFEB Jonathan McLeod,17,ROD
4:23.43 ONTJAN Owen VonRichter,17,PEPSI
4:26.20 CANFEB Russell Patrick,17,UCSC
4:26.65 CANFEB Adam Peacey,16,GO
4:27.25 CANFEB Dan Letourneau,17,CNCB
4:30.74 CANFEB Edward Ng,17,PDSA
4:32.09 MANTADEC Jamie Stevens,17,MANTA
4:32.64 CANFEB Vaughn Thompson,17,PEPSI
4:33.29 RODJAN Mark Versfeld,16,EKSC
4:33.48 CANFEB Jamie White,15,LAC
4:34.14 CANFEB Mark Ritcey,16,HTAC
4:34.76 EASTFEB Ben Kleine,17,GO
4:35.03 PQCUPJAN Sebastien Guerard,16,CNMN
4:35.22 EASTFEB Francis Madore,17,CAGRA
4:35.70 YOUTHDEC Avi Mednick,15,NYAC
4:35.74 PEPSIDEC Liam Weseloh,17,NYAC
4:36.09 PEPSIDEC Michael McWha,15,WAC
4:36.82 CANFEB Michael Wyjad,16,PCSC
4:36.85 ONTJAN Craig McConkey,17,OSHAC
4:38.43 CANFEB Courtney James,16,TRENT
4:38.68 CANFEB Chris Churchill,15,LUSC
4:39.93 CANFEB Serge Blais,17,DH
4:40.33 SHERDEC Eric Croisetiere,17,CAMO
4:40.91 ONTJAN Glendon Flint,17,TAT
4:41.91 PEPSIDEC Peter Hezky,17,WAC

4X50 M MEDLEY RELAY
Rec: 1:45.31 Univ.Calgary SC,UCSC,92
1:45.31 UCNOV22 Univ.Calgary SC,UCSC
1:48.19 MACJAN Markham AC,MAC
1:50.69 GOLDNOV Regina Opt.Dolphins,ROD
1:51.25 RACERDEC Cascade Swim Club,CASC
1:52.42 MANTADEC Calgary Patriots,CP
1:52.53 BRANTNOV Pepsi Swimming,PEPSI
1:52.56 YOUTHDEC North York AC,NYAC
1:52.74 RACERDEC Pacific Dolphin SA,PDSA
1:52.77 HTACJAN Halifax Trojans,HTAC
1:53.45 RACERDEC Vernon KokaneeSC,VKSC
1:53.97 SHERDEC CN Montreal-Nord,CNMN
1:54.00 TOMACFEB Mississauga AC,TOMAC
1:54.28 PEPSIFEB York Swim Club,YORK
1:54.64 BROCKOCT Barrie Trojans,BTSC
1:54.72 BCSRJAN Fraser Valley Spartans,SPART
1:54.97 SHERDEC Alma,CREPS
1:55.12 DCSCNOV Antigonish+Truro+Pt.Hawk,ATP
1:55.13 ONAANOV Timmins Marlins,TMSC
1:55.26 BRANTNOV Windsor AC,WAC
1:55.40 CASCOCT Edmonton Keyano,EKSC
1:55.44 SHERDEC Dauphins Rimouski,CNDR
1:55.96 MANTADEC Manta Aquatic Club,MANTA
1:56.20 PCSCDEC Hippocame St-Hubert,HIPPO
1:56.38 RACERDEC Hyack Swim Club,HYACK
1:56.67 MANTADEC Thun Bay Thunderbolts,TBT

4X50 M FREE RELAY
Rec: 1:34.58 Markham AC,MAC,92
1:36.75 CANFEB Regina Opt.Dolphins,ROD
1:36.91 MACJAN Markham AC,MAC
1:38.25 LASCNOV Univ.Calgary SC,UCSC
1:38.74 RODJAN Edmonton Keyano,EKSC
1:39.21 BCSRJAN Vernon KokaneeSC,VKSC
1:39.82 PQCUPJAN CN Montreal-Nord,CNMN
1:39.94 CANFEB Pepsi Swimming,PEPSI
1:39.98 MANTADEC Calgary Patriots,CP
1:40.07 EASTFEB Halifax Trojans,HTAC
1:40.34 PEPSIFEB York Swim Club,YORK
1:40.90 YOUTHDEC North York AC,NYAC
1:40.90 BROCKOCT Trent Swim Club,TRENT
1:40.96 RACERDEC Cascade Swim Club,CASC
1:41.22 EASTFEB Glouc-Ottawa Kingfish,GO
1:41.86 RACERDEC Richmond Racers,RACER
1:41.88 MANTADEC Manta Aquatic Club,MANTA
1:42.19 TOMACFEB Mississauga AC,TOMAC
1:42.22 EASTFEB City of Brampton AC,COBRA
1:42.39 SHERDEC Dauphins Rimouski,CNDR
1:42.50 BRANTNOV Pointe Claire SC,PCSC
1:42.63 BRANTNOV Windsor AC,WAC
1:42.68 BTSCJAN Barrie Trojans,BTSC
1:42.78 BRANTNOV Brantford AC,BRANT
1:43.21 CSQJAN Levis+Mont-Magny,PLUS
1:43.37 YOUTHDEC Oakville AC,OAK

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Graham Cox, 12
Club: Fredericton Aquanauts
Coach: Claude St-Jean
Specialty: Freestyle
Ranks 3rd for SCM93 TAG in the 1500 free, 4th for 400 free

Best Times	*LCM92*	*SCM93*
100 freestyle	1:03.78	1:00.97
200 freestyle	2:18.03	2:12.99
400 freestyle	4:48.67	4:38.52
1500 freestyle	19:38.49	18:21.39

Katie Mazzucco, 14
Club: Pepsi Swimming
Coach: Chuck Meklensek
Specialty: Backstrone
Ranks 7th in SCM93 TAG for100 back and 8th for 200 back

Best Times	*LCM92*	*SCM93*
200 freestyle	2:23.32	2:17.50
100 backstroke	1:15.48	1:11.75
200 backstroke	2:39.99	2:31.99
200 ind.medley	2:38.78	2:33.65

Danush Viswanathan, 14
Club: Fredericton Aquanauts
Coach: Claude St-Jean
Specialty: Freestyle
Ranks 13th in SCM93 TAG for 50 free and 11th for 100 free

Best Times	*LCM92*	*SCM93*
50 freestyle	26.72	25.64
100 freestyle	58.76	56.29
200 freestyle	2:11.61	2:06.91
400 freestyle	4:39.16	4:30.56

Krista Morrison, 14
Club: Fredericton Aquanauts
Coach: Claude St-Jean
Specialty: Butterfly
Ranks 4th for SCM93 TAG in the 200 fly

Best Times	*LCM92*	*SCM93*
100 butterfly	1:08.93	1:07.43
200 butterfly	2:35.34	2:23.24
200 ind.medley	2:35.19	2:28.41
4000 ind.medley	5:26.53	5:22.32

Kathryn McKnight, 12
Club: Saskatoon Goldfins
Coach: Debbie Armstead
Specialty: Freestyle
Ranks 11th for SCM93 TAG in the 800 free

Best Times	*LCM92*	*SCM93*
200 freestyle	2:24.98	2:22.19
400 freestyle	5:04.15	4:54.26
800 freestyle	10:19.17	10:02.86
100 backstroke	1:18.37	1:16.26
400 ind.medley	5:51.47	5:47.06

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Riley Janes, 12
Club: Saskatoon Goldfins
Coach: Debbie Armstead
Specialty: Backstroke
Ranked 2nd for SCM93 TAG in the 200 back and 4th for the 100

Best Times	*LCM92*	*SCM93*
200 freestyle	2:26.83	2:16.95
100 backstroke	1:12.69	1:08.56
200 backstroke	2:33.43	2:24.68
200 ind.medley	2:43.51	2:33.39

THIS SUIT IS THE LATEST ADDITION TO SPEEDO'S COMPETITIVE SWIMWEAR LINE, A SWIMWEAR CATEGORY THAT THE COMPANY DOMINATES IN THE U.S. AND CANADA, IN FACT, THE SPEEDO BRAND NAME HAS BEEN ASSOCIATED WITH SWIMMING AND DIVING CHAMPIONS SINCE THE 1950'S. MORE MEDAL WINNERS AND WORLD RECORD HOLDERS HAVE BEEN SUITED UP IN SPEEDO THAN ANY OTHER BRAND.
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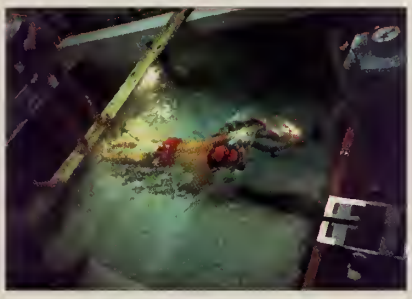

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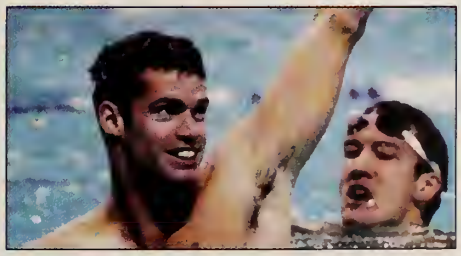

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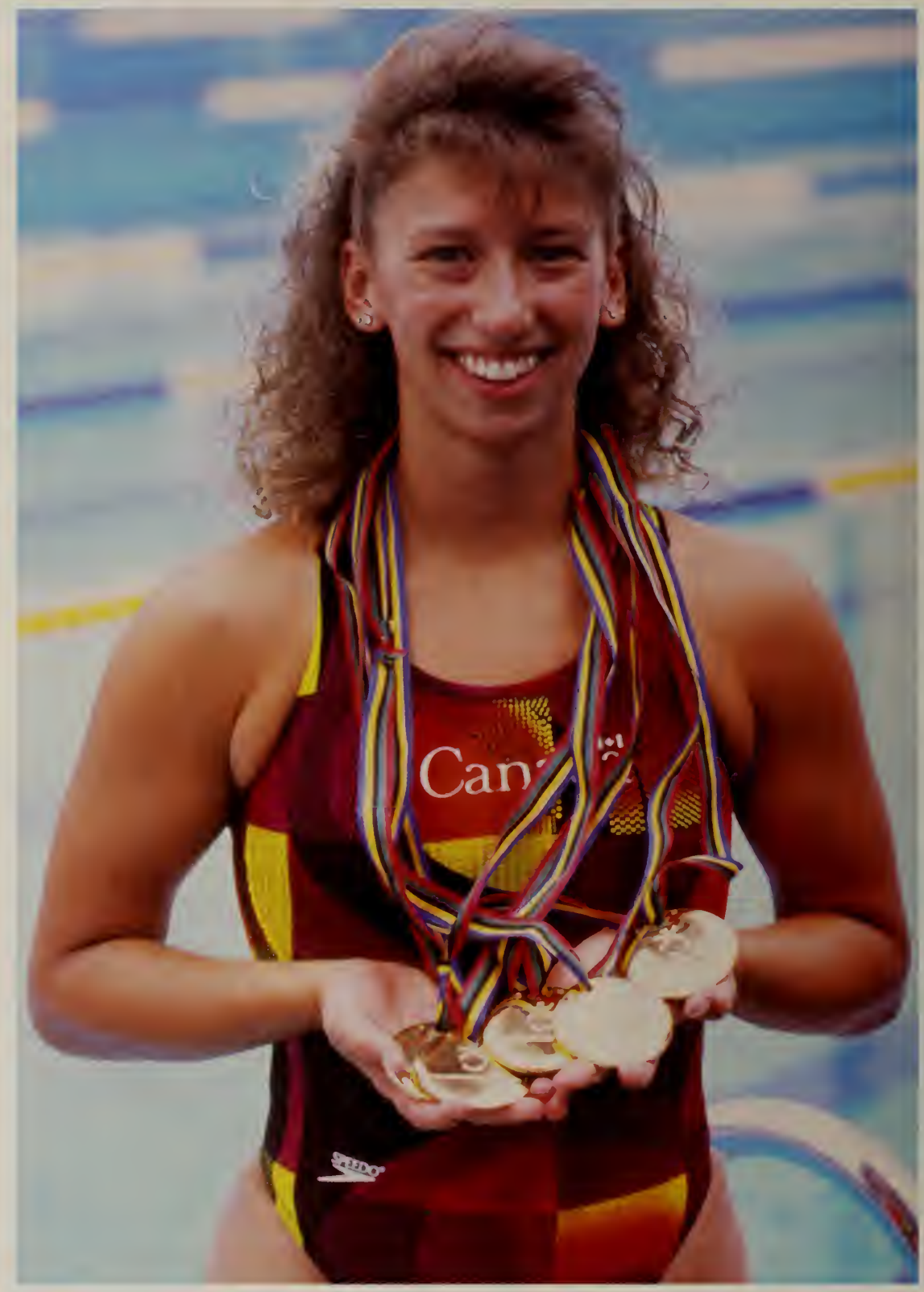

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